

2


0

0

4



VHS Guide



Digitized by the Internet Archive
in 2024 with funding from
LYRASIS and LYRASIS Members

<https://archive.org/details/virginianthe86virg>

TOC

Table of Contents

VHS Guide

The Virginian Staff

Second and Third Year



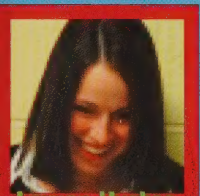
Anna Stringer



Devin Williams



Gwen Massie



Lauren Hughes



Kristin Palmer



Brandon Pruett



Morgan Sharp



Julie Ward

First Year



Year Book Sponsor
Kristin Palmer

Yearbook Editor
Julie Ward

Yearbook Editor
Lauren Hughes

STUDENT LIFE

OPENING	STUDENT LIFE DIVIDER	
VT WEEK	HOMECOMING	
VACATION	WEEKENDS	A-Z
A-Z		SUPERLATIVES
SUPERLATIVES	FRIENDS	
CLASS BREAK	MUSICAL	

SPORTS

FOOTBALL	CROSS COUNTRY	GOLF
BOY'S BASKETBALL	GIRL'S BASKETBALL	VOLLEYBALL
SWIMMING	WRESTLING	CHEERLEADING

ACADEMIC

ENGLISH	SCIENCE	MATH
SOCIAL STUDIES	FOREIGN LANGUAGE	ART
CHOIR	BAND	HEALTH/PE
MARKETING	TECHNOLOGY	COSMETOLOGY
JOURNALISM	CIS	CULINARY ARTS
FITNESS	SPECIAL NEEDS	DRAMA
PSYCHOLOGY		

PEOPLE

SENIORS		
SENIORS	SENIOR INDEX	
JUNIORS	JUNIOR INDEX	
SOPHOMORE	SOPHOMORE INDEX	
FRESHMEN	FRESHMAN INDEX	
FACULTY	NEW TEACHERS	
FACULTY INDEX	HALL OF FAME	TOP 10
IB	DEDICATION	

BRISTOL PUBLIC LIBRARY
701 Goode Street
Bristol, Virginia 24201

Insider

What's new
Who's hot

A year in pictures:
VHS 2003-2004

Another year, and another edition of the *Virginian*—this time, a few months sooner! Due to popular demand, the Virginia High administration and the VHS Yearbook staff concluded that it was time to approach a spring delivery. The 2003-2004 *Virginian* is filled with memories and special events from the school year. This year's theme is based upon the *TV Guide*. Each spread represents a specific television series. Just like television, the Virginia High campus provides a set for every day life of students and faculty.



Street Smarts- On their way to class, sophomore Walt Pearson and senior TJ Slagle take a moment to goof off before putting on their thinking caps for class.



Rock Me Baby- Getting pumped for the UT Game, senior Andrew Corice displays his school pride. Though defeated, the Bearcats continue to have high spirits.

Amazing Race- Preparing to line up for their races, cross country members freshman Tonya Stallard, junior Brandon Pirelli, senior Amy Derr, and freshman Willie Oakes, save some time for team support.



Girls Club- Taking a break from performance, freshman Jacquelyn Greiner, sophomore Holly Bracker, Lindsay Wallace, Jessica Allen, and senior Amy Duncan gather to exhibit their Bearcat pride.

VHS NEWS



Law and Order- This year, VHS welcomed **Coach Collins**. He is a new addition to the Virginia High administration as one of the Assistant Principals.



Meet the Press- Select students, administration, and PTA parents welcomed Governor Mark Warner to the VHS library in September. The Governor discussed his plans for education and was then honored by SCA representatives, **Andrew Carice** and **Julie Ward**.



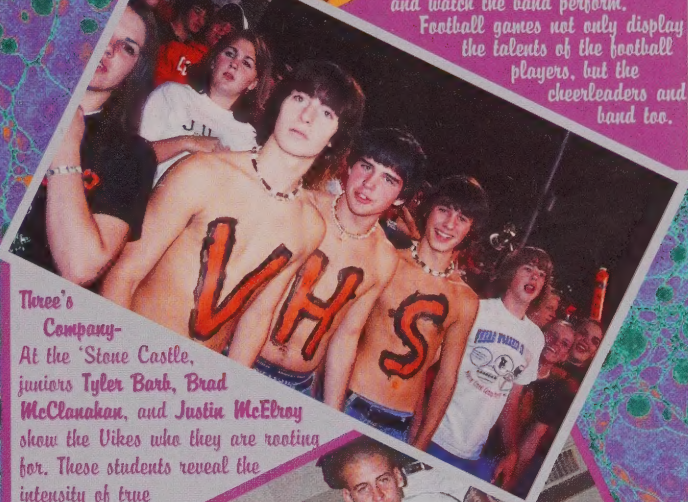
Trading Spaces- As students began the new year at VHS, they took note of several new changes. Improvements such as newly painted halls, classrooms, pool, newly paved parking lots, and a flashy new trophy case gave the school a fresh new look.

"Television was the most revolutionary event of the century. Its importance was in a class with the discovery of gunpowder and the invention of the printing press, which changed the human condition for centuries afterward"

Russell Baker



Cheers- Cheerleaders need breaks too! During halftime, these girls socialize and watch the band perform. Football games not only display the talents of the football players, but the cheerleaders and band too.



Three's

Company-

At the 'Stone Castle, juniors **Tyler Bark**, **Brad McClanahan**, and **Justin McElroy** show the Vikes who they are rooting for. These students reveal the intensity of true Bearcat spirit.



Happy Days

As their final year at VHS creeps past them, seniors **Tyrone Jackson**, **Doodle Hicks**, **Brittany Sourbeer**, **TJ Slagle**, and **Chris Parks** enjoy their free time during lunch. Lunch always allows time for students to socialize.



Ladies

Man- This trio, consisting of seniors **Morgan Sharp**, **Russell Waddell**, and **Julie Ward**, gather before walking with fellow members of the 2003 Homecoming Court. This event is one of the several throughout the year, which honors seniors.

Step by Step

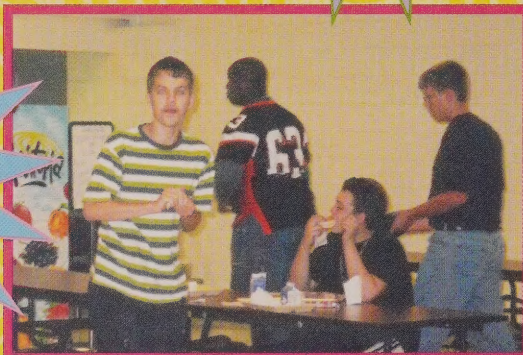


Head of the class-

Between classes, this group of seniors take time to socialize. Often times, students are only able to talk to some of their friends during class changes.

School Daze-

During lunch, freshmen Sasha Ovcharenko takes a moment to pose for camera. Lunch is one of the most valued times during the school day.



Step By Step, another year rolls by and once again *The Virginian* captures the essence and memories of us **Friends** here at Virginia High School in 2003-2004. **Happy Days** go by accompanied by struggles as students prepare for the **Real World**. We learn to be **BIG THINKERS** while attempting to have fun and enjoy the *Wonder Years* of our lives. After letting go of *All That* fun of the **Sunset Beach** summers, students work to be **Made** the **Next Generation** of leaders. Trying to **BEAT THE CLOCK**, student readily wait to be **Saved By the Bell** for the close of the school year.

Senior Suggestions



Travis Heath

"Keep working hard and don't give up before you graduate. You should plan for college and accomplish your goals. Always remember that you can succeed in anything that you put effort into."

"Do your best because you're almost there. You'll be wicked glad when you're out of high school and off to college, and don't worry, I'll be watching you!"



Ryan Callanan

"Enjoy high school while you can and try to make the best of it because you don't know what it's going to be like after it's over. Have as much fun and work hard so that you not only have a good time, but actually accomplish something."



Amber Worley



Pulling together-

Students at the pep rally unite to cheer for the Bearcat football team. Pep rallies boost school spirit and give confidence to the players.

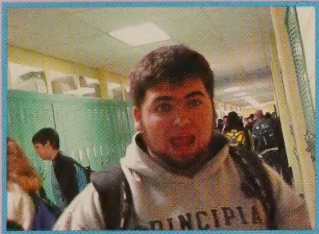
Pretty Woman-

A group of VHS girls gather before the Homecoming pep rally. Students enjoy socializing and showing school spirit during these exciting events.



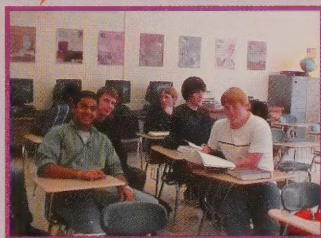
Take Life One Step at a Time...

Live as if you were to die tomorrow. Learn as if you were to live forever. -Gandhi

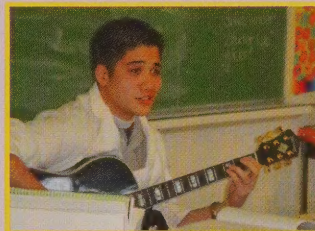


Character is who you are when no one else is looking.

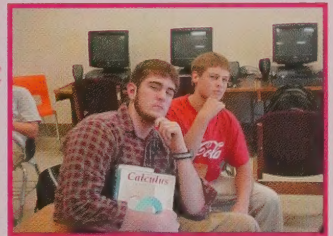
Truly great friends are hard to find, difficult to leave, and impossible to forget. -G. Randolph



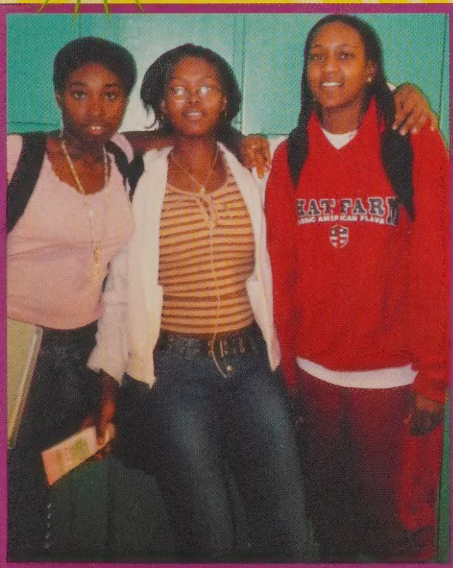
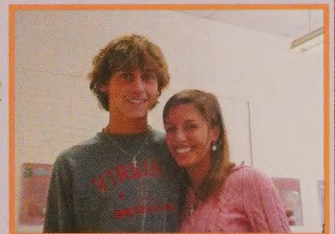
In order for a mind to work properly, it must first be opened.



Happiness lies in your own hands.

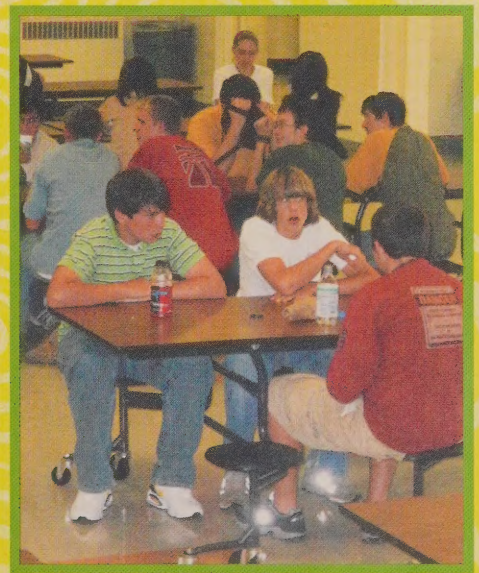
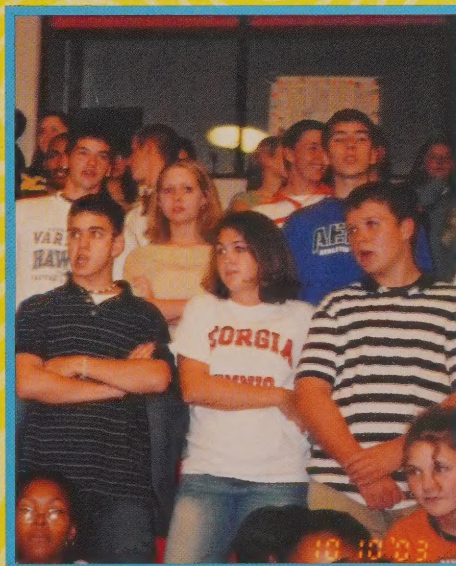


You only live once, but if you work it right, once is enough. -Joe Lewis



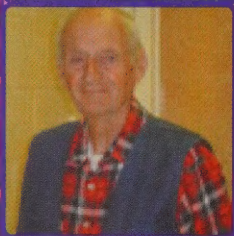
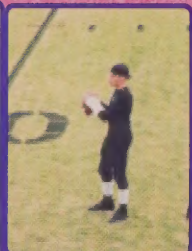
Big girl on campus- Between classes, sophomores Jasmine Bernard, Adrian Scott, and Ashley Williams pause for a quick picture. Class changes are sometimes the only opportunity for students to see their friends.

Getting organized- During a pep rally, the junior section in the gym prepares for the festivities. Many students enjoy the chance to become involved in the boosting of school spirit. Hopefully the excitement shows in the following game.



Boys will be boys- Lunch is one of the most enjoyable times for students. Sophomores Brett Sharp and Daniel Tripplett socialize during their treasured lunch period. A break from the stressful school day is necessary at Virginia High.

The Real World



Student life is what makes the four years in high school worth all the time and dedication that is put into it.



It consists of activities and participation at school, hanging out with friends on the weekends, going on vacation with friends and family, and so much more. Activities this year were filled more excitement compared to the previous years. This year the students got more involved with VT week, homecoming, the school play, and many more school activities. School spirit was promoted and improved tremendously throughout the school year. Without student life, high school would be uneventful with continuous busy work throughout the day.



Thirty Minute Meal - After cheering the football team to victory, a group of cheerleaders go to celebrate the win by going out to eat at El Patio. Go Cats!

Growing Pains - At the Homecoming pep rally, the cheerleaders invited some football player's moms to kiss them on the cheek. After his third guess, senior **Trent McVey** waits anxiously to find out that his mother was the "cheerleader" to kiss his cheek.



Storm Warning - When the buzzer sounds, the Virginia High football team charges through the cheerleaders with a tremendous amount of adrenaline. Motivation is the key element to winning the game.



Kodak Moments



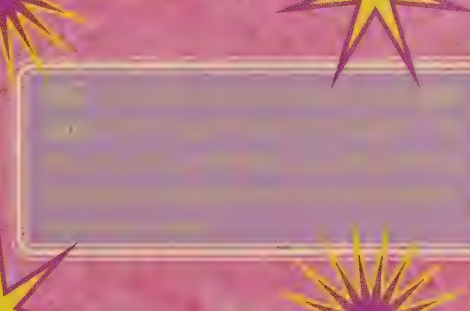
Freeman

Freeman, a student in the
Freeman, a student in the
Freeman, a student in the
Freeman, a student in the



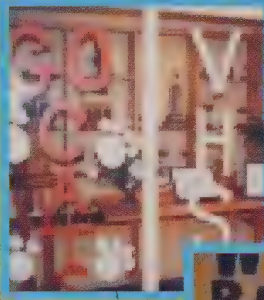
Compiles

Compiles, a student in the
Compiles, a student in the
Compiles, a student in the
Compiles, a student in the



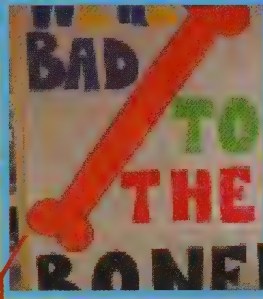


SPRIT



Vibrant

Frenzy



RIVALRY

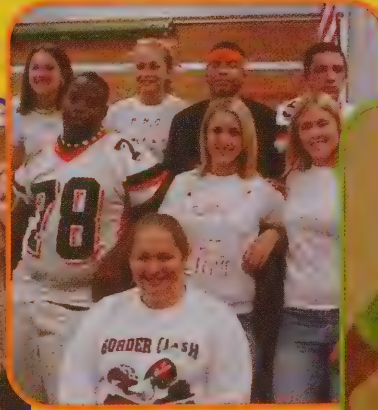


CITY CONFIDENTIAL



Twirl Day

Cowboy Day



Crease and Bleat Day

Tie-Dye/Hippie Day





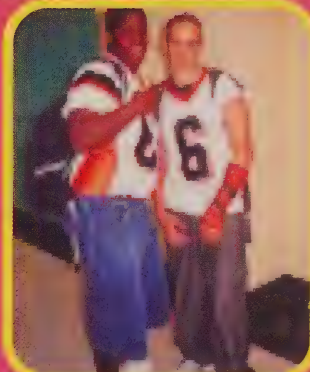
V-T GAME!!



Castard's Last Stand- He's ready to go. Senior Hunter Monde waits to kick as the team takes the ball down the field.



Two of a Kind- VT week is the funnest week of the year. Senior TJ Shagle and Junior Walt Pierson show in the hall to show their school spirit. *Next page!!*



Lovely and Amazing- These two girls are the epitome of that phrase. Junior LaShawn Porter and junior Chelsea Campbell pose together in their choir class.



First Look- All the pep rallies have kept people guessing this year. Junior Kregg Mabe and others watch as the festivities of the VT pep rally get underway.

Feminizing Women- These two teachers really did get into the spirit of VT Week. Miss Propst and Mrs. Holcomb brought their outfits to match each other all four days.



A City Divided: 'Cats Versus the Vikes



VT Week always proves to be a fun-filled and school-spirited week. The halls were decorated with signs encouraging our beloved Bearcats on for the big game Thursday night. Enthusiasm and excitement flowed



throughout the school. VT week is a time for students from all classes to come together for a common purpose - to show their support for the Bearcats. The traditional Bonfire night was a success with people from all over



gathering to witness the pre-game extravaganza, including cheers from speeches from the football players and coach Adams and of course, infamous burning of the Viking. The traditional Mock Beauty Pageant also proved to be a great success.

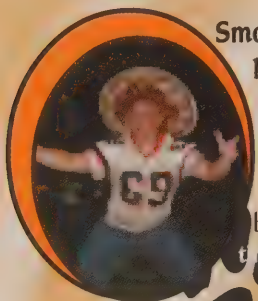


Yet another year has passed, and so has another exciting and successful VT Week. Students participation and turn-out at the game prove that this is another week that will go down in Bearcat history.



Smokey Mountain Nightmare -

Dancing around like a wild man, junior Scottie Worley shows he is ready for the big game and his time to shine.



Silenced Partner -

Such an amiable relationship between the football players and the cheerleaders. Pictured are seniors T.J. Slagle and Anna Stringer.



Showdown at the Castle - Standing alone contemplating, senior kicker Hunter Meade watches his team fight the Vikes.



Double Take -

Taking time out of a busy night, senior and juniors Yi Chen and Brett Fore pose for the camera Wednesday night at the bonfire. Music is a key element for support for the team.



Campaigning for Cover Up -

Cheerleader senior Megan Sharp leads the crowd in support for the team. Below of group of seniors show their support for the team by being present at the bonfire.



Blinded by the Lights -

Stonecastle proves to be an intimidating setting for our beloved 'Cats. As the players watch from the sidelines, the Bearcats on the field fight in a desperate struggle for a victory over their old rival, Tennessee High.



Double Dutch Bust -

The Virginia High cheerleader and the Bearcat lead the crowd in cheers for the football players

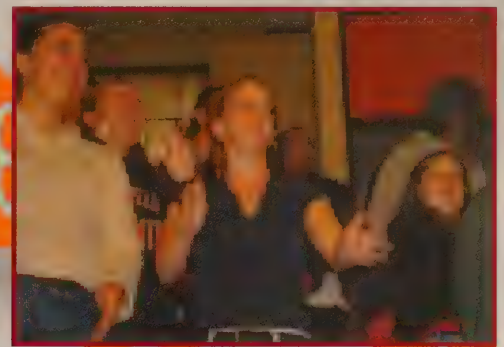
The Socialites and the Politicians -

At the VT game people must expect to see all kinds of things. Juniors Alexa Patrick and Stephanie Campbell enjoy the social scene. Senior Julie Ward and junior Brandon Pruett enjoy a more political approach.





Continuing the Tradition: The Last Side Show - The burning of the Viking in the bonfire is a long-cherished and long-kept tradition at Virginia High School. Football player senior **Tyrone Jackson** tosses the Viking into the fire.



Badge of Honor - The crowd aids in keeping the honor in the team. Juniors Corrine Moore, Bridget Cummings, and Jenny Montgomery cheer for the Bearcats during the VT pep rally.



Pre-game Preparations: The Ritual Continues - Students, football players, and cheerleaders run and dance around the bonfire. This is an opportunity for both students, players, and cheerleaders to celebrate and get pumped up for the big game together.

Fashion Victims

1st Place:

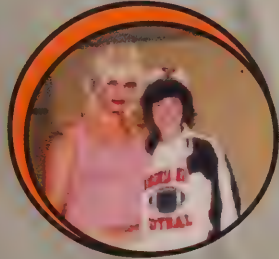
Hunter Meade and Katie Moseley as a Playboy Bunny and Hugh Hefner.

2nd Place:

Justin Matney and Lauren Hughes as Beau and Daisy Duke of *The Dukes of Hazard*

3rd Place:

Matt Boggs and Katie Pittman as Whitney and Barry Reed



Bearcats, Vikings, and Fowl Play - As the clock ticks on, the team and the coaches watch and wait. Time is such a critical factor in such a big game. The Bearcats are on the defensive against the Vikings. Nervous and restless, the coaches pace the sidelines as the teammates watch with anxiety as the Vikings creep ever so closely to the Bearcat endzone.



Danger in the Castle

All smiles for Seniors Gwen Massie, Natalie Wilson, Katie Pittman, and Chelsea Wilson as they show their Bearcat pride at the annual VT game at Tennessee High's Stone Castle.

Crimes of Passion - The Super Fan of the Bears'. Body paint, determination and Bearcat pride are necessities for being a SuperFan. Cheering enthusiastically,



junior **Brandon Simpson** shows all elements of a true fan in order to let his know they have his full support.

The Art of Murder: Caught in the Moment

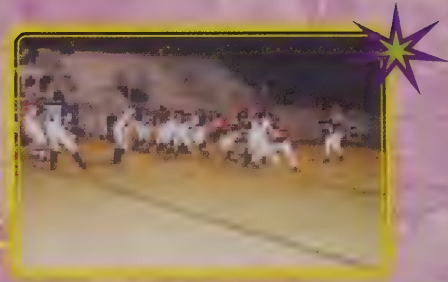
While pausing for a photo, seniors **Amy Derr** and **Jill Stewart** pose and flash their pearly whites for the camera at the VT game. There is nothing like watching your favorite team play their greatest rival.



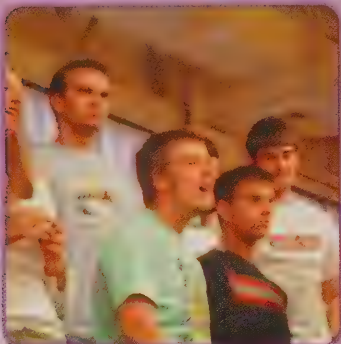
Watching and Waiting - The crowd watches their favorite team go for the win.



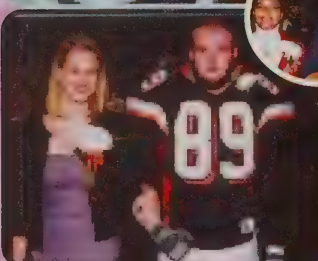
Charmed



"Wild Kingdom" - Waiting for the pep rally to begin, seniors Patrick Osborne, Kevin Wingard, Will Soblo, and Matt Boggs take a picture for a candid moment. Students really enjoy pep rallies, because it gives them a chance to show their school spirit.



GAME TIME

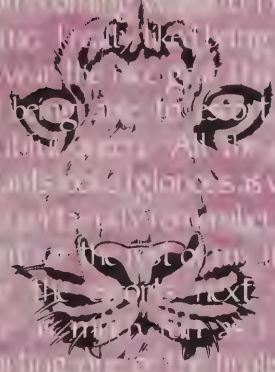


WHS Homecoming Queen

Matt Boggs

Senior

"Homecoming was a wonderful time for me. I had the opportunity to wear the crown and to be crowned the beautiful queen. All the fans, teachers, and players as well as the homecoming court members this year were fantastic. I hope the spirit next year will be just as great as this year's homecoming court members!"



Brittany Sourbeer

Junior

"Having the opportunity to be crowned homecoming queen was a wonderful experience. I was able to represent our school and to be crowned the beautiful queen. All the fans, teachers, and players as well as the homecoming court members this year were fantastic. I hope the spirit next year will be just as great as this year's homecoming court members!"



2003



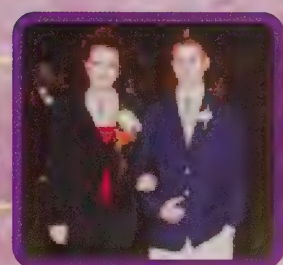
1st Runner Up
Danielle Warren



2nd Runner Up
Virginia Sharp



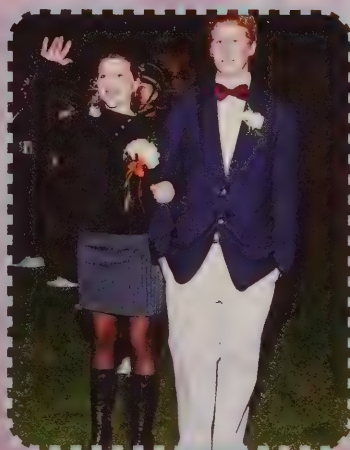
3rd Runner Up
Mallory Newton



4th Runner Up
Courtney White



"Cheers" - Trying to keep the fans involved, senior **Anna Stringer** leads the varsity cheerleading squad in a chant. Maintaining school spirit is a vital necessity in helping the football team score.



"Miss America" - Waiting anxiously to find out the 2003 homecoming queen, senior **Thomasina Buchanan** waves to her friends and family in the stands. This is a very nervous moment for all of the finalists.

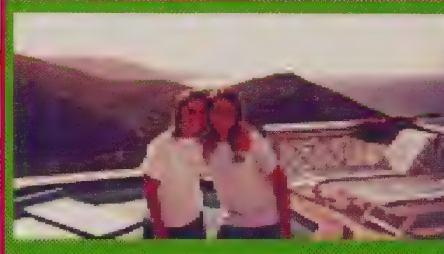




PRETTY WOMAN. A GROUP OF GIRLS, RANGING IN AGES, GATHER TOGETHER FOR A QUICK SHOT WITH LOTS OF SMILES. WATCH OUT BOYS, HERE COMES SINGLE GALS!



BAYWATCH-SHOWING OFF THOSE BOOBS. SENIORS DONALD PENDER AND SETH BARRETT ENJOY A NICE VACATION ON A SANDY WHITE BEACH. CAN WE SAY "ALMOST PARADISE?"



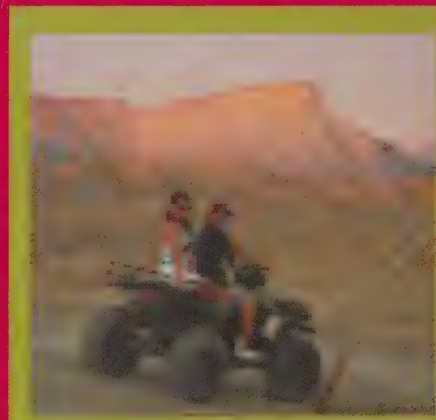
While you were out- While visiting in St. John, Junior Ellen Tidwell and friend enjoyed the sites and weather of this gorgeous Virgin Island. What a view atop this local hotel.



Hey Dude- At a bullriding spectacle on her vacation, Junior Ellen Tidwell wanted a try mastering the bull. She's not afraid to give that bull a piece of her.



Vegas Vacation - While participating in the National outh Leaders Conference seniors Chelsea Wilson and Jerry Goodpasture take a break for a quick bite.





Scuba diving in the Bahamas was an exciting and one of a kind experience. Being there was hot, fun and something I would repeat every year.

-Max Lawson



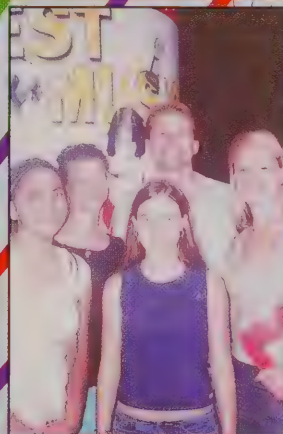
"Vacationing in New York this summer was a exciting experience. New York City is a one-of-a-kind place. It was interesting to observe the different lifestyle."

-Lauren Hughes



Mrs. Neal, our beloved librarian visited Concord Massachusetts and viewed the homes of Louisa Alcott, Ralph Waldo Emerson, Nathaniel Hawthorne and Henry David Thoreau. What a treat for a woman who loves books.

V A C A T I O N



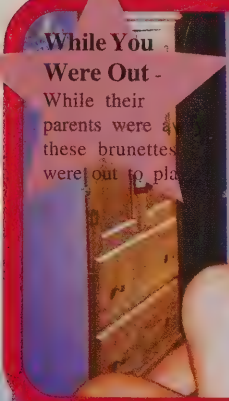
Who's got game?-While vacationing in Myrtle Beach, Seniors Anna Stringer, Morgan Sharp and Brittany Sourbeer with graduate Audrey Sorensen finish getting ready for a night out on the town.



Three's Company-Pretty girls in dresses for the night, Seniors Morgan Sharp and Lauren Hughes, and Junior Julie Becker show off their tans with smiles on their vacation to Hilton Head.



BBC America - During vacation senior Devin Williams visits many monumental and historical sites while in Europe.



While You Were Out - While their parents were at these brunettes were out to play

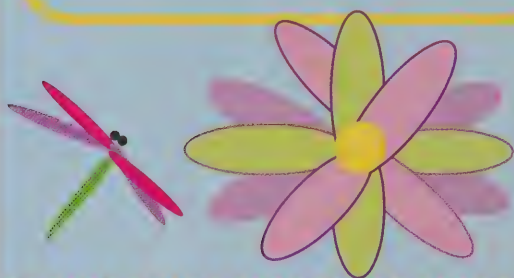


Saturday Night Live

One of the most valuable tools to keeping sanity during the long school year is the weekend. After a long week of homework, studying, practicing for sports, and early nights in bed, it's time to hang out with friends and enjoy a few precious hours of tv and booze.



Hang Time- This Friday night, a group of friends meet before the football team's battle against the Abingdon Falcons.



Chooze- Before getting a bite to eat, seniors Hannah Mittler and Laura Rosasco take a quick pic.

Sister, Sister: Judging from their smiles, this must have been a funny moment for seniors Amy Miller and Amy Derr.

Golden Girls: On Friday night, junior Julie Booher and her senior friends Lauren Hughes and Morgan Sharp rock it cowboy style.

Happy Days: Two close friends, seniors Hannah Mittler and Nikki Swinoy smile for the camera to remember the good times.



Chill Out- Seniors Hannah Mittler and Laura Rosasco spend quality time with the golden girls, Julie Booher, Lauren Hughes, and Morgan Sharp, at a local hangout.



Friends- Music provides a perfect way to have fun and bring friends closer together. At the annual Rythm and Roote Festival in Bristol's downtown area, a group of senior friends poses for a picture.



The Usual Suspects- They are always with us, the usual suspects, Brandon Franklin and Josh Spence are sitting in the back.

Weekends



America's Most Wanted- Watch out for any of these dangerous guys! Although they commonly travel together, occasionally one may be spotted alone, disguised in ordinary clothes and portraying a witty or innocent personality.



Rugrats- There's always time for a quick shot by you and of you. Senior friends **Amy Miller** and **Meredith Cooper** pose for a quick picture they took to remind themselves of the fun times during their senior year.



Weekenders- With smiles on their faces, these two seniors, **Chris Frazier** and **Chelsea Wilson**, are definitely excited to be out of school and enjoying the freedom of the weekend. They have time to shop, go out to eat, or just chill. To sum it up- they love the weekends.



Most Extreme- Nobody's quite sure what's going on at this terrifying moment. While senior **Amy Miller** shows a distinct expression of fright, her brave friend **Katie Pittman** battles the monstrous foe with courage and a flaming tongue.

18

A b c d e f g h i j k l m n o p q r s t u v w x y z

A & E



Arts and a bit of entertainment are definitely aspects at this school. Senior Danielle Leonard plays a board game while her artwork is displayed in Mrs. Simmons class.

Bravo

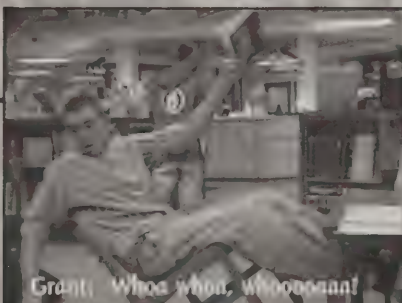


With such impressive talents, these students deserve to be applauded for a job well done!

Disney



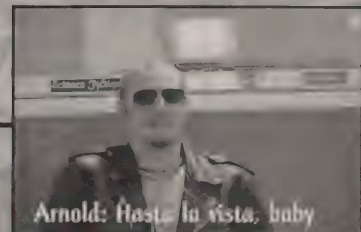
Comedy central



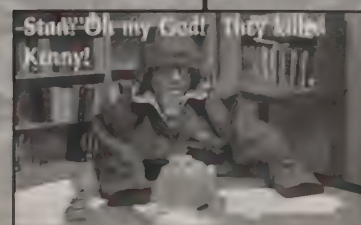
Grant: Whoa whoa, whooooo!



Bobby: I'll just have a little bo peep!



Arnold: Hasta la vista, baby

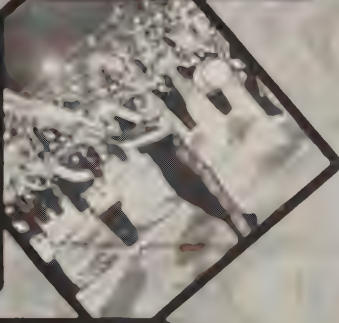


Stan: Oh my God! They killed Kenny!

E!



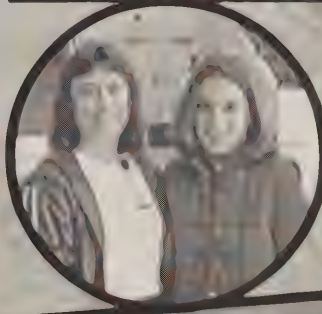
Family ties in this school are something we're proud to have. We have mothers and daughters, brothers and sisters, and even several sets of twins.



Entertainment - is something our school does the best. From Band to Drama to Pep-rallies, we're always on it.

F

A



Game Show Network



Games! How fun. The school library offers games for those who can find a few spare minutes in their busy schedules. Games are also used in several classes as learning devices. Fun Fun.



Home Gardens



Home and garden network inspired some of VHS's students to help out around the school and keep up the lawns

Inspirational



Inspirational - the special education classes at VHS offer students a chance to be in the real world world with other students their age

JAVA

Java is an entertainment network that offers laughs and great music and we try and do the same here at VHS



Kids



Kids will be kids from playing dress up to just hanging around with friends it's hard to take the kid out of the VHS student

Life



Life at VHS is great. The stress of hard work is relieved by the fun times we have at event life pep rallies

MUSIC



MUSIC - music is a big part of our school whether it be in band, choir or in drama their is almost always a class having fun with music



NICK



NICK - having fun, making new friends, and enjoying life are our favorite things to do here at VHS

PEOPLE



PEOPLE - We see the smiling faces of our friends and classmates everyday as we walk through the halls

Oxygen



Oxygen is something that our athletes need every day. Virginia High School offers a wide range of sports from cross-country to volleyball to



22

Q V C

R
F
D



"Country and lovin' it!"



Extraordinary Beings 7pm/6c

Sci-fi



Saved By the Bell

7am/ 6c

TBS



Presenting:

MORGAN

C
O
M
B
S



Face/Off

9pm/8c

U S A



Live

6pm/ 7c

the
space
we share

We

women's entertainment

The Beauty Parlor
5pm/ 4c



YES

The
Bachelorette
9pm/ 8c

Extra

BOY MEETS WORLD

5:30pm/ 4:30c



ZeeTV

Internal
Science

3pm/ 2c

23

Senior Superlatives

Each class has its favorites. Recipients of senior superlatives are chosen by their peers. Ballots are passed out to each senior English class, where seniors nominate their favorite students. The recipients are announced in school and awarded at the senior luncheon.

Best All-Around

Andrew Canino
Reetha Morrow

"Good character is not formed in a week or a month. It is created little by little, day by day." Heraclitus



Most Athletic

TJ Slagle
Katie Pittman

"An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head." Emerson



Best Dressed

Stephen Graham
Julie Ward

"Clothes make the man. Naked people have little or no influence on society." Mark Twain



Best Looking

Matt Bogge
Gwen Missett

"Flowers are a proud assertion that a ray of beauty outvalues all the utilities of the world"

Emerson



Wittiest

Trent McVey
Chelsea Wilson

"The most wasted of all days is one without laughter." E.E. Cummings



Most Intellectual

Wyatt Ford
Jenny Goodpasture

"Small is the number of people who see with their eyes and think with their minds"

Albert Einstein

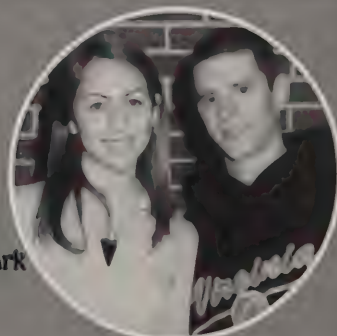


Most Talented

Tyler Clark
Amy Duncan

"Everyone has talent. What is rare is the courage to follow the talent to the dark place where it leads."

Erica Jong



America's Most Wanted

Most Musical



Russell Weddell
Panna Hill

"Music expresses that which cannot be put into words and that which cannot remain silent"
Victor Hugo

Most Artistic



Walker Huggins
Jill Stewart

"Artists can color the sky red because they know it's blue. Those of us who aren't artists must color things the way they really are."
Julius Feller

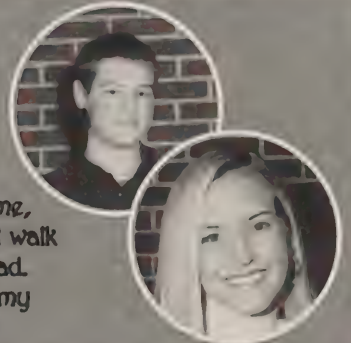
Most Likely to Succeed



Yi Chen
Kevin Williams

"It is possible to fail in many ways...while to succeed is possible in only one way"
Aristotle

Friendliest



Ryan Callanen
Leslie Britton

"Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Walk beside me and be my friend."
Albert Camus

Most Original



Tommy Childress
Connie Madrano

The man who follows the crowd will usually get no further than the crowd. The man who walks alone is likely to find himself in places no one has ever been."
Allen Ashley-Pitt

Cutest Smile



Doodle Hicks
Lauren Hughes

"Everytime you smile at someone, it is an action of love, a gift to that person, a beautiful thing."
Mother Teresa

Most School Spirited



Will Souble
Morgan Sharp

"The spirit, the will to win, and the will to excel, are the things that endure."
Vincent Lombardi

Teachers' Pet



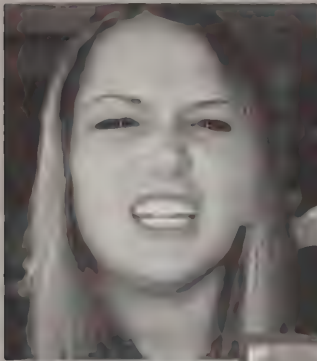
Travis Heath
Mallory White

"Education is not the filling of a bucket, but the lighting of a fire."
WB Yeats

Candid Camera

Three's Company - In a moment of peace, juniors Courtney Wright, Clyde Nophlin and senior Rea'shelle Morrow wish each other luck before the performance.

Memorable Moments



Dr. Phil - Looking like one his guest's junior **Julie Booher** shows her frustration at a home-work assignment. Students often worry about their grades when the semester is close to the end.

The Wire - Under the wire, sophomore **Justin Artrip** raises his hand in order to share the correct answer. Many times teachers ask that students raise their hands before initiating a response.



Around the Horn - After all the trouble, senior **Mollie Salyer** walks away from the computer in the hall. She is about the age and can carry the punch.



X Games - Working on a computer assignment a student studies for keyboard. Knowing the correct buttons to push can either make or break a computer program.

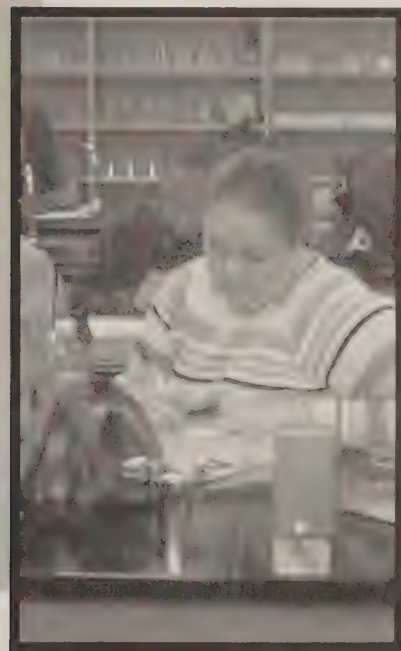
Bad Boys - In an attempt to settle a minor disturbance down junior **Joss Matherly** and senior **Andrew Carico** take senior **Tommy Childress** into fictional custody. Boys will never want to get over playing cops and robbers.



Crashers - Hurrying to finish a test, one student completed one last multiple-choice question, only minutes past time. They got a really good answer - a really old combination.



Math from the Sun - While waiting down calculations for a science project, students sitting at the same desk were the main debate of the "science" project. How to hypothesize and calculate positions.



Don't Say a Word - Trying to receive help with an assignment, a student comes to the desk of first year teacher, Ms. Quesenberry. Teachers help students by demonstrating how to approach the assignment.



The Dating Story - Arm in arm, this couple shows their affection for each other. Couples are common throughout the halls of Virginia High.



Happy Days

Our Gang- Before the bell rings, this group of senior boys poses for a quick picture. Seniors relish every moment they have to spend with their friends. Long-time friends are hard to come by, harder to leave, and impossible to forget.



Two of a kind- Out for a night on the town, seniors **Hannah Miltier** and **Laura Rossano** sit down for a meal at a local restaurant. During the weekends or summer, students enjoy going out for some fun and having free time to socialize instead of work.



Fabulous Four- During Biology, seniors **Ashley Shazor**, **Katie Nelson**, **Ashley Adams**, and **Amber Worley** smile for the camera. Leftover time in classes is the opportune moment for friends to socialize and take a break from work.



Hannah Miltier and Whitney Moore



"Hannah and I have known each other since the sixth grade, and we've been good friends ever since. I can tell her about anything, and I know she'll always be there for me no matter what happens. Hopefully, we will remain friends for many years to come." - *Whitney Moore*

"Brittany and I have been friends since Kindergarden. We've been through so much together and have always been there for each other. Now that we're seniors, we plan to stay in touch at college or even attend the same college together. I hope we keep our friendship going for many years." - *Anna Stringer*



Brittany Sourbeer and Anna Stringer



All the way- Ready for the weekend, seniors Natalie Wilson and Meredith Cooper take a quick picture while eagerly waiting to hear the bell to signal the ending of the school day. Weekends are the best opportunities for friends to spend time together and have some fun.

Baby, It's Cold Outside-

At the Radiohead concert, seniors Amy Derr and Devin Williams are soaked by the rain; however, they enjoy listening to the good music. Concerts are an exciting change from common activities and are enjoyed by many.



So, How was your weekend?-

On Saturday, seniors Amber Worley and Ashley Adams enjoy their free time at the lake. Students love to take advantage of warm weather for as long as possible on the weekends.



Great Expectations-

Ready for a night out on the town, seniors Morgan Sharp and Lauren Hughes, and junior Julie Booher take a moment for a picture before having some fun on the weekend.



Cruisin'- During their trip to New York for Educational Talent Search, seniors Katie Pittman and Will Soublo pose for a picture while riding on the tour bus. Touring New York was an exciting experience that these seniors will be sure to remember forever.



Such a nice girl-

Smiling for the camera, seniors Gwen Massie and Katie Pittman enjoy some free time to relax. Taking a break during the school day is essential for students to be able to academically perform to the best of their abilities.

Beauty Contest-

Posing for a quick picture before the big night, seniors Hannah Miltier and Amy Smith await the arrival of their dates for prom. Prom is, one of the most memorable experiences for students, and friends enjoy sharing it with each other.



Two peas in a pod-

Having some fun with the camera, seniors Whitney Moore and Nikki Swiney take a close up. Close friendships are important in order to survive high school life and to remember through photographs.



Friends

"When you're down and frustrated
And you need a helping hand
And nothing is going right
Just close your eyes and think of me
And soon I will be there
To brighten up even your darkest night

You just call out my name
And you know, whenever I am
I'll come running
To see you again

Winter, spring, summer or fall
All you've got to do is call
And I'll be there
You're not a friend

If the sky above you
Should turn dark and full of clouds
And that old worry word should begin to show
Keep your head together, now
And call my name out loud
Soon I'll be knocking upon your door

You just call out my name
And you know, whenever I am
I'll come running
To see you again

Winter, spring, summer or fall
All you've got to do is call
And I'll be there

Isn't it good to know that you're not a friend
When people can be so cold
They hurt you and desert you
Well, they take pain and if you let them
Oh, but don't you let them

You just call out my name
And you know, whenever I am
I'll come running
To see you again

Winter, spring, summer or fall
All you've got to do is call
I'll be there
You've got a friend
You've got a friend
Junior Taylor





"Friendship is precious, not only in the shade, but in the sunshine of life; and thanks to a benevolent arrangement of things, the greater part of life is sunshine."

-Thomas Jefferson



"A friend is one who knows all too well, is forgiving"

-Anne Emerson

"What is a friend? I will tell you, it is someone with whom you share to be joyful"

-Frank Brown

"A good friend remembers what we need and you what we can be"

-Helen Keller

"Don't be dismayed at goodbyes. A friend is part of your life, you can meet again. And meeting again, after moments or lifetimes, is certain for those who are friends"

-Richard Bach

"A real friend is one who walks in when the rest of the world walks out"

-Walter Winchell

"The only way to have a friend is to be one"

-Hugh Downs Emerson

"All love that has no friendship in its love is like a nation built upon the sand"

-Ella Wheeler Wilton



Gimme a Class Break...

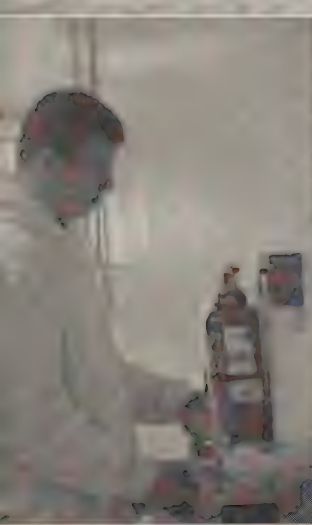


FRIENDS





Who is having more fun in the hall?



Gimme a girl instead- Instead of completing 7th period students watch the varsity cheerleaders as they cheer at a pep rally.



Gimme some water- It's time for a break and some water for **Sophomore Todd Ellis**. Water fountains are essential for healthy teens.



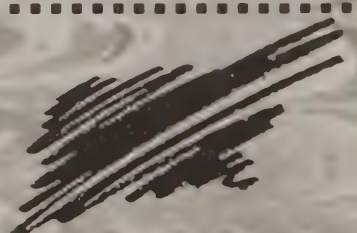
Gimme a break- While taking a break from Calculus senior **Lauren Hughes** looks for a familiar face. Breaks between classes allow students to relax for a few minutes with their friends.



Gimme some geography- Before class begins junior **Danielle Leoanrd** reviews her map skills.



Gimme some extra credit- Stretching to her fullest potential a flag corp member twirls to the beat of the band.!



Gimme some music- While taking a break from class, **Junior Josh Leonard** wishes they would play music in the hall.

West Side Story



Mambo - Anna and Bernadette, played by Chelsea Wilson and Josh Sprules, dance away in the dance, called at Havana.



Cool - Kilo, played by TJ Slagle, tries to calm the Jets down before the rumble by singing "Cool".



Tonight - After meeting Maria at the dance, Tony falls deeply in love. A forbidden romance begins between the two since Maria's mother is the leader of the sharks, while Tony is a Jet.



Cool

Rumble



The Jets

Sharks

Stage Crew



Aron Alexis, Chris Wilson, Josh Danby, Josh Bradley, Vash Petal, Justin Hall, Margaret Puglio, Katherine Powers, Maggie Wingard, Ashley Jones, Amy Miller, Jill Stewart, Brett Manning, and Sara Emery.

1 Foot Pretty



Leslie Epling, Seth Hall, Mark King, Joss Matherly, Gabby Camper, Ellen Tidwell, Shelley Weaver, Andrew Carico, Rea'Shelle Mottram, Jerome Locket, Clyde Nophlin, Josh Sproles, Willie Oaks, T J Slagle, Cory Dasso, Tyler Clark, Bridget Cummings, Brandon Pruett, Amy Duncan, Larissa Via, Courtney Wright, Morgan Combs, Julie Ward, Jerry Goldpustaro, Katy Sharp, Karlisa Sloens, Modie Salyer, Chelsea Wilson, Danna Hill, Tommy Childress, Scotie Worley



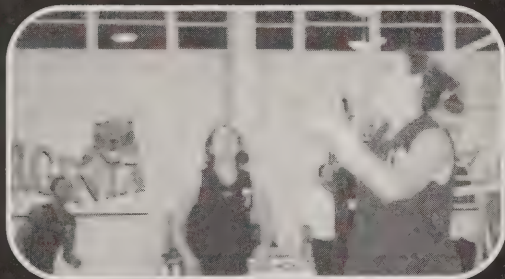
West Side Story is a tragic classical play based on Shakespeare's Romeo and Juliet, which moves audiences and changes societies. This year the Virginia High School Drama Program chose to put on West Side Story, a play rarely put on by high school programs. Mrs. Palmer, Mrs. Neal and Mrs. Mann all put in hour and hours of hard work along with the students to build the set, choreograph the dances and learn the lines. It took months of preparation to get ready to perform before an audience. This musical was not an easy one to put on and it contains many dramatic scenes that deal with hatred and death and also many difficult songs. Virginia High School in the past has never attempted such a large production, but, in reaction to the challenge, they pulled it together and performed it beautifully. The leads of the play, Tony and Maria were played by Danna Hill and Tyler Cark, whose voices harmonized together as they played lovers separated by racial lines. The students did a wonderful job of putting on this classic play. Their emotion left the audience with a sense of sadness and a desire to transform society.



Somewhere there's a place for us -
Bringing us onto the play, Tony's death
shows the pain that can be brought about by
those who hate.



ESPN



Football

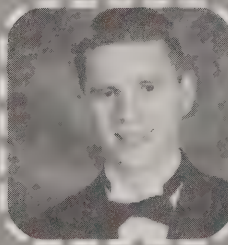
"Playing football has been the most enjoyable time of my life. Winning district last year has been the highlight, and I wouldn't trade it for anything."

Tim Mokey

Team Sports

"I have had a great time being on the football team. I had a great 'breakout' with my teammates which will be now a huge memory. I will miss it."

Amy Dery



Football

"Playing football has been the most enjoyable time of my life. I have had a great experience. I learned many new things, and I was able to win a lot of games."

Tyler Clark

Girls Basketball

"Basketball has been a great experience. I've learned a lot about teamwork and how to work with others. I've enjoyed every minute of it."

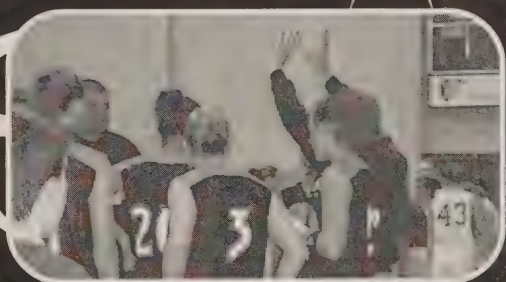
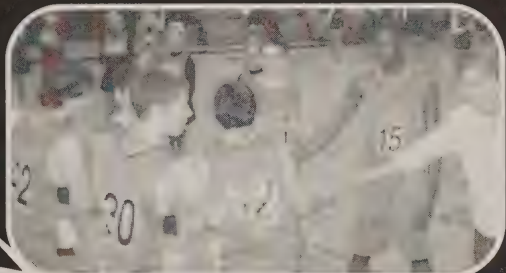
Katie Pittman



Volleyball

"The highlight of my volleyball season was when we won the district championship. It was a great feeling, and I was proud to be a part of the team."

Devlin Scott



Wrestling

"Wrestling has been very hard, but it has all been worth it. Coach Cross has encouraged me the whole way. This has been one of the best things I have ever done in high school."

Josh Gasker



Football

"Going into this year has been very rewarding and I am so proud that I have gotten to be a part of AHS. Wonderful for all those years!"

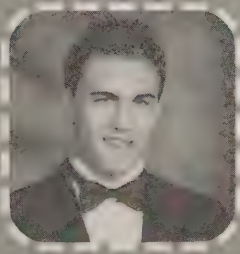
Adam Berger



Swimming

"Diving has been a real fun for years, but it has all paid off this year. I have had many good experiences with diving, and have learned so much."

Jeremy Hayler



Baseball

"Baseball has been so much fun for me over the years. I have really enjoyed getting to play with all of my friends for so long."

T.J. Skyles



Athletic Director

"This year has gone very well. I am especially proud of my basketball girls."

Harry Bond

The Jersey

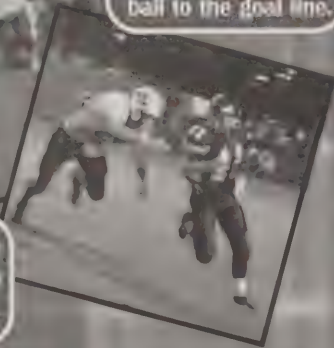
UHS Football

Direct Effect-Throwing a quick pass to the flanker, sophomore **Kevin Morrison** aids in Bearcat success.

King of the Hill-In the hands of his opponents, sophomore **Tyrone Jackson** shuts a running play.



Boomtown-Aiding in Bearcat victory, sophomore **Jeremy Phillips** carries the ball to the goal line.



Road Rules- Soaring down the field, sophomore **Kevin Morrison** eludes his opponent.

Rocket Power-Revealing his hard work during practice, senior **Hunter Meade** successfully punts on the fourth down. Hunter was an asset to the Virginia High Bearcats.

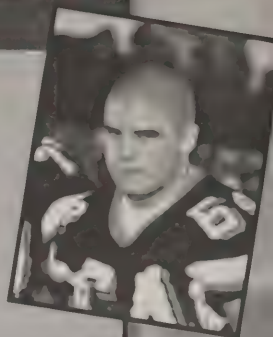
Southern Sports Report-On the sidelines, the Bearcats prepare to take the field. Team support and encouragement is a key element to athletic success.



Seniors Speak:

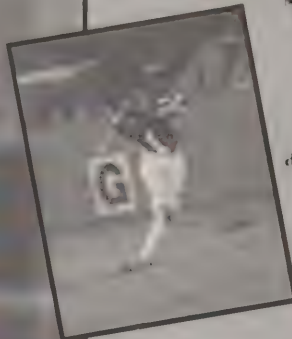
Matt Grimm

"It has been fun playing football for VHS. I will miss the seniors next year. Best wishes to next year's team."



Hunter Meade

"Playing for Virginia High was a privilege and an honor. I have made memories that I will never forget"



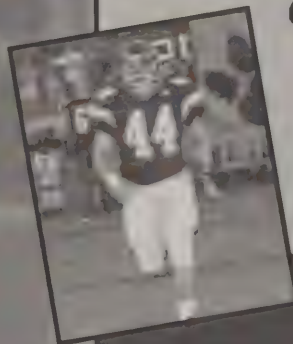
Andrew Carico

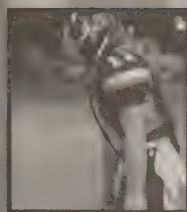
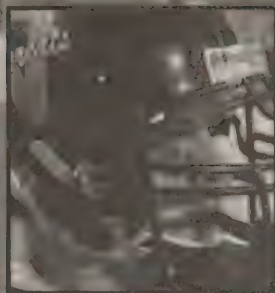
"Virginia High football was a great impact on my four years at Virginia High. I will miss playing for VHS next year."



Trent McVey

"Playing for VHS is an experience I will never forget. I enjoyed all four years of my high school football career."





The 2003 VHS Bearcat football team entered the season with a new morale and fresh players in hopes of obtaining an additional Highlands District Championship. Although the coaches and players prepared early, the team suffered from injuries and bad luck. Though the Bearcats failed to achieve their goal, they never gave up and represented Virginia High with honor.



2003 Record

<i>John Battle</i>	<i>56-18 (W)</i>
<i>Lee</i>	<i>44-6 (W)</i>
<i>Abingdon</i>	<i>3-18 (L)</i>
<i>Graham</i>	<i>34-48 (L)</i>
<i>TN High</i>	<i>20-31 (L)</i>
<i>Tazewell</i>	<i>55-14 (W)</i>
<i>Carrol County</i>	<i>8-17 (L)</i>
<i>Richlands</i>	<i>(L)</i>
<i>Marion</i>	<i>(L)</i>
<i>Grundy</i>	<i>(L)</i>

Coaching Staff

Jehu Adams(Head Coach)
Mark Daniels
Carter Baker
Scott Jones
Ron Davis
Ted Skannon
Mike Tolbert
Doug Blevins
Bo Love



Hardball-With the football in hand, sophomore Tyrone Mitchell escapes a tackle and runs toward the goal line.

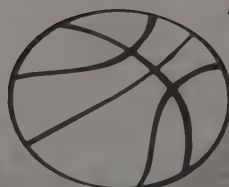
Who's Got Game? - On the field awaiting action, sophomore Kevin Morrison looks to the sideline for the next play.



Dark Shadows-With his opponent approaching, sophomore Clyde Nophlin escapes a tackle. Speed and agility are necessary talents in the game of football.

GO TEAM

Hang Time



Hang Time- Focusing for a moment, senior Trent McVey keeps his eye on the rim and hopes for two more big ones.



Shut Out- While senior Michael Clay tries to push up under the basket, fellow senior Danyele Nicastro waits for the ball at the top of the key.



While You Were Out- After catching his very off-guard, junior David Stavers gets it the perfect chance to go for three more.

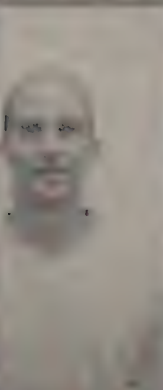
All In The Family- Putting their hands together, the team gets its spirit up for the final round.



Drive- After being fouled, junior David McClanahan keeps on the line without hesitation.



One on One- With the fierce look of determination on his face, senior T.J. Single is not matched for this player.



Coach Mitchell, the team's new coach, has coached basketball for 17 years. After his first season at VHS, he feels that the players have shown a strong work ethic and a desire to compete with the best teams in the area. As for the future, he feels confident in the team's potential for success.

Senior Snapshots

Trent Mcvey



Tyler Clark



T.J. Stagle



Michael Clay



Varsity Team Pic



Dominic Nicastro



GOLF



Coach Caldwell, Coach Minnick, Austin Collins, Aaron Alvis, Bret Sharp, Tyler Clark, Jason Combs, Daniel Triplett, Logan Limburg, Justin Reed, Tyler Wann, John Greier, Coach Lee

Score Board

8/4 Highlands District Match - 2nd - 338

8/12 Farmers & Miners - 7th - 315

8/21 Powell Valley High - 2nd - 167

9/9 Big Six Tournament - 5th - 388

9/18 Sullivan Central - 1st - 166

9/29 Highlands District Tournament - 2nd - 334

8/7 Highlands District Match - 4th - 324

8/14 Highlands District Match - 3rd - 344

8/26 Tennessee High - 2nd - 183

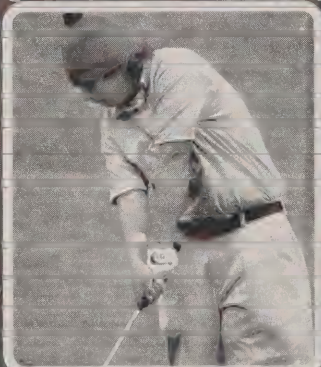
9/15 Powell Valley High - 4th - 101

9/25 Highlands District Match - 2nd - 324

10/ Regional IV Tournament - 4th - 311

Golf Academy

Virginia High School's 2003 golf season was a success in the eyes of the golfers and the coaches. Virginia High School finished this golf season with seven wins and only five loses. Over all VHS came in second, only behind the undefeated Abingdon. The number one player this year was Daniel not only our also in the Daniel was Disrtict Player and went to Championship, finished 8th. High School young, with only and the sophomores



Triplett, in school but district. honored as of the Year the State where he The Virginia team was one senior remainder and fresh-

men. The coaches and players are working hard so that the next few years will be as successful or more than this year. The VHS golfers improved through pratice and experience. Next year Virginia High hopes to be number one.



Hardball - Before the match begins Coach Caldwell and Coach Lee hand out score cards to the team, while wishing them luck. Coach Caldwell believes that positive reinforcement is the best way to encourage a team.

Road Rules - The team hangs around the golf cart before the match waiting for it to begin.

They hope that someone will be nice enough to give them a ride to the first hole.



The Pit

In the sand pit next to the green, sophomore Logan Limburg chips the ball right next to the hole. Logan plays as number 3 on our golf team.

You gotta see this - Telling golf stories Coach Caldwell explains to Coach Lee and Coach Minnick how he got that great score last weekend. Experience is necessary for coaches in order to provide their team with the skills to apply to their golf game.

Green Acers

On hole 17, senior Tyler Clark goes for the green to get par. Tyler Clark has played golf for all four years of highschool and now plays as number two for the VHS team.



Standing Still - After hitting the ball, freshman John Greiner examines his clubs and reflects on his shot. Reflection keeps one from making the same mistake over again.

Winning Walk - With score cards in hand, freshman John Greiner and sophomore Logan Limburg walk to to the green. The walk is an important part of golf as well one must walk with pride and self-confidence to the next hole.



King of the Hill - Carefully choosing his club, sophomore Justin Reed gets ready to send the ball to the green. Containing several hills and unique features, Clear Creek is an interesting course to play.



Rocket Power - With a nice scenic view of the lake sophomore John Greiner hits a great shot down the fairway. VHS's home course is Clear Creek, it is a very unique and challenging course.

Zoom - Sending the ball flying across the lake to the farway, sophomore Bret Sharp nails it. Using the skills taught by the coaches and his experience, Bret improved greatly this season.



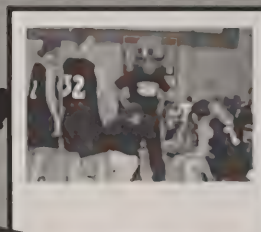
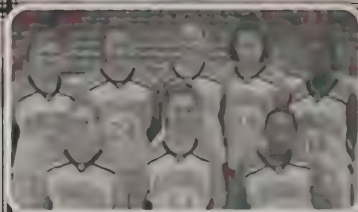
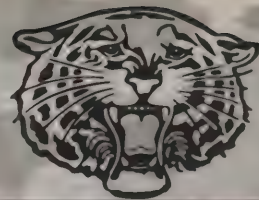
Off the Wall - In some instances watching golf is almost as important as playing it. Here sophomore Daniel Triplett and his opponent observe a fellow golfer as he hits that perfect shot.



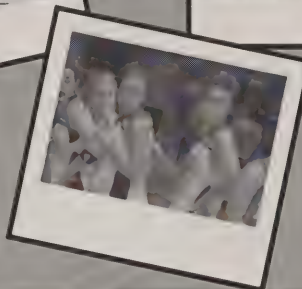
Next Generation - Bouncing the ball off his club, sophomore Justin Reed shows how he has already learned hand-eye coordination. He shows potential to be the a great golfer in the future.

" Being part of a time-consuming sport throughout high school not only allows people to express their skill, but it also bonds people together forming a lifelong friendship between them. Also it is hard work when you have school work to keep up as well. These girls on the Virginia High basketball team have proven to have what it takes to go to school and still find time to show off their skills. The 2003-2004 girls team has unbelievable talent this year. They started off their season winning the Pepsi Highlands District Tournament in December. Good Luck to the Lady Bearcats this year and in the years to come.

Golden Girls



V
CATS



V
CATS

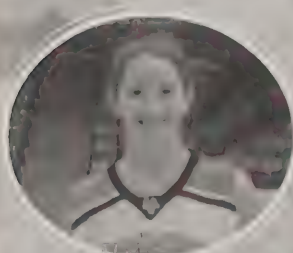


2003-2004 Girls B-Ball

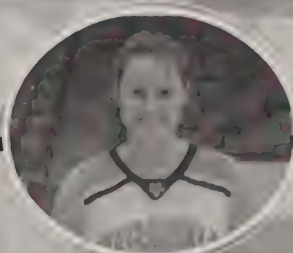
	<u>Home</u>	<u>Away</u>
John Battle	Win	Win
Honaker	N/A	Loss
Graham	Win	Win
Tenn. High	Loss	Loss
Richlands	Win	Win
Sullivan East	Loss	Loss
Tazewell	Win	Win
Lee	Win	Win
Abingdon	Win	Win
Marion	Win	Win

WINS: 14 LOSSES: 5

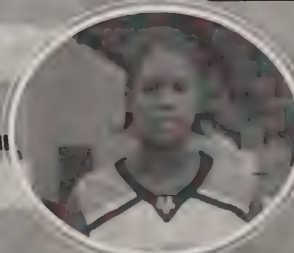
Now See This! - Foul shots are very crucial for the team. Here freshman **Kayla Wells** shoots two points for her fellow Lady Bearcats. Although getting fouled is not much fun, it never hurts to help out the scoreboard.



Katie Pittman



Courtney White



Aisha Clark



Morgan Smith



Katie
Pittman



Barry Reed

"In the past four years of basketball, I have met many new friends. This year has been the most memorable. Since I came here, the team has never won a district title; however, this year we worked as a team and accomplished this goal. Everyone says that your senior year is your most memorable, and it truly was."



Courtney
White

"Well, what can I say besides our team is the shiz-nit! This year is the first year we haven't got last in the district. What is even better is that we actually won first place. I love all the girls on the team, and I will miss every single one of them...yes, even Kayla."



Hang Time - Waiting for an open teammate, sophomore **Aisha Clark** holds the ball until she can make a clear throw. Team work is the main strategy to winning a basketball game.

King of the Hill - During the game against Abingdon High, the Bearcats call a timeout to get things together. senior **Courtney White**, sophomore **Morgan Smith** and **Jenna Wagner** get a high five from Coach Minnick.



Direct Effect - Before each game, the Lady Bearcats have a pre-game warmup. This includes stretching, a pep talk from Coach Reed, and a team prayer. Good luck ladies!

Ripley's Believe It Or Not - As the clock ticks away, senior **Katie Pittman** takes advantage of her chance to help out the team. She snoots, she scores! Two more points for the Bearcats!



Kayla Wells

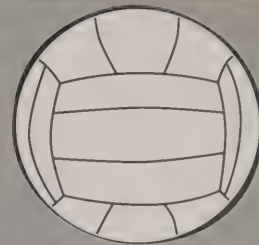


Brooke Shepard



Asst. Coach
Vanessa Fisher

Asst. Coach
Mike Minnick

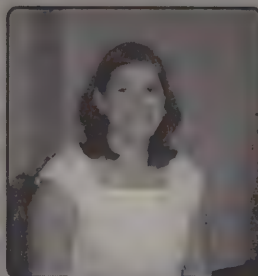


Virginia High Girls' Volleyball 2003

As the 2003 Volleyball season progresses, the VHS players prove their strengths. Coach Holly Rolan hopes to be a strong force throughout the season and dominate in the District Tournament. Armed with five returning seniors, the 2003 Varsity team has high hopes for the season. The Junior Varsity, equipped with four freshmen and five sophomores, also maintains high prospects for the team. Volleyball requires skill, hard work, discipline, and dedication, and the Virginia High Volleyball teams exemplify all of these.

DOWN

Coach Holly Rolan



"This year has been a learning experience for everyone. I truly believe we have improved, and I feel that the team has a bright future ahead. Hopefully the upcoming players from the eighth grade will be strong additions to our team."

Seniors



"I think we've improved tremendously this year. The eighth graders moving up should lead our team to victory next year. I'll really miss playing with all the girls." -Reashelle Morrow



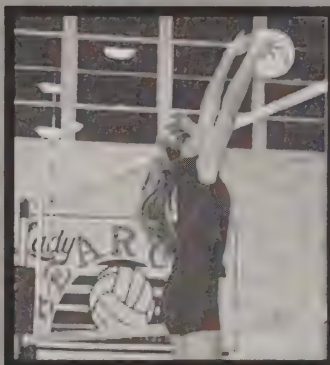
"At the beginning we had a few problems among the girls, but it was soon resolved. After things settled, there was immediate success. I just wish the success came sooner. Good luck to next year's squad! I'll miss all the younger girls, and I'll especially miss their talent." -Desha Scott



"I have enjoyed playing volleyball for VHS for four years. I hope that the girls coming up will help the program and enjoy it as much as I did." -Amanda Millif



Prepared- Anticipating the next position of the ball, freshman Jacquelyn Greiner decides which position is best to make contact with the ball. Anticipation is key in volleyball.



Over the top- After the attempt of the opposing team to play the ball back over the net, freshman Tonya Stallard leaps up and plays the ball back over the net to score a point.

2003 Varsity Volleyball



Back row left to right: Ashley Cannon, Kayla Wells, Desha Scott, and Tonya Stallard- Middle: Jacquelyn Greiner, Sasha Ball, and Amanda Millif- Front: Reashelle Morrow

Matches won

	Us	Them	
Richlands	1	2	L
John Battle	1	2	L
Tazewell	0	2	L
Lebanon	1	2	L
Lee	0	2	L
Marion	0	2	L
Abingdon	1	2	L
Honaker	1	2	L
Richlands	0	2	L
John Battle	1	2	L
Tazewell	0	2	L
Lebanon	2	2	W
Lee	0	2	L
Marion	1	2	L
Abingdon	1	2	L
Honaker	0	2	L



Serving style- In the process of serving, sophomore **Sasha Ball** leads the Lady Cats to another point that contributes to the defeat of the Girls' Varsity from Lebanon. Efficient serving technique is required for a good offense in volleyball.



Easy does it!- After carefully playing the ball to her teammates, senior **Amanda Millif** cautiously awaits the ball to be played back over the net. Being in the appropriate position and stunts are essential for success in volleyball.



I've got it!- While waiting for the ball played from the other team to drop, sophomore **Ashley Cannon** and senior **Desha Scott** assume the correct position and move to the correct location to receive the ball. Estimation is a very important skill required in volleyball.



Team work- After a pass by freshman **Kayla Wells** to her team mate, senior **Reashelle Morrow** prepares to receive the ball in order to play it back to the other team. Team work is the key concept in volleyball that not only wins games, but bonds the team together for optimum performance.

Jr. Varsity



Top row left to right: Jennifer Tucker, Brynna Duckett, Alma White, Stephanie Hall, Hannah Shankel- Bottom row: Amanda Millif, Kayla Thompson, Chelsea Bishop, Tiffany Necessary, Sarah Jones

	Matches won		
	Us	Them	
Richlands	1	2	L
John Battle	1	2	L
Tazewell	1	2	L
Marion	1	2	L
Lee	1	2	L
Lebanon	0	2	L
Abingdon	0	2	L
Honaker	1	2	L
Richlands	1	2	L
John Battle	0	2	L
Tazewell	0	2	L
Lebanon	1	2	L
Lee	0	2	L
Marion	1	2	L
Abingdon	0	2	L
Honaker	0	2	L



Huddle!- During a time out, the junior varsity squad huddles together to discuss problems and techniques needed to be utilized. Hearing advice and criticism from team mates is often very helpful in improving performance skills.

Line up!- Before the next play sophomore Jennifer Tucker, so and so and so and so line up to counter the opposing team's defense. Strategy and plays are sometimes deciding factors between wins and losses.



CC

Road Rules



Who's the Boss? These cross country members fought hard throughout the whole grueling race. Senior Amy Derr and Junior Brandon Pruitt have both been members of the cross country for three years. These runners are dedicated.



Cross Country-Virginia High School

Amy Derr: Senior

"Although this year's team wasn't as big or successful as I anticipated, I have enjoyed cross country the four years that I have run."

Dominik Nikastro: Senior

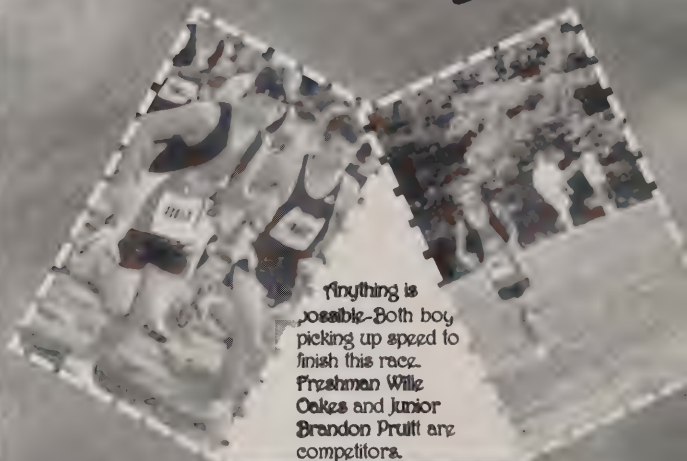
"Because of our continuous hard work and our new coach, this year proved very significant for me. Cross country was an enjoyable part of my four years at Virginia High School."

Brandon Pruitt: Junior

"What I've enjoyed most about cross country is the people we run with and the fun times we have together. Hopefully next year our team will expand and be more prosperous."

Willie Oakes: Freshman

"I hated being put down for being a member of the cross country team when in actuality it was a fun experience and one of the hardest sports I have ever competed in."

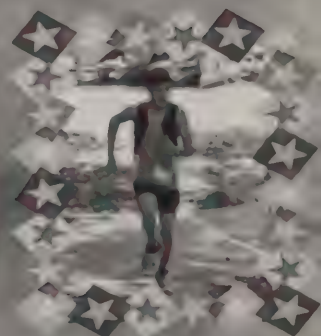


Anything is possible. Both boys picking up speed to finish this race. Freshmen Willie Oakes and Junior Brandon Pruitt are competitors.



Gone with the wind- While trying to take the lead, Senior Dominik Nikastro shows off his long distance endurance while tromping through mud.

Boys Meets 2 World- Running along the trails and roads of a cross country race, Freshman Willie Oakes experiences exhaustion for the first time.

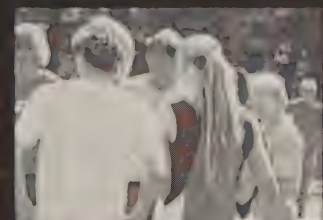




Forever Young-Living
up and getting ready
Senior Dominic
Nicastro shows poise.



Around the Track- These
are the long strides to
almost finishing the race.
Freshman Will Oakes is
learning this last stretch
all too well.



America's Funniest Home Videos-The cross country
team is small but powerful. The runners worked very
hard with their new coach and over all had a success-
ful season. Go Bearcats! Keep on truckin'!



"When you put yourself on the line in a race and
expose yourself to the unknown you learn
things
about yourself that are very exciting"
- Doris Brown Heritag©

"Stadiums are for
spectators. We runners have
nature and that is much
better."

Juha Vatinen, Finland

"I always loved running. It was something you
could do by yourself, and under your own
power. You could go in any direction, fast or
slow as you wanted, fighting the wind if you
felt like it, seeking out new sights just on the
strength of your feet and the courage of your
lungs." - Jesse Owens

"Running is the greatest
metaphor for life,
because you get out of it
what you put into it."

BAYWATCH

Swimming & Diving



Rookie School

Still learning the ropes? Maybe not for sophomore **Taylor Bracher** seen here taking a break between events with other teammates.



Old Friend: The End?

The senior swimmers are honored on senior night at Tennessee high. It proves to be a sentimental night for them reminding them of their last year together.



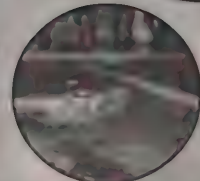
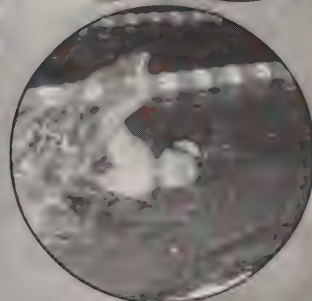
Hot Water

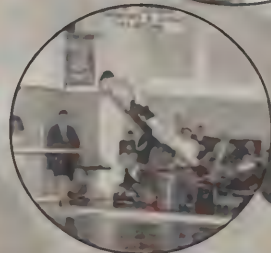
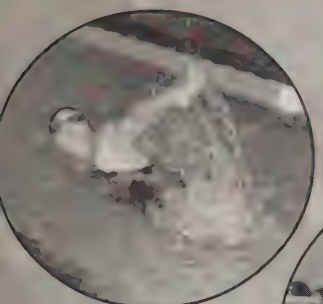
Swimming butterfly at an incredible pace, sophomore **Alicia Arnold** races to beat her opponents as well as the clock.



Someone to Baywatch over you

Coach Caldwell and the Team rally for a big meet against our longtime rivals the Vikings. Caldwell has always kept a good relationship with his swimmers and the team always has a fun time.





The Big Race

The event of the season has begun. Swimmers from all around the area partake here as they start the year starting with the blocks and beginning the strenuous race.

Shark Derby

In hopes to lead his team off to victory, senior Wyatt Fore dives right on in to begin his race. Wyatt has been on the team all four years of his being at Virginia High.



GLADIATOR

○○○○○○○

Wrestling

○○○○○○○○○

The Senior Wrestlers: Josh Booher, Tyrone Jackson, and Yi Chen.

Winner- Winning can feel so good. Senior Tyrone Jackson feels that way now because here he is shown being congratulated on his win.



Senior Reflections



Josh Booher

"Wrestling has been very hard, but it has all been worth it. Coach Cressel has encouraged me the whole way. This has been one of the best things I have ever done in high school."



Yi Chen

"I enjoy wrestling because it allows me to express myself in a different way than band does. In wrestling I can only depend on myself to win, but with other sports people can rely on each other to achieve victory. For this reason I think that wrestling is one of the best sports anyone can play."



Tyrone Jackson

"I like wrestling because I get to work really hard, and then be rewarded for it. Coach Cressel has been a great coach, and I thank him for working with me."

2003-2004 Wrestlers



From left, back row: Brian Rosenbalm, Jonathan Lampkins, Landon McMurray, Steven Witt, Travis Kudela, Kimmy Cheers, (not pictured John Millard). Middle Row: Stephen Hamrick, Josh Booher, Joey Curcio, Jason Krukowski, Kaleb Millican, Tyrone Jackson, Coach Cressel. Front Row: Yi Chen, Gang Chen, Brandon Castle, David Addison, Dustin Roberts.

“

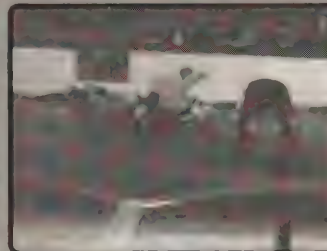
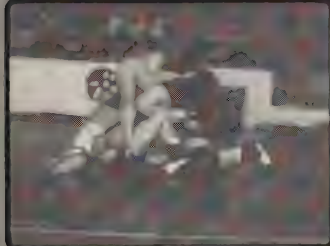
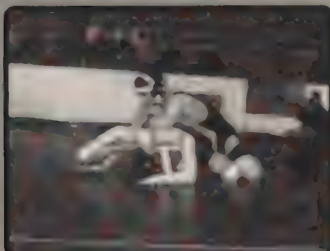
with only having three seniors on the team this year I feel that our record of 2-2 has shown tremendous effort and dedication to this sport. The seniors have represented themselves and this school with unparalleled commitment.

-Coach Ed Cressel



VHS 'CATS SCHEDULE

Dec. 12 - Titan Hidden Valley	Away
Dec. 13 - Invitational - Roanoke	Away
Dec. 19 - Christiansburg	Away
Dec. 20 - Christiansburg Tournament	Away
Jan. 03 - Jefferson County Duals	Away
Jan. 10 - GIT- Greenville TN.	Away
Jan. 17 - Knox Halls Invitational	Away
Jan. 22 - Abingdon	Away
Jan. 27 - Greenville Tri-Match	Home
Jan. 29 - Marion	Home
Feb. 03 - Elizabethton, Richlands	Home
Feb. 07 - Bearcat Duals	Home
Feb. 19 - Highlands Tournament	Away
Feb. 27 - Region IV Tournament	Away

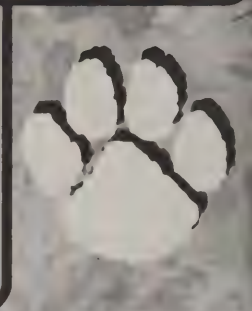


Head to head- Starting the match is a critical in a wrestling match. Here senior Josh Booher gets ready for another victory.



All tied up- Wrestling moves can get you in some pretty tight situations. Here a Virginia High wrestler shows his opponent how tight it really can get.





A Thought From Our Seniors



Brittany Leigh Sourbeer

"I am happy to have been a part of cheerleading during my years in high school. I have made a lifelong friendship with all my teammates that will last forever. We have come a long way, and I will be onto the best of luck competing next year. Thanks to the help of Mrs. McClanahan, we have improved tremendously."

Cheerleading was one of the most exciting and rewarding experiences I have had throughout my years at MHS. I have made most of my best friends on this squad. I feel that we have improved immensely this year, and we owe it all to our hard work and Mrs. McClanahan. I will never forget this year and how much fun I have had with these girls.



Morgan Ashley Sharp

"I am so glad that I got to cheer this year with all of the girls and Mrs. McClanahan. This cheerleading squad has improved very much, and I am glad that I could be a part of it. I hope the girls keep getting better each year and beat the others in their next competition."



Anna Catherine Stringer

Bold and the Beautiful - All cheer camp. All decides to take a rebellious streak after a hard day of working out. Friends behind the air - jump into the swimming pool with their clothes on. With memories are there made when time is spent with your best friends.

Camp Jim



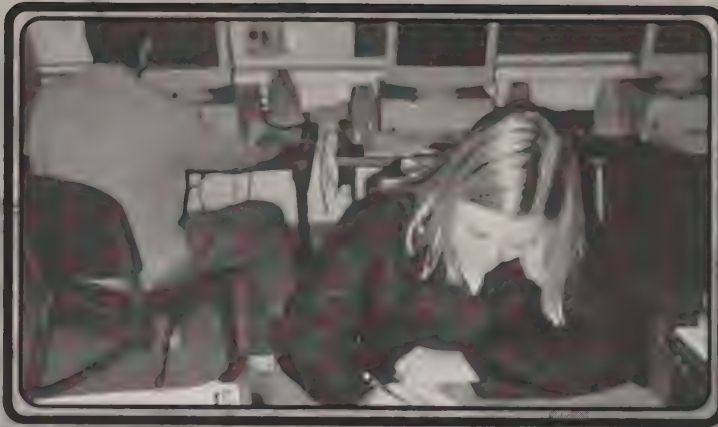
Competition Corner

Wicked Temptations - After a dominating the football field, the VHS cheerleaders Whitney Rosenbaum and Lauren McVey go out at El Paso with the rest of the varsity squad. It is always fun to go have a night out with all the girls.

Family Matters - With tears in their eyes, all of the past cheerleaders get together for the last picture with their old coach Donna Hales. Even though she is not under the same cheerleader as they are, she is still a part of them for their girls.



Winning Walk - After attending their trip in Blacksburg, the varsity squad will away with overall 1st place and the top team award. When the VHS cheerleaders get the chance to show their spirit, they always walk away with the gold.





American Dreams

To Be Announced- Practice makes perfect when Senior **Danna Hill** rehearses her act for Drama Class. Drama students at Virginia High are often highly motivated by the fun and great experience they have in preparation for becoming the best actors and actresses.

One 7th of your life will be spent on Mondays.

Who's the Boss?- Master Chemist Senior **Joe Shaw** works out AP Chemistry problems in Mrs. Orr's class. AP Chemistry is a challenge for those who choose this class, but is also a confident step for their future education.

Meet the Press- With so much work involved in Mr. Mitchell's class, Juniors **Robbie Harris, Travis Kelsey, and Micheal Wells** show us their best smile. History is a great way to build on one's knowledge of the world

Triumph is "umph" added to try.

Golden Girls- Taking vigorous notes in Mrs. Baumgardeners class, Seniors **Amy Derr, Bretta Mornings, Heather Surber, Sarah Fleenor, and Hanna Milter** try to stay on top of their school work. Determination is the key to Virginia High's top students.

It's Good to Be... Band Members such as Sophomore's **Heather Fleenor** and **Margaret Pulglisi** practice for the marching season during the chilly fall. "Marching season is great because it's a combination of beautiful sounds with artsy and creative visuals. I wouldn't miss it for the world.- **Heather Fleenor.**

Life between Summers

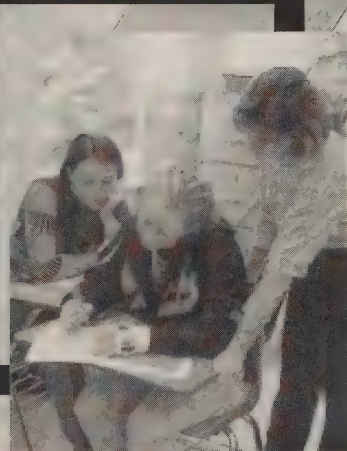
I have been in the world for a long time. And yet I am the beginner of all the new and beautiful things that are in the world. What next?

Smart Guy-AP
Chemistry proves to be a tremendous challenge right before exams, even for Senior Barry Hall and Junior Eric Moffat. Virginia High School's AP courses are well worth the effort to understand many concepts of science.



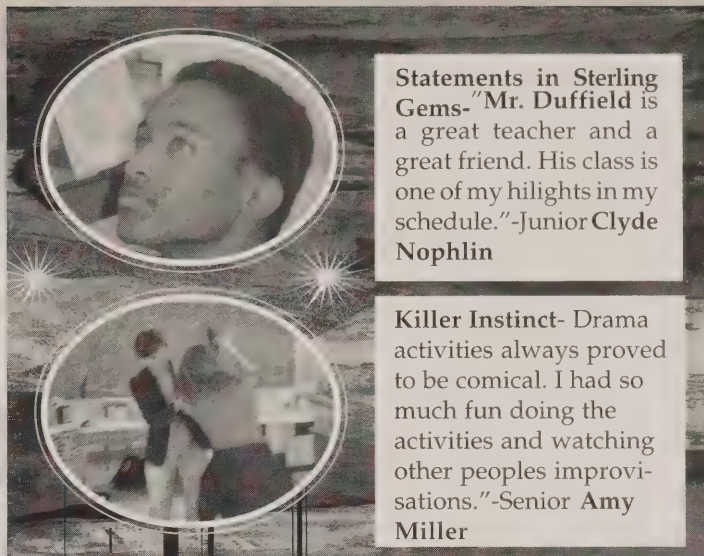
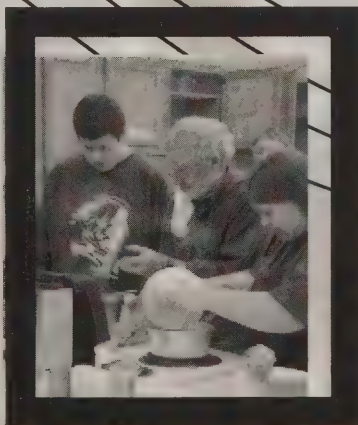
The BEST school in town

Three's Company- In sports marketing class, Senior Courtney White and Junior Brandi Shaffer are aided by Mrs. Dean in a Fantasy Football project. Many teachers at Virginia High School are hopeful and dedicated to improving their student's education in any field they are interested in.



It's All Relative- Finishing up on the day's math assignment, Junior Kevin Hubbard gladly takes a break to smile for the camera. Virginia High has many math courses from Math Methods or Tiginometry, to Algebra and Geometry.

Express Yourself



Statements in Sterling Gems- "Mr. Duffield is a great teacher and a great friend. His class is one of my hilights in my schedule."-Junior Clyde Nophlin

Killer Instinct- Drama activities always proved to be comical. I had so much fun doing the activities and watching other peoples improvisations."-Senior Amy Miller

You either have to be first, best, or different.

word has it

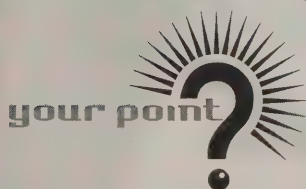
How's That Work? Busy pondering on English topics, Sophmores Aaron Gorley and Calen Dishman dish out information from their intelligent minds. Learning English concepts fully aids students in social situations.

According to my calculations, the problem doesn't exist!

Accept the CHALLENGE

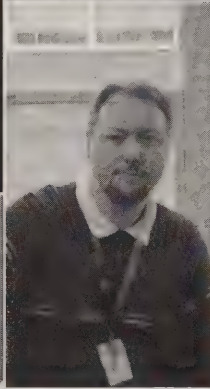
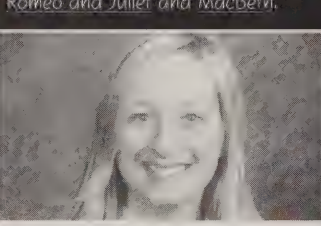
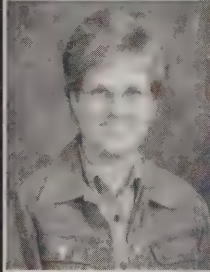
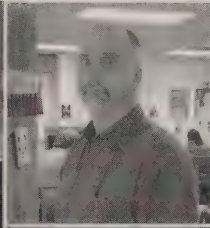
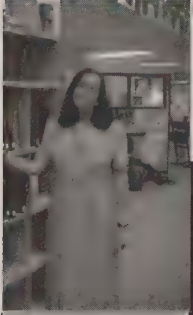


Most Extreme Elimination Chal-enge- In Fashion Marketing Seniors Nikki Swiney and Bretta Mornings get advice from their teacher Sharon Acuff on which outfit looks the best. Fashion Marketing can be useful to just about anyone interested in style and popular culture.



Cooking with Master Chefs- Fixing up something good in Mr. Taylor's class, Freshmans Rikki Leonard and Tonye Gobble learn the secrets behind what makes a real chef. Culinary Arts is an excelent class to develop one's homemaking skills.

The Weakest Link



Q & A : Mrs. Blankenship

1. How long have you been teaching? - 17 years
2. How has your career changed since you started teaching? - Well, when I first started teaching, I taught mostly Latin, and now I teach mostly English.
3. What do you think about teaching both English and Latin? - I enjoy teaching both languages. When teaching vocabulary in English class, I get to share some of my Latin knowledge with students who do not take Latin.
4. What grades do you teach? - 9, 10, and 12.
5. What is your favorite part of English? - I really like it when my students study dramas such as Romeo and Juliet and MacBeth.



Any Day Now!
Waiting on instruction from Mrs. Blankenship are Freshmen, Jordan Fritts and Peter Laumen. Students must always make sure they follow all instructions!



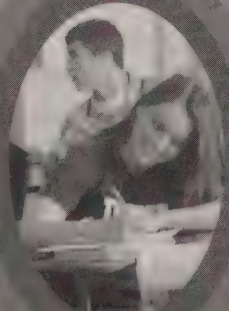
Hollywood Squares- Preparing hard for the upcoming test is Mr. Hutchinson's 11th grade English class. Students learn the needed material in english so they can use them in their future classes.



Whose Line is it Anyways?— In the 11th grade Honors Class taught by Mr. Hutchinson, Juniors David Combs, Eric Moffatt, and Sam Cooper act out scenes from *The Grapes of Wrath*. Learning how to act out major plays helps one communicate better.

The Basic Element

English is the tool that holds all
basic comprehension together.



Happy Days Winning
— really, for on his be-
half, Santa Anita's Happy
anxiously watches the
book. After three days,
Hedberg can't find a y
thing in it.



1992 Edition: Check for updates to the 1992 edition of the book. The 1992 edition of the book is available for purchase at a special price of \$19.95. The book is available for purchase at a special price of \$19.95. The book is available for purchase at a special price of \$19.95.



*My favorite novel is **Neverwhere** by Neil Gaimer. Neil Gaimer has written a lot of great book and comics. This novel is one of the best!*

-Sarah Emory



*My Favorite book is **Remember When** by Nora Roberts. It is a good book, and is extremely interesting.*

- Jean Bradley



*My favorite book is **Same Stuff as Stars**. I like the book because the main idea was based on a true story, which made me understand how hard some people have it.*

-Adriana Ontaneda

What is your favorite novel?



Whats Going On?~ In a daze, Seniors Katie Pittman and Natalie Wilson look over a difficult assignment. English classes can aid students in their reading comprehension skills that are important to life-long learning experiences.





Twilight Zone - While sitting in Coach Todt's ecology class, seniors **Trent McVey** and **Sarah Fleenor** work on activities from their text books. Book work is something every student could live without.

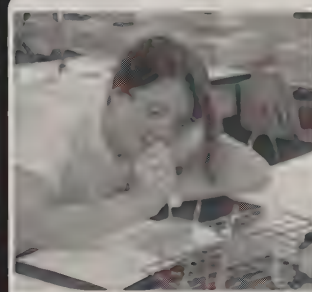


Cheers - Taking a break from working hard, junior **Chetwyn Pete** and senior **Bretta Mornings** share a laugh as they smile for the camera. Joking around is a good way to relieve stress during the day.



Masterminds - Lab partners, senior **Matt Grimm** and junior **Logan Rayburn** clean up after an activity in ecology. A good lab partner is crucial to getting a good grade.

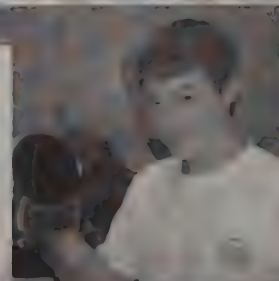
Dexter's Laboratory



Fear Factor - Before digging into a type of dirt, seniors **Hunter Meade** and **Rea'shelle Morrow** examine the contents of a tub. Students will often be surprised at what they find when doing science labs.



Smart Guy - Working on a lab project, senior **Ryan Callanan** uses a scale. In science, scales are often used to measure amounts of substances.

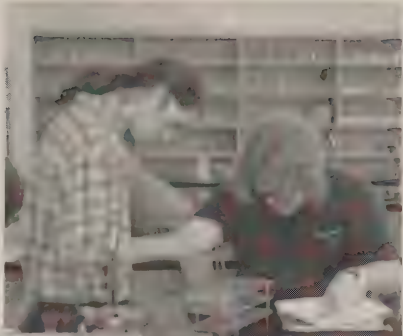


Bill Nye the Science Guy - Concentrating hard, sophomore **Cory Steele** takes a test. Tests are often the hardest part of any class.

Jimmy Neutron - While working in ecology, senior **Chris Frazier** takes a moment to sit back and relax. Taking time out from your day to laugh with your friends is a great way to make the day go by faster.



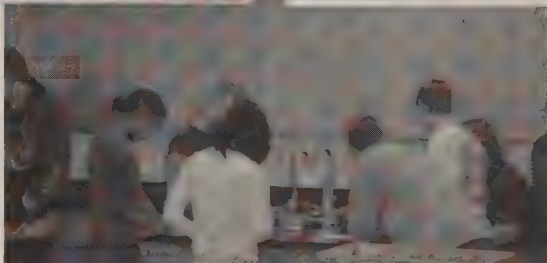
X-Files - While adding contents to a test tube, seniors **Joe Shaw** and **Barry Hall** perform an experiment in Mrs. Orr's Chemistry II class. Chemistry experiments are often a favorite among students.



As Time Goes By - Trying to finish a test, senior **Leslie Sullins** takes a chemistry test in Mrs. Orr's class. Most students agree the Mrs. Orr's tests are not exactly easy.



Moment of Truth - sophomore **Katherine Bowers** anticipates Mrs. Kirstofek's biology test. Tests are a great way to show if students have really studied or not.



Mystery Science Theater - Taking part in a lab, Coach **Adam's** ecology class cleans up after they performed their experiments. Cleaning up after a lab is something every student dreads.



Guiding Light - Taking break from teaching, Coach **Adams** takes a moment to smile. After a full day of teaching anyone would need a break.



C.S.I. - Examining a solution, senior **Julie Ward** discovers what she is trying to solve. Labs are a good change from regular school work.



So Little Time - Trying to work out an equation, junior **Kelly Maples** takes a chemistry test. Taking tests is something almost every student dreads.

Personality Profile

As told by Myra Orr...

How long have you been teaching Chemistry?

-18 years

What is it about science that you love so much?

-The process, the questioning, the way it makes you think.

What do you find to be the hardest thing about teaching?

-Trying to motivate students who don't care whether they learn anything or not.

What challenges do students seem to face every year?

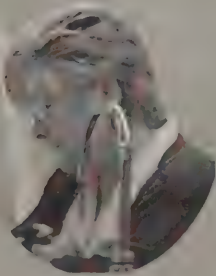
-Peer pressure, societal pressures, the "dumbing down" in fluence of the media!

How has your curriculum changed over the years?

-I use more technology than 18 years ago.

What is your favorite activity that you teach each year?

-Making ice cream to celebrate being finished!



Science has the sparks to ignite knowledge

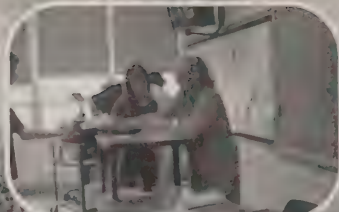


"The aim of science is not to open the door to infinite wisdom, but to set a limit to infinite error."

-Bertolt Brecht

Two of a Kind- During math class, Mrs. Drodzowski helps her students on a difficult math problem. Teachers at Virginia High are always willing to help.

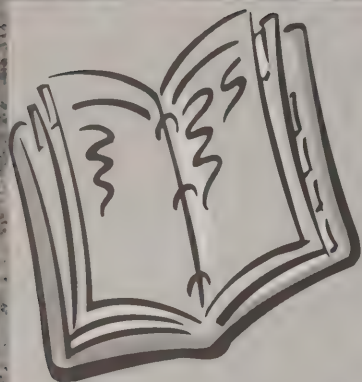
Investigative Reports- Doing make-up work, sophomores Dennis Brewer and Josh Sagle, work on six-weeks reports.



Hour of Power- After a long day of school, Mrs. Young collects her students' tests. Tests are very important to the academic curriculum.

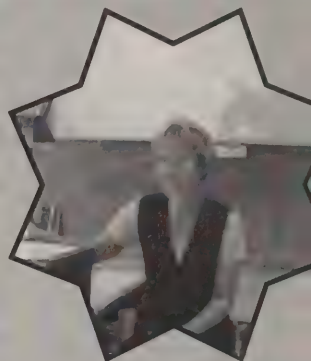
Who's the Boss- During math class, Mr. Osborne lectures the class on recent notes. It is important for students to stay on top of their assignments.

Issues and Answers- At the beginning of each class Mrs. Melkowsky answers questions on the night before homework. It is important to review home work before going over notes.



Seinfeld- Taking a break from class, sophomore Karissa Skeens heads for the water fountain to get a refreshing drink of water. It is important for students to get lots of water during the strenuous hours of school.

Chalkzone- Taking a break from teaching class, Mrs. Melkowsky smiles for the camera. It is important for each teacher to have a sense of humor.



Big Thinkers

Dharma and Greg- During math class, senior Chandra Dickenson listens intently to the days notes. Students take all of their subjects seriously.

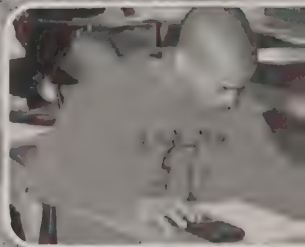
Off the Wall- During class, sophomore Ricky Martin and freshman Phillip Jordan work together on a group project. Math teachers use group assignments to help.

Problem Solvers- Working on her homework, Constance Whitner finishes the last problem before the bell.



Friends- After a long math class, sophomores Nichole Treadway and Lacey Smith discuss plans for the weekend. Many students converse after their studies are over.

Street Smarts- While working on a test, junior Tyson Beckford uses the calculator to help him with a problem. Calculators are used by both teachers and students on assignments.



Perfect Match- Helping a student with a problem, Mr. Osborne teaches the fundamentals of that lesson. Teachers often review with students individually for extra help.

Three's Company- During the math class, seniors Wyatt Fore, Chen, and Geri Goodpasture excel their way through the homework. During class, studious habits are a virtue.



Personal Profile

What levels of math do you teach?

Algebra II, Geometry, and Integrated Geometry.

Why does math require extensive tutoring?

Students need practice; they may know the material, but there is so much room to make errors.

What strategies do you use to motivate your students?

Food and try to instill a desire to learn.

How do you feel your students did on last year's SOL?

Fantastic.

How long have you been teaching?

Twenty-three years.

What is your favorite level of math?

Geometry.

Which level of math is the hardest in your opinion?

Algebra I A

Explain your grading system?

Tests are worth a 100, quizzes are 20, and homework is five. After all the points have been added you divide points earned by the total number of points.



As Time Goes By-Working on her homework, junior **Clarinda Anderson** doesn't even stop to breathe. Students at Virginia High take academics very seriously.

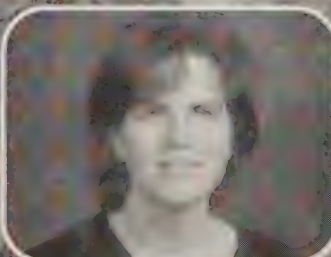
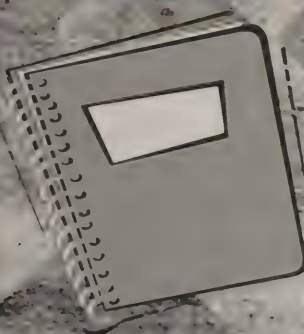
A-Team-Paying attention in class, freshman **Katy Sharp** knows that she will soon get her A. Students work hard to achieve their good grades.

Smart Guy-Taking a break from his work, sophomore **Chris Wilson** smiles for the camera. Even during the strenuous hours of school students still have a sense of humor.



Just Shoot Me-Waiting for the bell to ring, freshman **Preston Smith** looks frantically at the clock. Students often long for the day to be over.

Feed the Children- Mrs. Cochran teaches Integrated Geometry, Algebra II, Geometry.



Morning Edition- Mrs. McIlwain teaches Integrated Algebra and Geometry, Geometry, Algebra I A.

Cable in the Classroom- Mrs. Dziadosz teaches Algebra I, Algebra II.

Head of the class- Mrs. Young teaches Algebra I A, Computer Math, Math Methods, Calculus.

Drew Carry- Mr. Osbourne teaches Geometry A I and II, Integrated Algebra I.



Next Generation

Preparing for the next era in their lives....



Grease is the Word - During their middle school grades seniors Breতা Morenings and Hannah Miltier attempt to portray Danny and Sandy from the musical *Grease*. The annual talent show was a highly anticipated event by many.

Mr. Bill - In between classes the janitor, referred to as Mr. Bill, tries to clean areas that students have messed up. The cleaning staff keeps the halls and classrooms clean that help further the learning process.



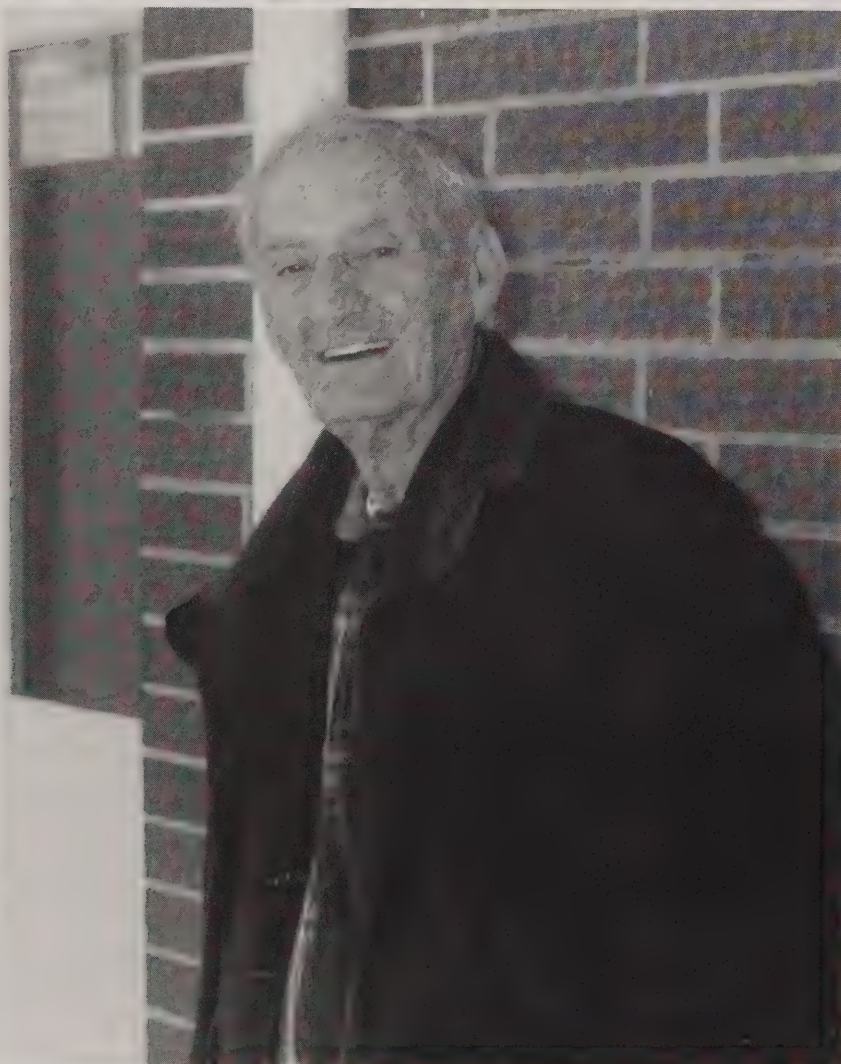
Daily Workout - As they await their final race freshmen Tanya Stallard and seniors Dominic Nicastro and Amy Derr stretch their muscles. Preparation for a race is integral to a strong win.

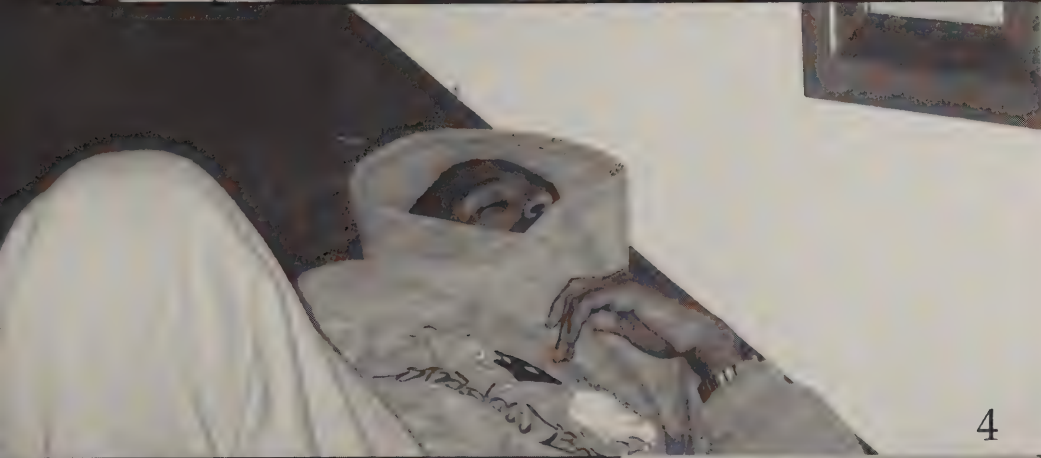


Brain Power - In a early mornign rehearsal members of the stage crew try to wake up and prepare for the long day. Many hours were spent designing, creating and directing the musical *West Side Story*.



Third Watch - Trying to retrieve an important file freshmen Amanda Slage and Georgia Fields search through documents on the hard drive. CIS classes teach students the fundamentals of creating, sorting and finding files.





Scare Tactics - During a weekend rest senior Nikki Swiney attempts to frighten her friends.



Standing Still - Finally getting a break from instructor these teachers explore learning options in the library.

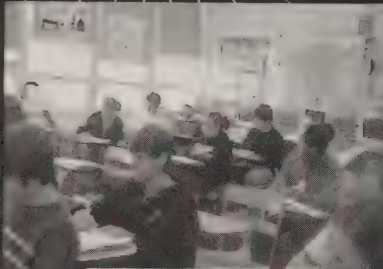


Summer Rental - At a vacation getaway juniors Sara McVey and Whitney Rosenbalm look at recent pictures and remember unforgettable moments.

1 - Danna Hill, Amy Duncan, Courtney Wright 2 - Pam Neal, Brad Hutchinson 3 Ashley Jones, Willie Oakes, Maggie Wingard 4 -Clyde Nophlin 5 - Maggie Wingard, Amanda Dannhardt, Brittany Sourbeer 6 - Amy Miller, Meredith Cooper

World Tour

Personality Profile - Mrs. Johnson



1. How long have you been teaching foreign language?

I've been teaching about 20 years.

2. Why do you think that so many student have choosen to take spanish?

It's the most practical given the location of the United States.

3. Why do you think there is such a decrease in the latin program?

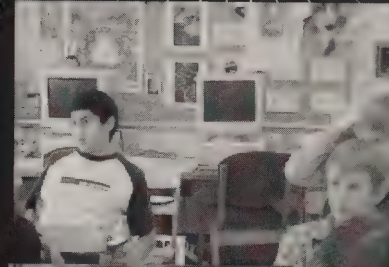
Students enjoy conversing in a different language.

4. What other languages would you like to see offered at VHS?

German and Italian

5. Do you find it easy to understand a language when you travel to a different country? yes, and it gets easier the longer your there.

6. How did you learn how to speak different languages? I lived in France and went to a French school and took all subjects in French. Then high school, college and graduate school.

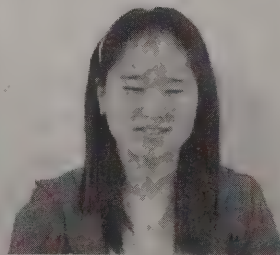


What is the biggest difference between your school and ours?



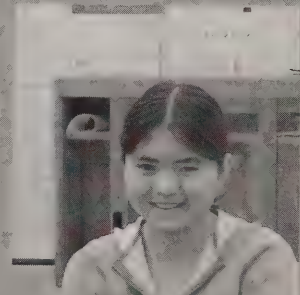
"In Hong Kong we get an hour and fifteen minutes for lunch and we get to leave school."

Cindy Kwong



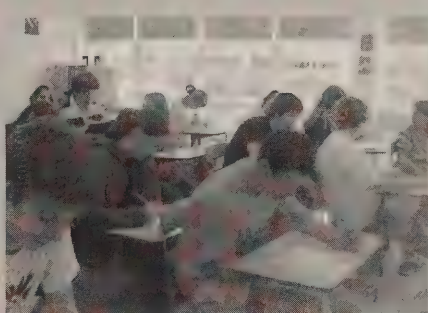
"In South Korea we have to go to school all year, and our semester's start in the spring."

Mo-ah Son

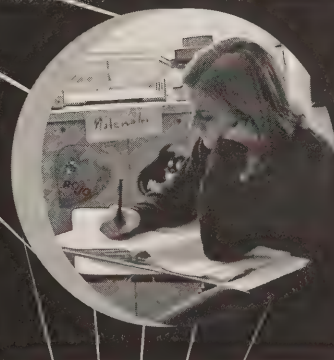


"In Hong Kong we are given certain subjects that we have to take. Here we get to take fun classes."

Hong Nghiem



As Time Goes By- Paying close attention to her French IV teacher Mrs. Garner, **Senior Amy Derr**, takes in what her teacher has to say. Taking French is a good idea if you plan on traveling to a different country.



Closer Look -While sitting in her French V class, **senior Devin Williams**, tries to concentrate on what Mrs. Garner has to say. French is becoming one of the universal languages.



Focus- Concentrating hard in Mrs. Garner's class, **Junior Corrine Moore** focuses on her homework. Homework is a critical part of French class.

Nuestro Mundo-

During Mrs. Johnson's spanish Vclass, **Seniors Dana Hill and Jill Stewert** take a short break. Spanish is quickly becoming the second most common language in America.

Still Standing- Getting involved in her work, **Freshmen Paige Dorton** gains the social experience to understand the language. Learning spanish is a good idea cosidering the uprise of the spanish language.

El ojo criticale- While sitting in her Spanish II class, **Gabby Camper** completes her homework for the next day. Although school work is important, a large part of a students work is done at home.

Head of The Class- While sitting in Mrs. Johnson's spanish class, **freshmen Craig Lewis** reviews for his assesment test. Taking a foriegn language is a good way to increase your communica-tion skills.



American Dreamer - In Art II, junior Stephanie Campbell is given a lot of creative freedom. Here she works on a car painting in her own pace.



8 Simple Rules - Discussing their opinions, Mrs. Simmons shares her knowledge with senior Amy Miller. As the instructor of the course, Mr. Simmons teaches and advises students on both a group and an individual basis.



Still Standing - Here sophomore Conrad Hess and junior Kaleb Millican work diligently on their paintings. Time and patience are key to being a successful student or artist.



The Outer Limits - Expressing his unique side, junior Joey Curcio paints carefully. Creativity is one of the most valued traits of any artist and is highly encouraged.



A Different World - One brushstroke at a time, sophomore Nichole Treadway watches as her abstract painting comes to life. Students in art class work on a variety of different projects throughout the year.



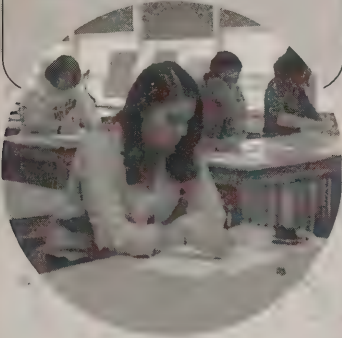
Designing Woman - Colored pencil in hand, senior Laura Leppert adds vibrant color to her drawing. Many exercises the students perform are designed to teach them techniques such as color and shading.



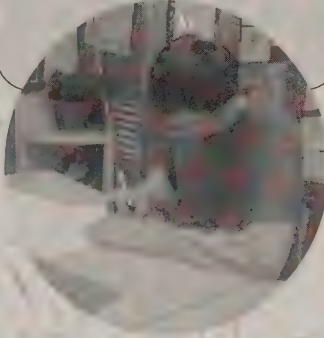
Keeping Up Appearances - Attempting to keep things in line, sophomore Sterlin Hammond cautiously traces an outline. Contour and line drawings are an important part of art, as is general drawing design.

Time of Your Life - At the end of class, junior Larissa Via reflects happily upon her work as it nears completion. Many students find art rewarding and the class atmosphere pleasant and enjoyable.

Work With Me - Concentrating hard on the task at hand, junior **Ashley Jones** practices contour drawing in her Art I class. Students must learn many essential techniques before applying them to their own art.



All About the Art - Head down and pencil held tight, junior **David Blanton** strives to complete a piece. Being able to produce high-quality work at a fast pace is a valuable lesson from exercises such as these.



Trading Spaces



"I believe art can truly enrich your life. It lets you appreciate the beauty of the world – both man-made and natural. Art is simply invaluable. It, of course, can also prove to be fun and a creative outlet. The projects depicted in *Trading Spaces* seem to me very fun and imaginative – to think of all the possibilities. Art class is definitely related. I give the students an assignment, much like the contestants are given a house in the show, and some basic boundaries. From there, the students – or contestants – are creative and design to their own desires. That's what I love about teaching art. The basic assignment may stay the same but the end result is always unique to the creator."

- Mrs. Simmons

Diff'rent Strokes - While sorting for materials to use, senior **Amy Duncan** and sophomore **Conrad Hess** brainstorm for ideas. Being able to plan ahead helps to ensure the success of a project.



Absolutely Fabulous - Proud of her work, senior **Amy Miller** holds up an impressive colored pencil piece. Students who excel in their assignments are recognized for their achievements.



Mrs. Simmons is a very interesting person and she's taught me many things about art. Because of her, I truly see the world from a different perspective.

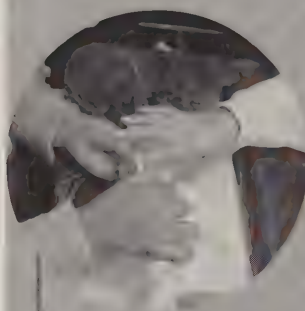
- Senior Meredith Cooper

Art class is enjoyable because we do many introspective pieces. I think this is a valuable learning experience for my fellow students

- Junior Amanda Miller

The Makeover Story

Cosmetology II is a three-period course in which students advance their study of the theory and practice of the manipulative skills required for licensure. The course reinforces the competencies taught in Cosmetology I and II with emphasis on anatomy and physiology, advanced hair design techniques and salon management in preparation for state licensure.



"The addition of the Nail Tech program seems to be very successful. The program allows the student to receive certification in one year to work as a nail tech."

-Mrs Phelps



"This job opportunity involves manicures, various nail enhancements, and techniques of skin care on the hands and feet."

-Mrs. Phelps



Extreme Make-over-In order to perfect their cutting styles, students diligently work on mannequin heads. In cosmetology students work on real life situations.



The Girls' Room - Creating their hairstyles these students line up in front of the mirrors in order to see their customer from every angle. Students have their own individual cubbies that allow them to keep their supplies organized.



Without a Trace - Before attempting to design another creative hairstyle, sophomore **Jasmine Bernard** washes and prepares the wig for her latest project. Students often practice on wigs before they are given a chance to cut and style a customer.



**A cut
above
the
rest**

Cosmetology

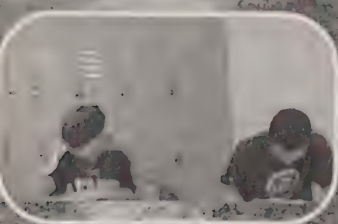
Direct Effect - After prepping her relaxation lotion, sophomore **Toni Montgomery** applies it to her mannequin. Preparing pernicides is an essential to the beauticians normal regime.



Two of a Kind- During Math class, Mrs. Drodzowski helps her students on a difficult math problem. Teachers at Virginia High are always willing to help.

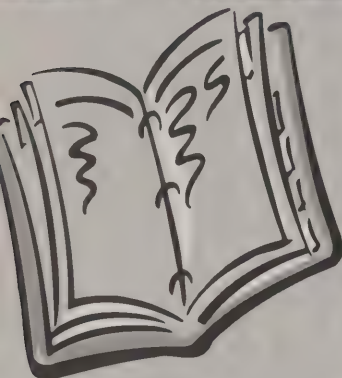


Investigative Reports- Doing make up worth, Sophomores Dennis Brewer and Josh Sagle, work on six-weeks reports. Six-weeks reports are a new way students work on their math.



Who's the Boss- During Math class Mr. Osbourne lectures the class on recent notes. It is important for students to stay on top of their assignments.

Issues and Answers- At the begin of each class Mrs. Melkowski answers questions on the night before's homework. It is important to review home work before going over new notes.



Seinfeld- Taking a break from class, Sophomore Karissa Skeens heads for the water fountain to get a refreshing drink of water. It is important for students to get lots of water during the strenuous hours of school.

Big Thinkers

Dharma and Greg- During Math class, Senior Chandra Dickenson listens intently to the days notes. Students at Virginia High take all of their subjects seriously.



What Were You Thinking- Digging through his bookbag, Sophomore Brett Sharp looks frantically for his homework. Organization is a key factor in success.

Off the Wall- During class, Sophomore Ricky Martin and Freshman Phillip Jordan work together on a group project.



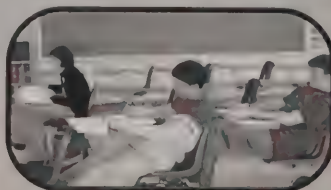
Street Smarts- While working on a test, Junior Tyson Beckford uses the calculator to help him with a problem. Calculators are used by both teachers and students on assignments.



Problem Solvers- Working on her homework, Constance Whitner finishes the last problem before the bell. Students often try to finish their homework before the bell.

Saved by the Bell- Finishing a test a student rushes through the last problem to finish. It is important to finish tests before the bell.

Modern Marvels- During class, Sophomore Sterlin Hammon works on his homework while he waits for the bell. Most students long for the bell during class.



Three's Company- During their Math class, Seniors Wyatt Fore, Yi Chen, and Geri Goodpasture excel their way through the homework. During class studios habits are a virtue.



As Time Goes By-Working on her homework, Junior Clarinda Anderson doesn't even stop to breathe. Students at Virginia High take academics very seriously.

A-Team-Paying attention in class, Freshman Katie Sharp knows that she will soon get her A. Students work hard to achieve their good grades.

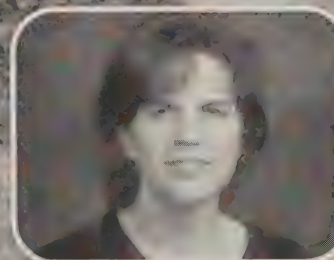
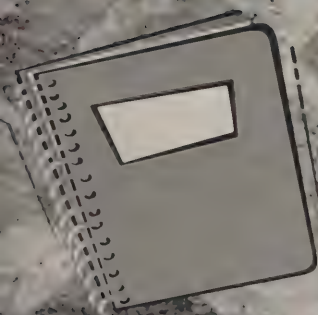
Smart Guy-Taking a break from his work, Sophomore Chris Wilson smiles for the camera. Even during the strenuous hours of school students still have a sense of humor.

Now You're Cooking-Mezmozorized by the problems on his test, Freshman Zack Harris can't take his eyes off of it. Tests are often long and hard, but nothing a Virginia High student can't handle.



Just Shoot Me-Waiting for the bell to ring, Freshman Preston Smith looks frantically at the clock. Students often long for the day to be over.

Ask the Children-Mrs. Galloway teaches: Geometry, Algebra I, Geometry II, Geometry III.



Morning Edition-Mrs. Melkowsky teaches: Integrated Algebra and Geometry, Geometry, Algebra I & II.

Cable to the Classroom-Mrs. Brzezinski teaches: Algebra I, Algebra II.

Head of the class-Mrs. Young teaches: Algebra I & II, Computer Math, Math Methods, Calculus.

Drew Carey-Mr. Osbourne teaches: Geometry A I and II, Integrated Algebra I.



AMERICAN IDOL

Q: How long have you been teaching and what inspired you to teach Choir?

A: "Seven and a half years, and my love for music and desire to share that with others is what inspired me to teach this class."

Q: Why do you think students should participate in choir?

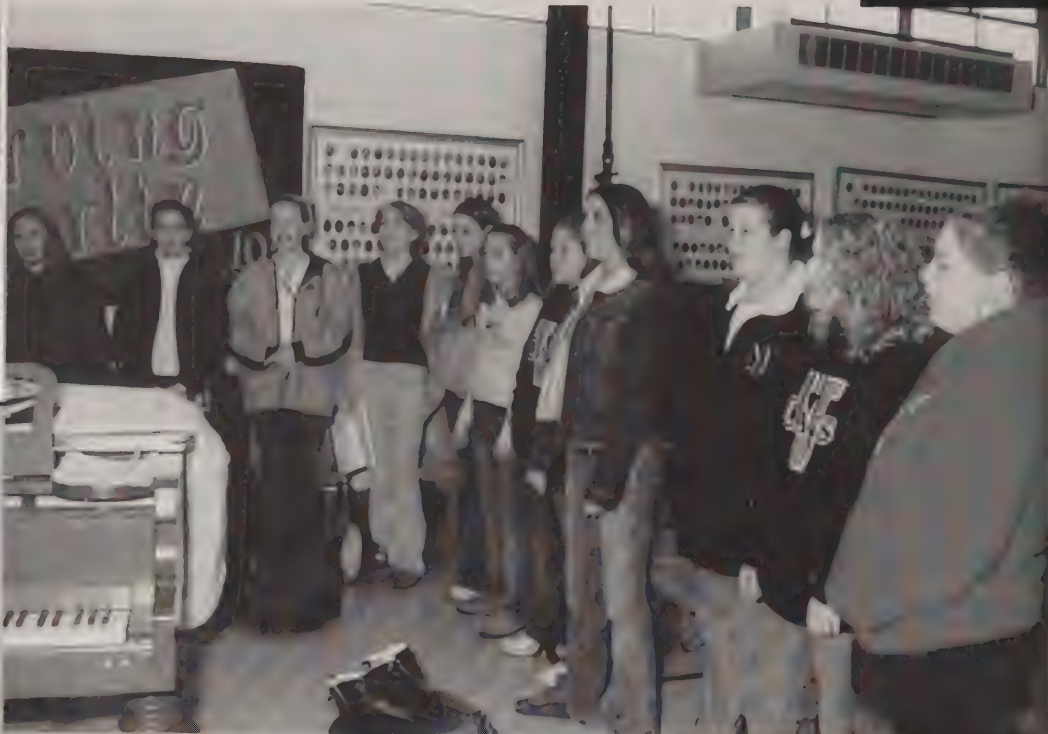
A: "I think it builds self confidence, and expands their knowledge of performing arts."

Q: How do you choose students for chorale?

A: "Choosing students is based upon their ability as a musician and vocal quality."

Q: What are some of the student's favorite songs?

A: "O Happy Day, He Never Failed Me Yet, and Carol of the Bells."



Rugrats- Girls now why aren't you with the class singing like a bird. Taking a time outsophomore **Brandy Barb**, and freshmen **Brooke Sourbeer**, and **Heather Scragg** break a smile.



Real Life 101- Do you really think you could play the piano like **Mr. Coffman**? Sitting on the hot seat freshmen **Jessica Lewis**, **Jordan Fritz**, and **Alma White** chill after a hard couple weeks of practice for their Christmas concert.



Sorority Life- Belting out their most beautiful sound altos give **Mr. Coffman** the rehearsal of a lifetime. The altos are also in the second period and say "we enjoy being with the sopranos even though we make the better sound."

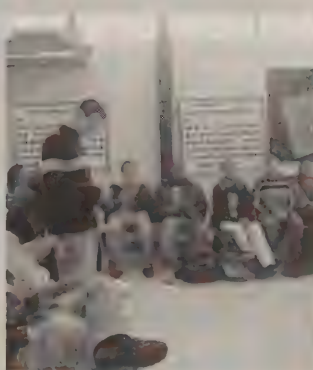
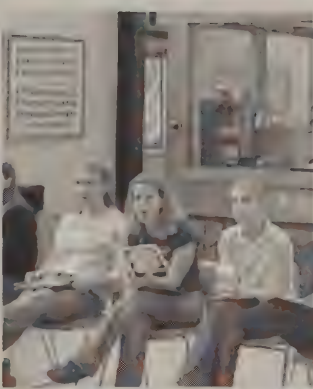


Happy Days- Helping the sopranos **Mr. Coffman** gets them to hit the high notes. This second period chorus is an all girl class with the sopranos and altos all in one.

Who Is Your American Idol??

Red Auerbach

Music washes away
the soul the dust
everyday life



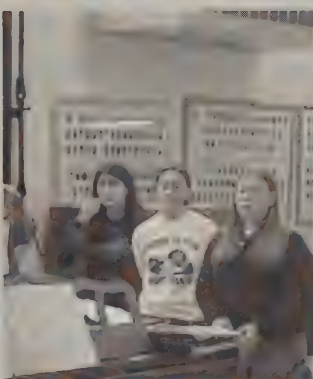
James Brown

I've outdone any
can name — Moz

ethoven, Bach, Str
ing Berlin, he won
11 times. I wrote 5

Music is well sai
be the speech of
angels in fact

nothing among the
stances allowed
man is felt to be

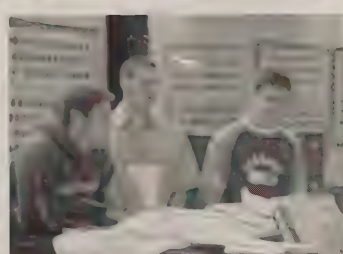


Making the Band- Practicing a
number for their upcoming concert
fourth periods juniors
Mitch Morrow, Dustin Roberts,
and Kaleb Millican try
not to mess up.

"I think that choir builds self confidence, and it expands their
knowledge of performing arts,"
says Mr. Coffman



Teachers Pet- Mr. Coffman leads
the choir through their music.



Three Stooges- Memorizing
lyrics Mitch Morrow, Dustin
Roberts, and Kaleb Millican,
go through their music one
last time before the concert.



The Price Is Right



Personality Profile



1. How many years have you been teaching? "This is my 8th year teaching Marketing."
2. What inspired you to become a teacher? "I decided to become a teacher to touch lives and make a positive difference. I wasn't able to do that in the corporate world."
3. What kind of strategies do you teach in Marketing? "Students learn about promotion, advertising, pricing, economics, financing, purchasing, product development, marketing research, just to name a few."
4. Why should students take a marketing course? "Marketing is used in every business. Whether you want to own your own business or if you are marketing yourself for a job, this is the class for you. This course teaches you to market products, market yourself, and become an educated consumer."
5. What is your favorite thing about teaching marketing? "I love to teach marketing because it is exciting and can be applied to everyday situations with ease. Students see the connections and are able to use the information instantly."

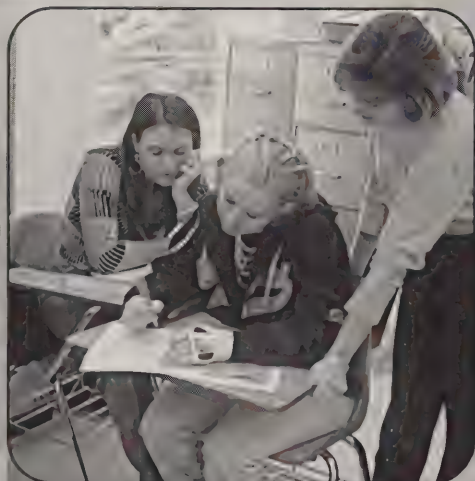


Personality
Profile - featuring
Lisa Dean

Candid Photos
of the Cat Den

(Cat Den Inc.)

Designing Women-Working hard to finish just before the bell, seniors Chandra Grubb, Sara Barnhill, and TD Hunt add their finishing touches to their project.



Designer's Challenge-Trying to help senior Courtney White and junior Brandi Shaffer, Mrs. Dean gives them some of her expert advice.

8 Simple Rules-Pretending like they are actually working, senior Trent McVey and junior Tyler Barb cut up during class.



Smart Guy-Searching for lots of information, senior Kevin Wingard works hard to make his paper perfect.

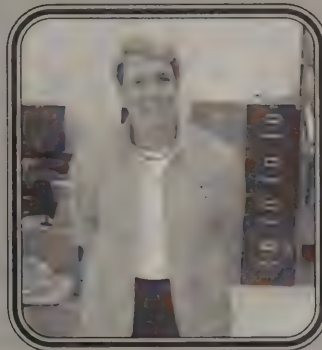




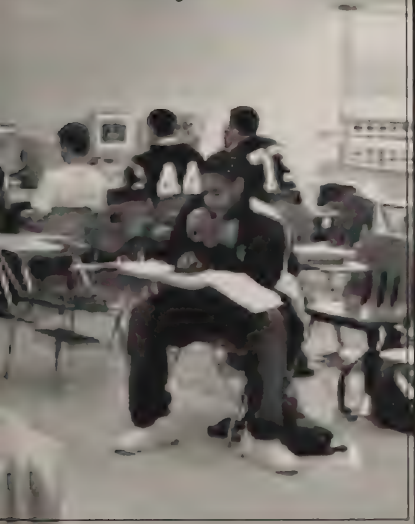
Biography-Resumes being the sponsor of DECA. Mrs. Duan also teaches three sports marketing classes: a fashion marketing class, and a business-marketing class.



Martha Stewart Living-Along with all the other things that Mrs. Acuff does, she teaches two nail technology classes and Cosmetology I, II, and III.



Unsolved Mysteries-Trying to think as hard as he can, junior Chetwyn Pete wonders "Will I ever figure this out?"



Surprise By Design-As they work on their fashion project, seniors Nikki Sweeney and Bretta Morenings ask Mrs. Acuff for help.



Girlfriends-Before leaving class, juniors Megan Branson, Wendy Becker, Lauren McVey, Whitney Rosenbaum, and Mekesha Isaacs stop to get a quick picture.

What skills has marketing class taught you?



Chetwyn Pete

"All of the aspects of the marketing mix."



DJ Keithan

"It's taught me how to speak to people in a professional manner."



Brandi Shaffer

"How to become better prepared for everything I do."



Courtney White

"It has taught me all the critical and complex aspects in the marketing management field."



When did you first start teaching?

I first started teaching in 1988 at North East State as a substitute.

What changes have occurred in your curriculum?

My curriculum has changed along with the Auto Industry, we change with new technology.

What inspired you to go into this field?

What inspired me was I enjoyed working with young people and I also had a love for the trade, I enjoyed teaching.

Has enrollment increased or decreased in Auto Tech?

The enrollment has increased in the Auto Tech program.

What changes would you make to involve more students?

In order to involve more students we would need more space and an aid to assist the teacher.

X-Files- Showing off his computer skills, Junior Dereck Seymore, works on his latest project. Students enjoy the opportunity to explore the Internet, do research, or learn about the parts of computers.

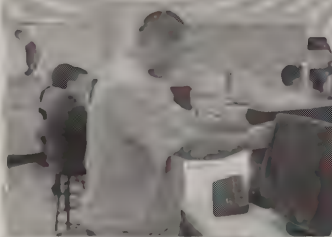


Totally Nascar- In class students discover how to replace a tire. Including racing, auto mechanics can be used in many career selections.



Mail Call- Looking up facts on the Internet, Senior Josh Boucher tries to complete his deadline for his computer class on time.

King of the Hill- While teaching his third period class the fundamentals of computers, Mr. Minnick tells his students about the importance of technology.



How many students do you have enrolled?

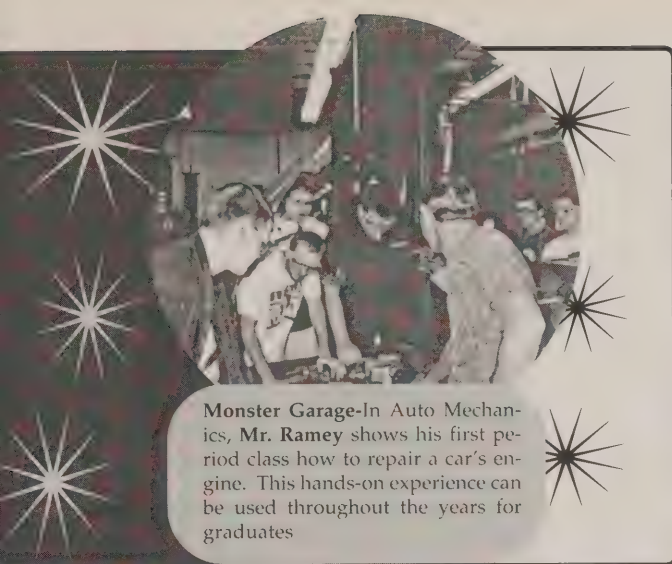
There are 67 students enrolled on Auto Tech for the 2003- 2004 school year.

What kind of curriculum does your class teach?

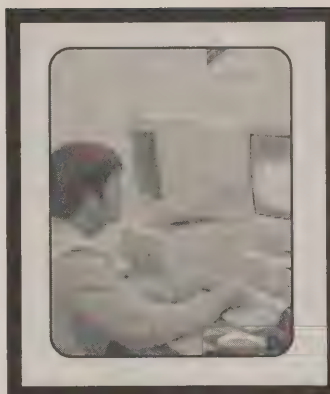
The curriculum is based on the Automotive Service Excellence Certification program.

How many years have you been teaching and how has the automotive industry changed?

I have been teaching for 15 years, nine here at Virginia High, over the years the technology in the auto industry has changed toward the computer system to control the fuel, emission, and brakes system of an automobile.



Monster Garage-In Auto Mechanics, Mr. Ramey shows his first period class how to repair a car's engine. This hands-on experience can be used throughout the years for graduates

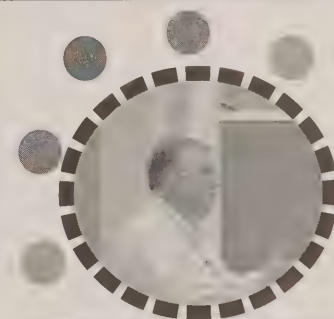


Boy Meets World- Trying to complete his assignment before the bell, Senior Kevin Wingard races to meet his deadline. While learning the basic skills of computer it also teaches students how to use their time wisely.



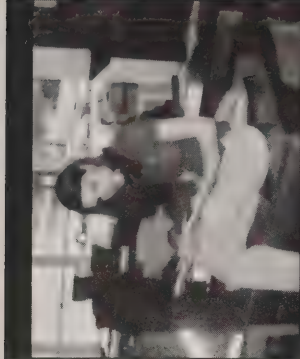
Horsepower TV Auto Technology has helped these students learn the basic fundamentals of a car. Mr. Ramey's first period class discovers the parts of an automobile in order to enhance their knowledge of how it works

BOB THE BUILDER



Scare Tactics - At the beginning of the course instructor Stewart Minnick goes over his class rules. Outlining classroom procedures is integral to an effective class.

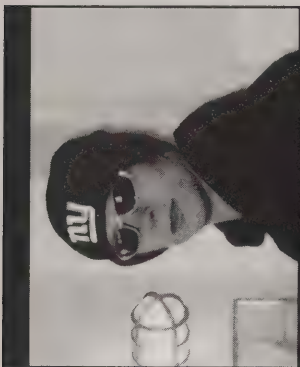
Behind the Scenes - As another lesson begins Sandy Walling, Felecia Sproles and Henry Lewis organize and identify the parts needed to complete the assignment. In auto mechanics students learn the basic fundamentals of identifying car parts and how they operate in various types of vehicles.



Time Out - Sitting in Indian style senior Chelsea Wilson studies before the bell rings.



Behind the Scenes - Within close up range junior Josh Sproles and senior Jerry Goodpasture press shoulder to shoulder. Couples often enjoy attending school events together throughout the year.



Endurance - Anticipating a difficult performance Tyler Clark prepares for his audience.



One Man Show - Streething for her upcoming race senior Amy Derr awaits his fans.



The Perfect Stance - These friends decide to build a human pyramid. Time outside of school allows students to bond long lasting friendships.

A Chorus Line - These gals gather around the piano to learn another difficult piece.

The Finest Moment - Pausing for a quick gossip session in the hallway sophomore Karissa Skeens, junior Courtney Wright and senior Rea'shelle Morrow tally up on the days events. Friendships can be made through many different activities.





The Restaurateur

Displaying a Wendy's sign junior Wendy Becker shows her love for hamburgers. Students travel to many locations but always find memories of home..

Portrait in Time

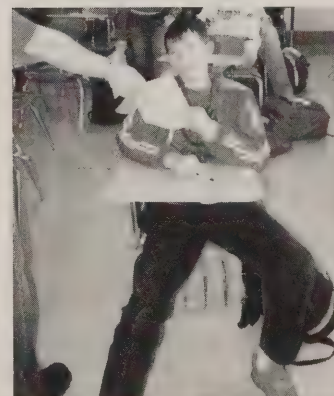
Before they became seniors this group was already amazing teachers with their academic skills. Teachers often find time to share in students achievements.



A Moment in Time



Lasting Times - At yet another weekend retreat sophomore Melanie Keithan and seniors Amy Miller, Chelsea Wilson and Katie Pittman snuggle close to the air conditioner. Summer gives friends time to relax and enjoy each others company.



Extreme House

Bounding away at the pavement instructor Kristin Palmer and junior Brandon Pruett put the final touches on a flat. The set for West Side Story was intricate and complex to complete.

Pressure Cooker

At the beginning of class sophomore Robert Daughtery receives his latest test grades. Teachers often begin class by passing out yesterday's homework or tests.

American Bandstand



Rock My World- During a pep rally, the band plays on to encourage spirit in their fellow students. The band plays a number of cheers and songs for pep rallies and football games.



Bold and the Beautiful- At the Homecoming game, the band entered the field. The band always plays a piece for the candidates.



Dharma and Greg- Discussing band matters, Sophomores Matt Campbell and Margaret Puglisi make their way down to the field. The band brings many students together.



Hits- Doing a run-through at practice, the band forms a heart on the field. Senior Laura Leppart performed the solo during Diego's Goodbye.



Above: Livin' Large- During practice, the band plays part of their weekly show. Mr. Hopson usually works the band to perfection day after day.

Below: Other Half- At the beginning of a run through, Drum Majors Seniors Yi Chen and Wyatt Fore salute the crowd. The drum major salute is a signature of the show.



Happy Days- On a quick break, Senior Jerry Hayter, Junior Jack Bradley, and Freshmen Shannon Sipple and Blake Brewer pose for a quick snapshot. Band members are so close, they even hang out outside band.

Step By Step- During a weekly performance, Freshman Jessica Leanord puts her all into puts her all into the routine. The band performs the half time show at most home games.





Above: Any Day Now- At a competition, Seniors Grant Jones, Jerry Hayter, Yi Chen, Wyatt Fore, Mallory White, Amy Duncan, and Michelle Watts receive their awards.

Below: Mash-In the cold, the band stands at attention. The attention position is highly important for intimidation purposes.



Beyond The Glory- On being in marching band, Senior Drum Major says "It is one of the most rewarding experiences I've been involved with during High School."



Who's The Boss- On Be- ing Drum Major, Senior Drum Major Wyatt Fore says "Being Drum Major for our band this past year has been a great experience for me. Although the competitions were great, the best part was making all of the friendships that I'll remember forever."



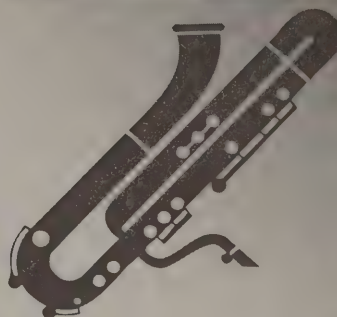
Personality Profile Mr. Hopson

How well do you think the band did this year? I think the band has done very well. We've competed in larger classes and repeatedly come in 1st or 2nd place in every contest.

How do you find band compared to the band you participated in while in high school?

They were two different time periods. They are very similar as far as being like a family.

How do you feel about this senior's graduation? Its a big loss every year. You put in time to teach these kids and in 4 years they're gone. The senior classes get better every year.



Below: During a pep assembly the band performed a variety of songs. Seniors Grant Jones, Jerry Hayter, Yi Chen, and Mallory White were the featured performers. The pep assembly was a great success and the band's performance was highly praised.

The Freshmen were the first to perform. The pep assembly was a great success and the band's performance was highly praised.



Extra- Adorned in their flashy new uniforms, the band marches toward their set. This year was the first time their band uniforms were worn.

Making The Band - Standing at attention, Senior Russel Waddel, Sophomores Cody Adams and Seth Hall, and Freshmen Isaac Sproles and Jeremy Shaffer play their drums. The drumline is one of the many features that contribute to the greatness of the band.



Drama

Who's Line Is It, Anyway?

Personality Profile: Mrs. Palmer

What is drama all about? - *Drama is the art or profession of writing, acting, or producing plays.*

Do you enjoy teaching this class? - *Yes; I love seeing students employing the forms of dramatic characterization in creative and vivid ways.*

What do you think of your drama students this year? - *I have extremely creative students. Their enthusiasm is overwhelming.*

How long have you been working at VHS? - *This is my 12th year of teaching. 8th year yearbook sponsor.*

How many productions have you put on in this time? - *Grease, Footloose, and West Side Story.*

What was your favorite? - *Grease is my favorite in theme and songs. Footloose is my favorite in character portrayals, and West Side Story is my favorite in the respect that it was challenging and theme inspired. It is my first tragic play to direct.*

What play would you like your students to perform next year? - *Guys and Dolls or A Chorus Line.*

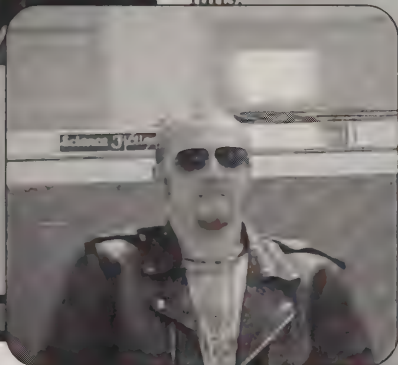


America's Funniest Animals - Emotion is a very important in Drama. junior **Ashley Jones**, senior **Daniel Dunnington**, and junior **Julie Booher** demonstrate the importance of warming up before performing.

Hard Rock Live - Showing off his musical talent, junior **Josh Sproles** plays a song for his rabid drama-loving fans.



Happy Days - Drama is all about characterization as senior **Andrew Carico** shows while doing his best Fonzie impersonation.



American Chopper - Riding into the sunset, senior **Chelsea Wilson** and junior **Ellen Tidwell** make their way across the wide open classroom.



How The Grinch Stole Christmas - After plundering the Whos' stockings and stealing all of their Who-hash, senior **Hannah Milteir** ponders how to get the tree up the chimney.



Amercian Idol - In order to honor students who submitted their works in the annual Playwriting Festival at Barter Theatre, the top plays were awarded and the writers received a story in the Bristol Herald Courier.

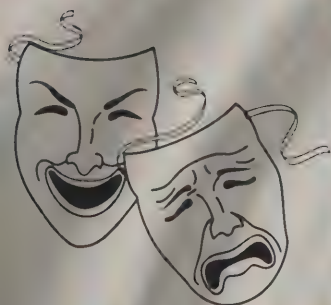


Dark Angel - Using a voice modifying device, senior **Connie Medrano** alters her voice to fit the rest of her costume. Scary.



Golden Girls - Drama isn't any ordinary class. It is a time of the day where friendships are formed and strengthened.

Trading Spaces - Working on the set for the play *West Side Story*, drama students, cast members, and other volunteers easily put Bob Villa to shame.



Murder, She Wrote - After determining that it was Colonel Mustard in the conservatory with the candlestick, senior **Chelsea Wilson** prepares to make her final accusation.



Feed the Children - Expressing his intense hunger, sophomore **Josh Hamby** clutches his stomach and reaches for the imaginary hamburger floating in front of his face. Lunch never comes soon enough.

The Addams Family - After spending the day disguised as a normal teenager, junior **Mollie Salyer** lets her inner beast shine through.



Doggy Fizzle Televizzle - Confusing sign-linguists everywhere, senior **Nikki Swiney** attempts to flash gang signs. Tupac must be rolling in his grave.

Kickin' It - Shortly after this picture was taken, junior **Julie Booher** tearfully accepted the fact that "Yo! MTV Raps!" was cancelled a long time ago.



Lizzie McGuire - Looking stylish, senior **Amy Duncan** shows her allegiance to everyone's favorite Disney actor/pop star/fruity lip-balm spokesperson.

The Osbournes - Standing in for Kelly Osbourne, junior **Ellen Tidwell** explains that she just wants us all to "Listen Up".



That stupid boy--he killed your brother! Forget that boy and find another! Stick to your own kind, stick to your own kind!

-Rita Moreno
West Side Story

"The reason Culinary Arts has become such a popular class, I believe, is the Law of Self-Preservation."

-Mr. Taylor

1. How did the Culinary Arts program come about?

Dr. Aaron believed it would be a good program to put in place for students.

2. Why are there three levels of Culinary Arts?

The more advanced classes are necessary for students to develop and practice their cooking skills.

3. Why do you believe Culinary Arts is such a popular class?

The Law of Self-Preservation. People must cook to eat, and eat to survive.

4. What do you base your curriculum on?

Entry level skills in the Culinary field.

5. What skills are students taught in this class?

How to use a recipe, clean up after cooking, control the cost of food, and other skills needed to enter the Culinary field.

6. What is your favorite recipe to teach your students?

Any recipe involving sweets or cookies.

7. What made you decide to become a Culinary Arts Teacher?

I was a chef in the army and my interests carried over.

8. What is your favorite food?

Any kind of beef.



Dinner and a Movie-Mixing ingredients to prepare her finished meal is Freshman Kelsey Clevinger. In Culinary Arts students learn how to follow instructions.



Real World-Watching and waiting patiently stands Senior Brandon Biggs, hoping his potatoes will be done soon. Patience is a virtue that every cook must have.

Boy Meets Grill-Gathering his ingredients is Sophomore Walter Pearson. Students must make sure to check the recipe to make sure they have everything before they begin cooking.



Around the House-Digging through the fridge, Freshman Tiffanie Somerville is trying to find what she needs. Gathering ingredients is essential to the outcome of any home cooked meal.



Step by Step- After following each step in the recipe carefully, Senior Meredith Cooper and Sophomore Juanita Holman are now ready to put their cookies in the oven. Every student must learn how to follow a recipe if they wish their dishes to turn out well.



Now See This- After baking his cookies Mr. Taylor shows Freshman Brian Rosenbalm how to present his dessert to his classmates. Presentation is one of the most important parts of preparing a meal.



Iron Chef

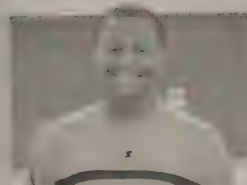
Students and faculty share their favorite meals and recipes:



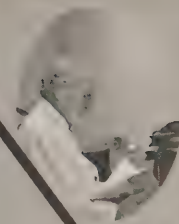
Sophomore **Melanie Keithan** says her favorite meal of all time is her mother's spaghetti.



Senior **Meredith Cooper** loves going out to restaurants and ordering her favorite food steak.



Sophomore **Michael Fugate** says he can't wait to get home and snack on his favorite, fried chicken.



Mrs. Bowman's Meat Balls:

- 1 lb. ground chuck
- 1/2 cup of onions
- 1 cup bread crumbs or crackers
- 1/2 cup ketchup
- Salt and Pepper
- 1 egg
- Mix ingredients and form into balls. Bake in oven until brown, then add to sauce.
- 1/2 jar of apple jelly
- 2 bottles ketchup (add some hot ketchup if wanted)
- Cook in a crock pot for several hours.

Mrs. Boyle's Crab Cakes:

- 1lb. lump or back fin crab
- 6 saltines crushed
- Onion and green peppers sauted in butter (optional)
- 1 tbs. mayo
- 1 egg beaten
- Red pepper to season
- Old Bay Seasoning (to taste)
- Mix the above and make into cakes.
- Fry in hot butter until golden brown.

Mrs. Holcomb's Righteous Ribs:

- Rub: -6 tbsp. brown sugar
 -4 tsp. garlic powder
 -1 tsp. chili powder
 -1 tsp. black pepper
 -1 tsp. oregano
 -1 tsp. salt
- 2 racks pork ribs
 - Combine first six ingredients and rub on ribs. Wrap ribs in aluminum foil and bake at 250 for 2 1/2 to 3 hours. Remove, brush with favorite sauce and place on grill for 3-4 minutes.



Mr. Duffield's Tator Tot Casserole:

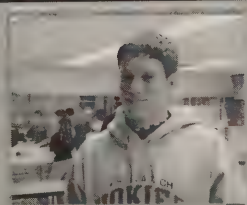
- 1 bag frozen tator tots
- 1/2 bag frozen peas
- 1 can Cream of Mushroom soup
- 1 can Cream of Chicken soup
- 1/2 to 3/4 pound of hamburger
- Brown hamburger in seperate pan. Mix both cans of soup, the browned hamburger, and the peas in a baking pan. Cover the top with tator tots. Bake at 350 for 30 minutes.



Junior **Kregg Mabe** is ready to get home and order out for his favorite, sesame chicken.



Senior **Amethyst Wells** wonders if she will have time to grab a quick taco , her favorite, on the way home.



Junior **Kevin Morrison** cannot wait for the day when he learns to cook his favorite food, which is pizza.



Strutting his stuff **Wilt Grier** prepares to take a bow for the crowd. Being an active participant in physical education class can aid students to achieve a healthy lifestyle throughout their life.



- In an attempt to fly away **Britt Daniels** shows his fellow teachers and peers the correct form to achieve a superior fly. In actuality Wilt is stretching his muscles in order to play a rigid game of basketball.

- After sweating in the weight room senior **Jerry Hayter** takes a break by playing a little b-ball. In fitness class students learn how to maintain and develop a nutritional and physical regime that will aid them in the future.

Demolition Man - During one of his Wellness classes Coach Daniels instructs his students

Outside the Lines - During a Rec. Day in Wellness, freshmen girls



- After completing an activity freshmen **Sasha Ovcharenko** takes his place on the sidelines. Students learn how to work with others on a team in physical education classes.



Slamwall - Striving for the perfect pose **Wilt Grier** attempts yet another 2 pointer. In gym class students learn the basics in shooting an accurate foul shot.

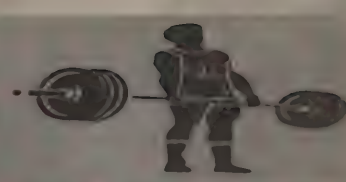


"PE has now gone to Wellness, which puts more emphasis on individual fitness and individual activities like tennis, swimming, and archery. There is also a new resistance class which involves four days of weight training to improve strength and power, and another day for speed and agility."

- Coach Cressel

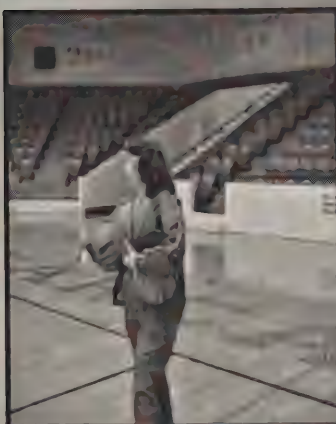


Physical



Fitness

In physical fitness classes students learn how to take care of their bodies and stay live healthy lives. There are several classes offered, including, Wellness, Weight Lab, the new Weight Resistance class, and others



(BODIES)

in MOTION

Touched By An Angel



1. Wilt Greer



2. Mandy Sproles



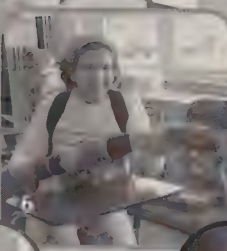
3. Britt Daniels



4. Michael Goodell



5. Jamie Hartsock



6. Stephanie Morales



7. Wayne Walsh

Guardian
Angel Prayer

Guardian
angel walk
with me today



8. Anthony McCracken



9. Joey Brooks

Take care and keep me safely
out of harms way

Guide me to do things that I
know are right
I will try to be faithful
morning till night

Please help me when you hear my plea
When I'm lonely and scared watch over me

I want to see the beauty in every little thing
Help me to be joyful and have my heart sing

Bless you my angel, I know you care
I can count on you to always be there

Janell Jorda



PERSONALITY PROFILE DARLA WILLIAMS

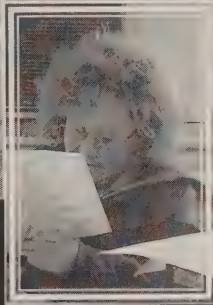
ed you to teach the special needs chil-
nan year I went and worked with
kids for an hour everyday.

2. What extra classes did you have to take to be able to
teach special needs children? **MR, LD, ED classes,
phsycology class, early child develpoment, and
elementary reading.**

3. Why has special needs education become so impor-
tant in education? **Because it used to not be allowed.
Letting them be around regular ed. students asmuch
as possible. Allows them to have positive role
models.**

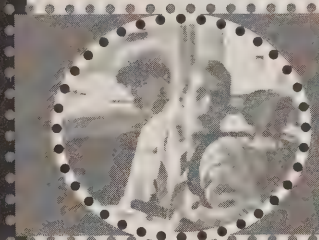
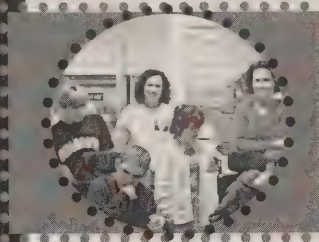
4. What is your favorite interest in teaching special needs?
**Watching the children progress and the effort they put
forth.**





Family Matters- "Time to work," say Mrs. Salyer and Mrs. Senters, as they direct students **Tyler Bratton, Hannah Barrett, Amy Cilley** and **William Daughtery** back to class. Each day students follow a daily routine filled with many exciting activities.

Lois and Clark- Taking a break from reading **Hannah Barrett** and **William Daughtery** stop to talk about events of the day. Discussions challenge students to see different perspectives.

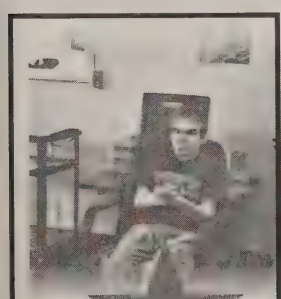


Friends- In the special needs classroom students gather for a group photo as they show their friendship toward one another. Students develop a close relationship while working throughout the year.

Planet's Funniest Animals- While on a field trip, **Amy Cilley, William Daughtery, Hannah Barrett,** and **Tyler Bratton** live out the thrill of getting up close and personal with a reptile. Students realize that learning can be experienced through fun and exciting trips.



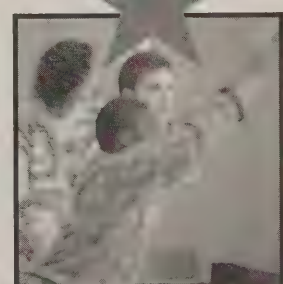
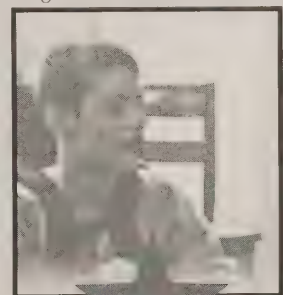
Fresh Prince of Bel-Air- Sitting on his throne **Tyler Bratton** focuses on the teacher. Class participation demands attention from students.



She Spies- Doing a balancing act, **Hannah Barrett** watches to see if others are looking. Balancing requires hard work and concentration.



King of the Hill- With a look of reflection **William Daughtery** is caught in his own thoughts. Sometimes after a hard day of work it feels good to sit around and relax.

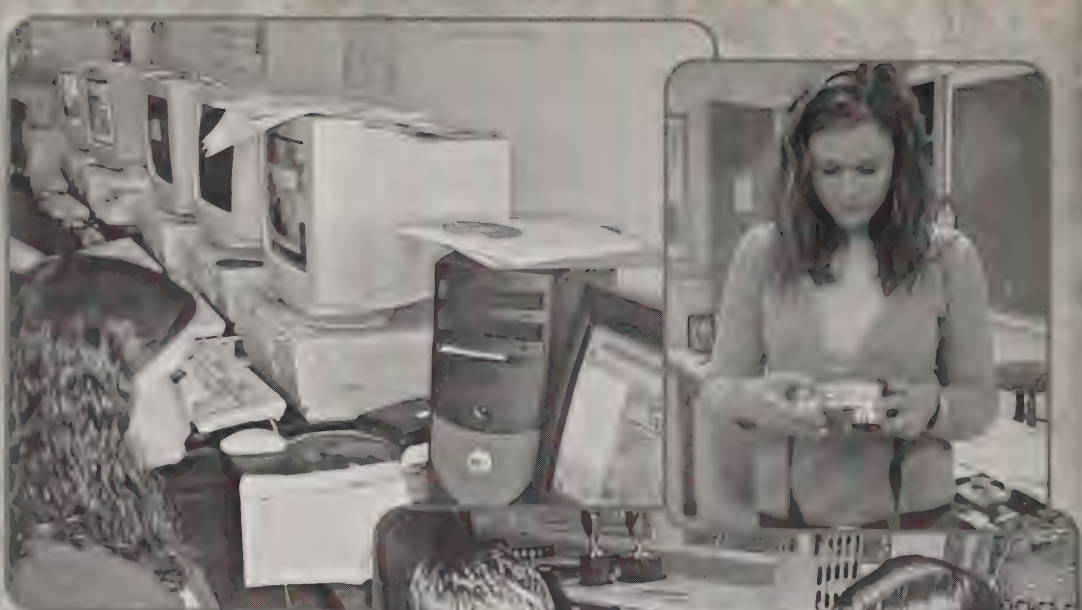


Like Mike- And he scored! **Britt Daniels** takes a shot as **Anthony McCracken** looks to see if the ball went in the basket.

Computer Shop- Putting the finishing touches on her page, senior **Anna Stringer** completes the final step in making her page. It takes a lot of patience and determination to finish a page in time for it's deadline.

You Gotta See This- Scanning through pictures on the digital camera, senior **Gwen Massie** chooses the best ones for her page. Taking pictures is the second step for making a yearbook page.

Step By Step- Starting the long process of making a page for the yearbook, juniors **Daniel Jones** and **Ryan Richardson** work on spreads. Creativity is a major factor in planning a spread.



Investigative Reports- Filling out a page envelope, senior **Devin Williams** is just about to send her page to the printing company. It is important to submit a page on time for its deadline.



As Time Goes By- Pondering over new ideas for her page, sophomore **Tiffany Necessary** wonders what to do. Pages take time to plan out.



King of Queens- Using the computer, co-editor and junior **Brandon Pruett** plots his page with pictures and captions. Brandon is the only member of the Journalism II staff.



Issues And Answers- Looking through old yearbooks, junior **Sara McVey** gets ideas for the layout of her own page. Magazines and yearbooks from past years are a great source for interesting layout ideas.



Wire to Wire- Examining her page, senior **Brittany Sourbeer** decides what else is needed to spice it up. Pages should hold the readers' attention with interesting information.



Personal Profile of Mrs. Palmer

- Q.** How many years have you sponsored the yearbook?
A. Eight years
- Q.** What is the most difficult page in the yearbook?
A. People pages are the hardest because the layouts lack creativity.
- Q.** What is the most fun page in the yearbook?
A. The first sixteen pages are the best to create because of the color elements.
- Q.** How do you feel about this year's yearbook?
A. This year's book will be more creative and design based. I have a wonderful staff that prides themselves on perfection.



Friends- Working together to figure out interesting layout plans, sophomores **Amanda Dannhardt** and **Ashley Lewis** discuss their opinions. Getting help from peers can increase the quality of a page.



Inside Edition- With the images of excellent pages in their heads, sophomores **Katherine Bowers** and **Heather Fleenor** begin on their spreads. Students put their layout plans on a spread sheet before they transfer them to the computer.



Problem Solvers- Sorting through class photos, senior **Morgan Sharp** organizes them into alphabetical order. When students are done with their page deadlines, they often help with the student picture pages.

Off The Wall- Checking for future deadlines, senior **Julie Ward** makes sure everyone is staying on task. Journalism runs more smoothly when there is a person you can trust to check over your work.

Electronic Esesntial- While working on her page, junior **Larissa Via** checks her page for flaws. Before turning in the final copy, pages need to be double checked.

Tremors- Frustrated with the computer, senior **Chelsea Wilson** shakes things up. When deadlines near, students in journalism are always pressed for time.

Meet the Press

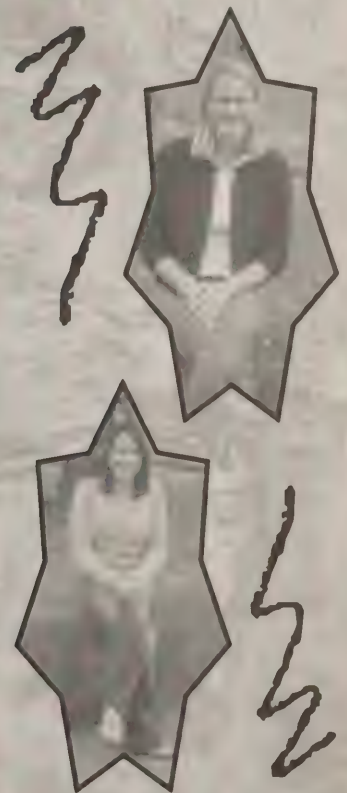
People in the News- To become the executive editor of the VHS yearbook, senior **Julie Ward** had to show creativity and enthusiasm in her early years of journalism.



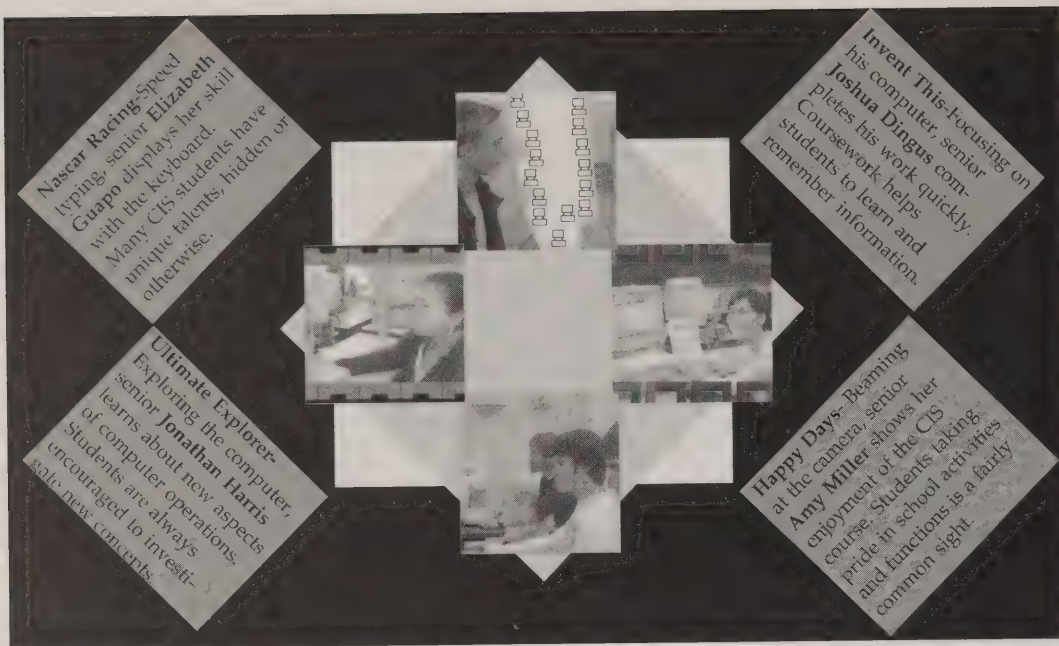
The Other Half- Journalism I staff includes Julie Booher, Stephanie Campbell, David Combs, Courtney Wright, Alexa Patrick, Shelley Weaver, Tiffany Necessary, Ashley Cannon, Heather Elenor, Daniel Jones, Amanda Dannhardt, Maggie Wingard, Margaret Puglisi, Bradley White, Brittany Sourbeer, Ashley Lewis, Katherine Bowers, Sara McVey, Larissa Via, and Ryan Richardson.



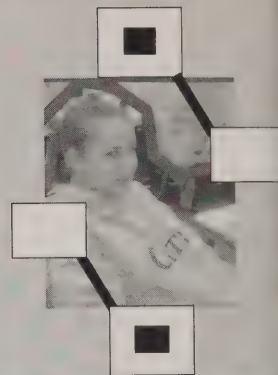
The Proud Family- Students in Journalism III include Julie Ward, Devin Williams, Morgan Sharp, Gwen Massie, Lauren Hughes, Chelsea Wilson, and Anna Stringer.



America's Most Wanted- As supervising editor, senior **Lauren Hughes** advises other students about their pages. With this job, she also has to help the executive editor with various issues.



Screen Savers



The System-Leaning back, junior Carrie Philbrick poses for the camera. CIS students are typically awarded with a few minutes free time after a period of hard work.



Peacemakers-Painting a picture of a typical CIS class, junior Clyde Nophlin and classmates follow the instructor's directions in order to achieve a high grade. Rules are established in order to protect the students.

0101101111011101000101110101000101001010101010

—
⊞
×

0

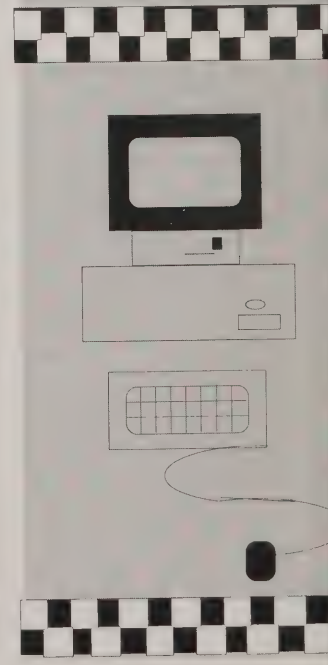
Personality Profile- Mrs. Susan Fuller, Computer Information Systems Instructor

What do you feel the students will take away from this experience? I feel students will learn the skills necessary to be successful in a beginner computer class in college or an entry-level employment position.

What is the most rewarding part of your job? The most rewarding part of my job is having a student demonstrate that he/she can combine the skills that he/she has acquired in my class and use those skills in other areas, whether it be school related or job related.

Why do you think CIS is a required class? I feel CIS is a required course because of all the advancements in technology. This is the bare minimum that we can do to prepare students for the wave of technology in the future.

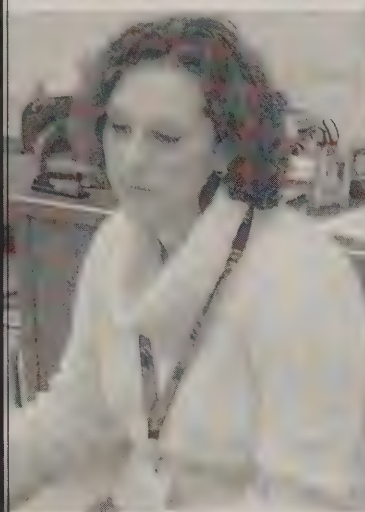
0101101111011101000101110101000101001010101010



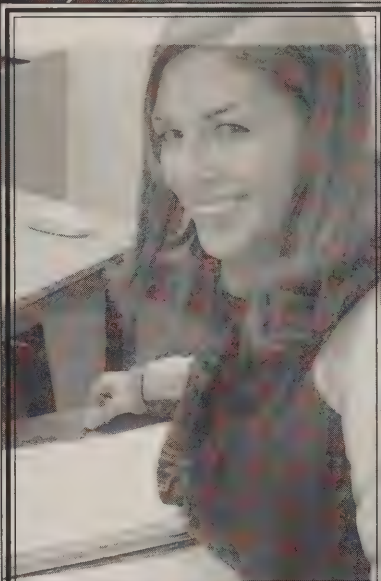
"Students learn how to use the most popular software programs on the market as well as organizational and time management skills."

"CIS has been a wonderful experience this year."

0101001010



0 All My Children-Hard at work, CIS instructor **Mrs. Fuller** prepares coursework for her students. Teachers and faculty members are always ready to educate students in all aspects of life.



Candid Camera-Caught unaware, junior **Mollie Salyer** recovers with a wide smile. Many students take the time to prepare for their classes before the day begins.



Weekenders-Relaxing, junior **Ellen Tidwell** enjoys a moment away from her CIS assignment. While students are encouraged to work, they are also encouraged to have a little fun.

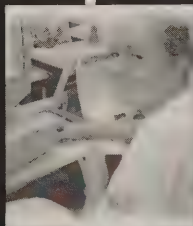


What I Like About You-Fixated on her screen, sophomore **Sasha Ball** displays an interest in her work. A wide variety of clubs and extracurricular activities gives students the opportunity for an activity that suits them best.

CIS



American Idol-Reaching for the stars, junior **Cyld Nophlin** takes a time out from his CIS assignment. Students are always encouraged to develop goals and pursue dreams.



Geography of Wealth-Gathering information, sophomore **Lacey Smith** writes down notes for her CIS course. While primarily computer-operated, CIS also utilizes



King of the Hill-Working furiously, freshman **Mark King** is a model student. Many students strive for academic excellence

Computer Information Systems (CIS), transferring a wealth of essential knowledge to its students, teaches the basic knowledge and general understanding of computers necessary to function in a modern world.

DAYS Of Our Lives

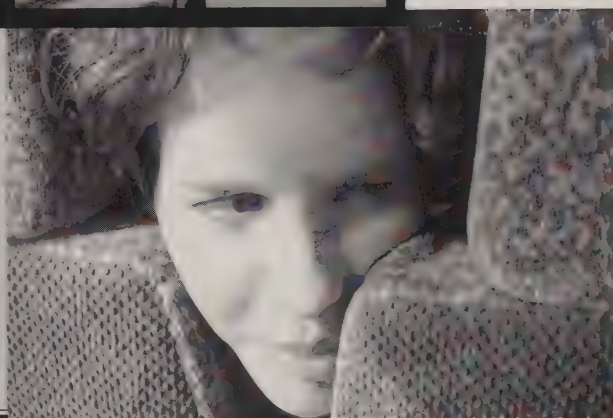
AUGUST 2003
THRU
MAY 2004



Tea for Two- Sitting proudly during a business class junior **Tyler Barb** and senior **Trent McVey** go through items donated for a charity drive.



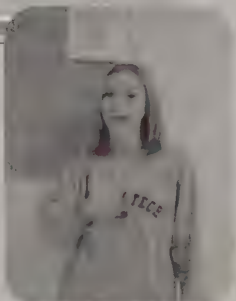
Unsolved Mysteries - In an attempt to find the person in this picture we have questioned many individuals. If you have any information as to the identity of the individual please contact the yearbook staff.



People GUIDE

Personality Profile

Days of Our Lives - Outlining her daily events junior **Courtney Wright** tells of her woes during the school day.



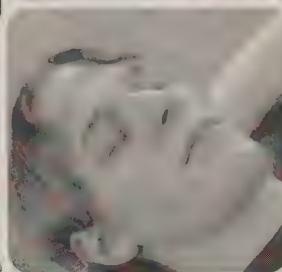
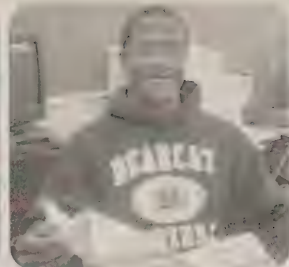
People GUIDE

Personality Profile

World News Tonight - The true Saddam Hussein is captured in junior **Ellen Tidwell's** portrayal of the dictator.



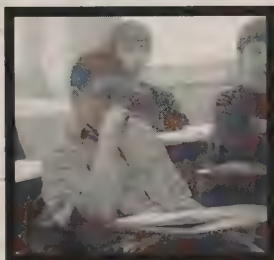
>> BLOOPERS AND PRACTICAL JOKES



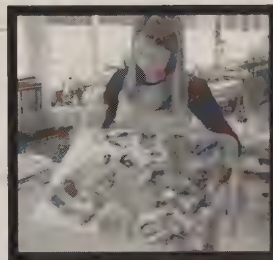
People
GUIDE

WEEKDAY

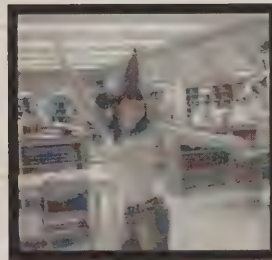
HIGHLIGHTS



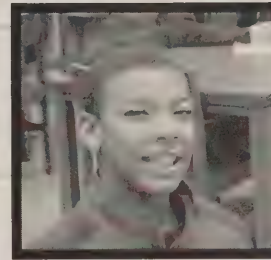
Dustin Widener



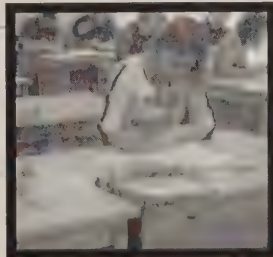
Amy Duncan



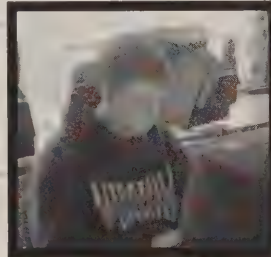
Chelsea Wilson



Ricky Martin



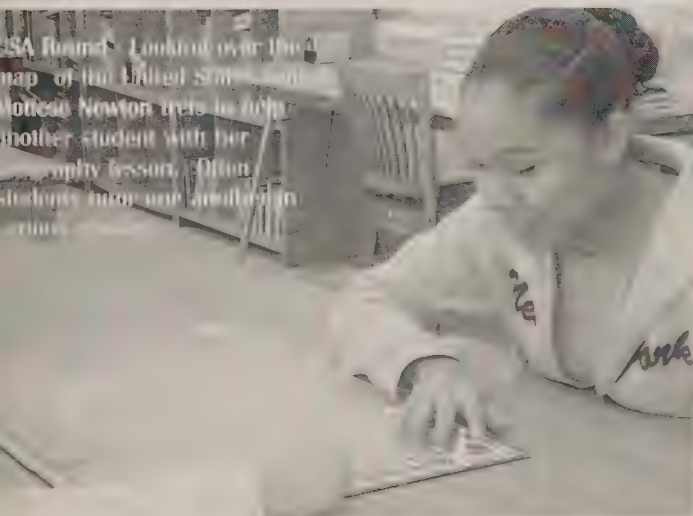
Ashley Phelps



Logan Lambert



Loreal White



Cram - Attempting to do a bit of last minute studying **Aaron Gorley** looks over his notes before the big test. Teachers sometimes give students a chance to study before they begin their examinations.





Adams, Ashley



Barnhill, Sara



Barrett, Gary



Biggs, Brandon



No Photo
Available

Blaku, Marla



No Photo
Available

Boggs, Matthew



Booher, Josh



Branch, Lindsey



Brooks, Franklin



Bryan, Alex



Buchanan, Thomasina



Butters, Brian



Cahanan, Ryan



Campbell, Brian



Carico, Andrew



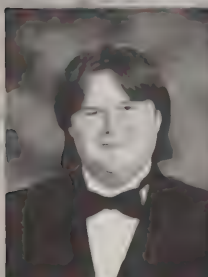
Carroll, Sarah



Castle, Shawna



Chen, Yi



Childress, Tommy



Clark, Tyler



Clay, Michael



Colvard, Michael



Cooper, Meredith



Derr, Amy



Dingus, Josh



Dotson, Kimberly



Duncan, Amy



Dunnington, Daniel



Fleenor, Sarah



Fore, Matt

Capricorn

✱ December 22 - January 20 ✱

Ruling Planet ~ Saturn

Symbol ~ Goat

Element ~ Earth

Key Body Part ~ Knees

Lucky Gem ~ Onyx

Color ~ Violet

Love Match ~ Cancer



Daniel Dunnington
December 20



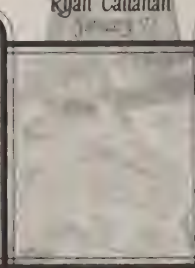
Dominic T. G.
December 22



Ryan Callanan
January 17



Danna Hill
January 18



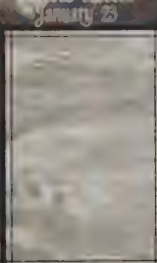
W. Chen
January 19



Charlie Keeler
January 23



Grant Jones
January 24



Ashley Adams
January 25



Chris Newman
January 26



Justin Wisman
January 27



Whitney Moore
January 28

Aquarius

✱ January 21 - February 19 ✱

Ruling Planet ~ Uranus

Symbol ~ Water Bearer

Element ~ Air

Key Body Part ~ Back; Legs

Lucky Gem ~ Sapphire; Onyx

Color ~ Gold

Love Match ~ Leo



Fore, Wyatt



Francisco, Sidney



Frazier, Christopher



Goodpasture, Jerry



Graham, Stephen



Grimm, Matt



Grogan, Victoria



Grubb, Chandra



Guapo, Elizabeth



Hall, Barry



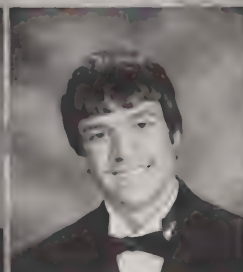
Hamilton, Ryan



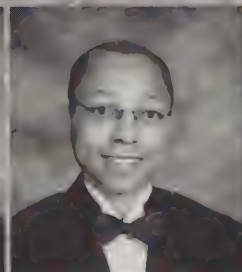
Harris, Jonathan



Hart, Jarrod



Havter, Jerry



Heath, Travis



Heath, William



Hebbert, Neil



Hicks, Christopher



Hill, Danna



Honaker, Derrick



Huggins, Walker



Hughes, Lauren



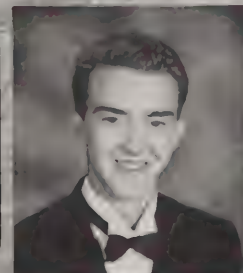
Hunt, Terri



Hurley, Nickolas



Jackson, Tyrone



Jones, Grant



Keithan, Daniel



Kirkland, Robert



Knight, Joshua



Kwong, Cindy

Pisces

❖ February 20 - March 20 ❖

Ruling Planet ~ Neptune
Symbol ~ Fish
Element ~ Water
Key Body Part ~ Feet
Lucky Gem ~ Pearl; Aquamarine
Color ~ Silver
Love Match ~ Virgo

(Left to Right):
Trent McVey February 20
Amanda Milliff February 25
Sarah Fleenor February 26
Victoria Grogan February 26
Lauren Hughes February 27
Stephen Graham March 2
Brittany Sourbeer March 3
Seth Barrett March 15



Aries

❖ March 21 - April 19 ❖

(Left to Right):
Mallory White March 22
Desha Scott March 25
Julie Ward March 28
Andrew Carico March 29
Brandon Biggs March 30
Kristina Worley April 1
Constance Whitner April 4
Amy Duncan April 8
Max Lawson April 11
Katie Nelson April 14
Courtney White April 19

Ruling Planet ~ Mars
Symbol ~ Ram
Element ~ Fire
Key Body Part ~ Head
Lucky Gem ~ Ruby; Diamond
Color ~ Brown
Love Match ~ Libra



Taurus

❖ April 20 - May 20 ❖

Ruling Planet ~ Venus
Symbol ~ Bull
Element ~ Earth
Key Body Part ~ Neck; Throat
Lucky Gem ~ Topaz
Color ~ Black
Love Match ~ Scorpio

Amber Worley May 18
Ashley Shazor April 20
Katie Pittman May 14
Megan Castle May 3



Ashley Shazor

Megan Castle

Katie Pittman

Amber Worley



No Photo
Available



No Photo
Available



Layson, Maxwell

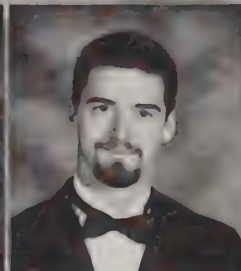
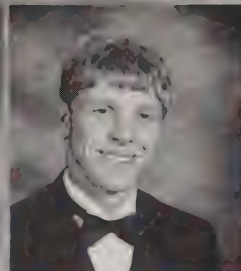
Leonard, Amy

Leonard, Danielle

Leonard, Eric

Leppert, Laura

Lutz, Richard



No Photo
Available

Lowe, Michael

Luttrell, Melinda

Massie, Gwen

Mathes, Ronnie

Matney, Justin

McCready, Michelle

No Photo
Available



McKynolds, Danielle

McVey, Trenton

Meade, Hunter

Medrano, Connie

Miller, Amy

Miller, Chad



No Photo
Available



Miller, Luke

Milliff, Amanda

Miltner, Hannah

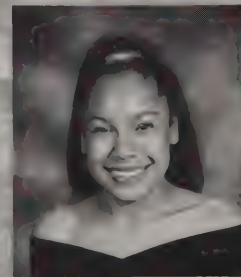
Moore, Whitney

Morenings, Breta

Morrow, Rea'shelle



No Photo
Available



No Photo
Available

No Photo
Available

Moseley, Katherine

Nelson, Sarah

Newman, Chris

Newton, Motiese

Nghiem, Hong

Nicastro, Dominique

Gemini



May 21 - June 21



Ruling Planet ~ Mercury

Symbol ~ Twins

Element ~ Air

Key Body Part ~ Arms; Lungs

Lucky Gem ~ Topaz

Color ~ White

Love Match ~ Sagittarius



Russell Waddell



Ashley White



Travis Heath



Connie Medrano



Jerry Goodpasture



Meredith Cooper



Rennie Mathes



Amy Derr



Barry Hall



Jill Stewart



Laura Leppert

Cancer



June 22 - July 22



Ruling Planet ~ Moon

Symbol ~ Crab

Element ~ Water

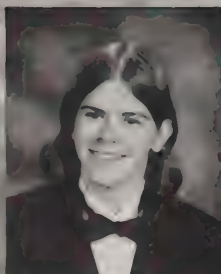
Key Body Part ~ Stomach

Lucky Gem ~ Moonstone; Amber

Color ~ Red

Love Match ~ Capricorn

No Photo
Available



No Photo
Available

No Photo
Available

Osborne, Richard

Parks, Christopher

Pender, Donald

Pittman, Kathryn

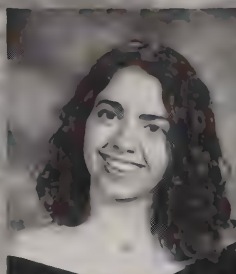
Pollino, Chris

Price, Ashley

No Photo
Available

No Photo
Available

No Photo
Available



No Photo
Available



Rector, Valerie

Roark, Joseph

Robinson, Michelle

Rodriguez, Brittany

Rose, Derek

Rosenbaum, Jefferson



Rossano, Laura

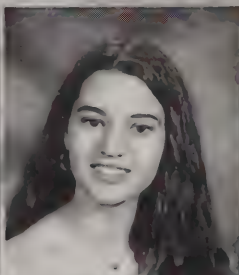
Russell, Adam

Scott, Desha

Sharp, Morgan

Shaw, Joseph

Shazor, Ashley



Shores, James Robert

Slagle, Thomas

Smith, Amy

Smith, Ana

Smith, Faith

Soublo, Francesca



Soublo, William

Soarbeer, Brittany

Sproles, Felicia

Stewart, Jill

Stowers, Jeffrey

Stringer, Anna

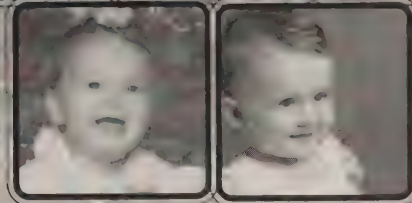
Leo



✱ July 23 - August 22 ✱

Ruling Planet ~ Sun
Symbol ~ Lion
Element ~ Fire
Key Body Part ~ Heart; Spine
Lucky Gem ~ Cats Eye
Color ~ Yellow
Love Match ~ Aquarius

(Left to Right)
Devin Williams July 25
Faith Smith August 1
Natalie Wilson August 2
Jarrod Hart August 3
Jerry Hayter August 4
T.J. Slagle August 9
Hannah Miltier August 13
Amy Smith August 19
Bretta Mornings August 22

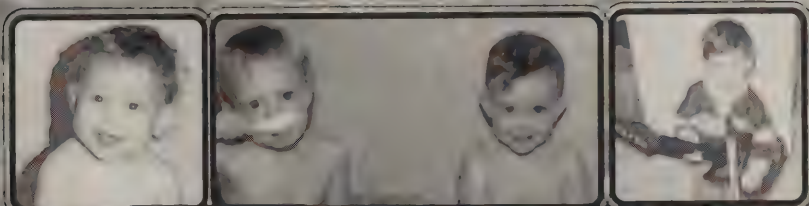


Virgo

✱ August 23 - September 22 ✱

(Left to Right)
Katie Mosely August 28
Matthew Fore August 29
Wyatt Fore August 29
Tyler Clark September 7
Danielle McReynolds September 11
Chelsea Wilson September 13
Rea'shelle Morrow September 15
Ashley Wentz September 19

Ruling Planet ~ Mercury
Symbol ~ Virgin
Element ~ Earth
Key Body Part ~ Abdomen
Lucky Gem ~ Opal;agate
Color ~ Green
Love Match ~ Pisces



Libra

✱ September 23 - October 22 ✱

Ruling Planet ~ Venus
Symbol ~ Balance
Element ~ Air
Key Body Part ~ Liver; Kidney
Lucky Gem ~ Emerald
Color ~ Blue
Love Match ~ Aries

(Left to Right)
Amy Miller October 2
Danielle Leonard October 5
Chris Parks October 6
Gwen Massie October 13
Leslie Sullins October 21





Sullins, Leshe



Surber, Heather



Swiney, Nikki



Trent, Josh



Waddell, Russell



Ward, Julie



Watkins, Tarrah



Watts, Deborah



Wells, Amethyst



Wells, Elisha



Wentz, Ashley



White, Ashley



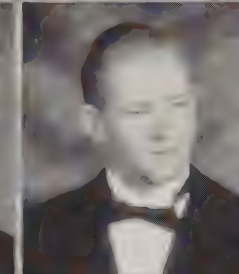
White, Courtney



White, Mallory



Whiteaker, Michael



Whitley, Johnny



Whitner, Constance



Whitt, Paul



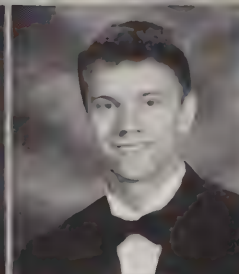
Williams, Devin



Wilson, Chelsea



Wilson, Natalie



Wingard, Kevin



Wisman, Justin



Worley, Amber



Worley, Kristina

Scorpio

✱ October 23 - November 21 ✱

Ruling Planet ~ Mars

Symbol ~ Scorpion

Element ~ Water

Key Body Part ~ Pelvis

Lucky Gem ~ Turquoise

Color ~ Purple

Love Match ~ Taurus



Joe Whitt



Morgan Sharp



Kevin Winard



T.O. Hunt



Todd Hurley



Heather Surber



Todd Seng



Sara Barnhill



Tom Heath

Sagittarius

✱ November 22 - December 21 ✱

Ruling Planet ~ Jupiter

Symbol ~ Archer

Element ~ Fire

Key Body Part ~ Hips; Liver

Lucky Gem ~ Jacinth; Lapis

Color ~ Orange

Love Match ~ Gemini



Andrew Carico

Student Activities:

Spring Festival, Musicals, Mixed Chorus, Concert Choir, Chorale, SCA Steering Committee, SCA President, football, Wrestling, Track

Awards:

Governor's School



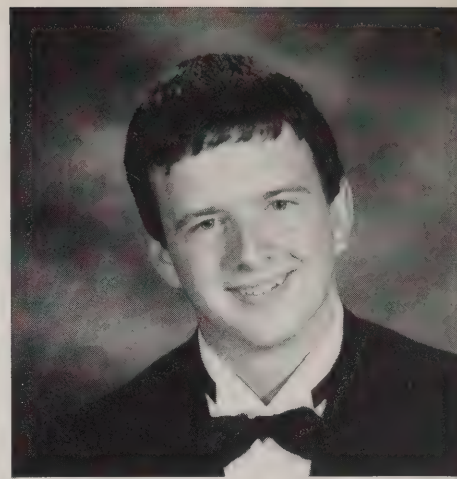
Amy Duncan

Student Activities:

Spring Festival, Band, Forensics, BETA Club, Art Club, French Club

Awards:

Honor Roll, Governor's School



Wyatt Fore

Student Activities:

SWAC, Band, National Honor Society, Debate, Forensics, SCA Steering Committee, BETA Club, Spanish Club, Golf, Swimming, Tennis, Class Officer

Awards:

Honor Roll, Governor's School



Jerry Goodpasture

Student Activities:

Spring Festival, Musical, Concert Choir, National Honor Society, Beta Club, Spanish Club, Cross Country, Swimming, Soccer, NHS President

Awards: Honor Roll, CYLC

Hall Of Fame



Travis Heath

Student Activities:

Spring Festival, Mixed Chorus, Chorale, FBLA, Spanish Club,

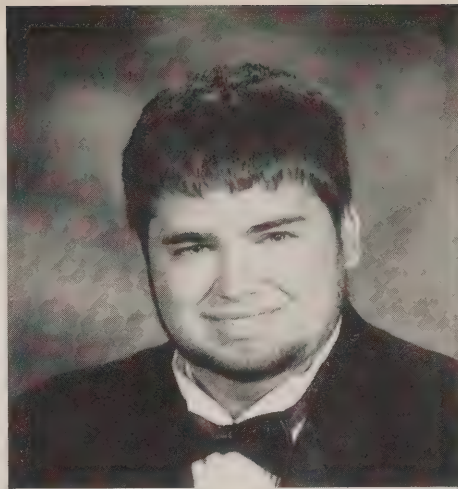
Awards: Boys State, Perfect Attendance



Lauren Hughes

Spring Festival, Musical, SWAC, Mixed Chorus, National Honor Society, Yearbook, SCA Steering Committee, Beta Club, FBLA, French Club, Interact, Basketball, Track, Soccer

Awards, Honor Roll



Max Lawson

Student Activities: French Club, Desktop

Awards: Honor Roll, Bristol Youth Leadership



T.J. Slagle

Student Activities: Spring Festival, Mixed Chorus, Concert Choir, Chorale, Musicals, FCA, Football, Basketball, Baseball, Track

Awards: District Chorus, Class Officer



Julie Ward

Student Activities: Spring Festival, Musicals, Mixed Chorus, Chorale, National Honor Society, Forensics, Yearbook, SCA Steering Committee, Beta Club, Spanish Club, Interact, Swimming, Tennis

Awards: BYL, Honor Roll, Class Officer

Hall Of Fame



Devin Williams

Student Activities: Spring Festival, Musical, SWAC, National Honor Society, Yearbook, SCA Steering Committee, Beta Club, Art Club, French Club, Swimming, Soccer

Awards: Honor Roll, CYLC, NYLC 111

Just Shoot Me

Addison, Davis
Anderson, Clarinda
Ashley, Heather
Barb, Jameson
Barrett, Brittney
Bass, William



Becker, Wendy
Booher, Julie
Bradley, Jean
Branson, Megan
Bushwack, Jonathan
Campbell, Dennis



Campbell, Joshua
Campbell, Monica
Campbell, Stephanie
Childress, Jacob
Clark, Aisha
Combs, James



Combs, Morgan
Cooper, Samuel
Cummings, Bridget
Cunningham, Derick
Curico, Joey
Deel, Ian



Dotson, Joshua
Duty, Justin
Fleming, Amanda
Foster, Angel
Hale, Daniel
Hall, James



Harrell, Joshua
Hess, Sarah
Hill, Richard
Houser, Gina
Isaacs, Mekesha
Jackson, Christopher



Just Shoot Me



Jones, Ashley
Kelsey, Travis
Krukowski Oliver, Jas
Leonard, Joshua
Leonard, Monica
Lewis, Lauren



Lilley, Rachel
Lockett, Desmond
Mabe, Kregg
Maples, Kelly
McClanahan, Bradley
McCready, Adam



McElroy, Justin
McVey, Sarah
McVey, Lauren
Miller, Amanda
Millican, Gergory
Mitchell, Tyrone



Moffatt, Eric
Montes, Magda
Montgomery, Jennifer
Morre, Corinne
Morrison, Kevin
Morrow, Mitchel



Nophlin, Clyde
Ohara, Cullen
Patel, Yash
Patrick, Alexa
Pete, Chetwyn
Philbrick, Carrie



Phillips, Jeremy
Porre, Kevin
Porter, LaShawn
Pruett, Brandon
Ratcliff, Zared
Rayburn, Logan

Just Shoot Me

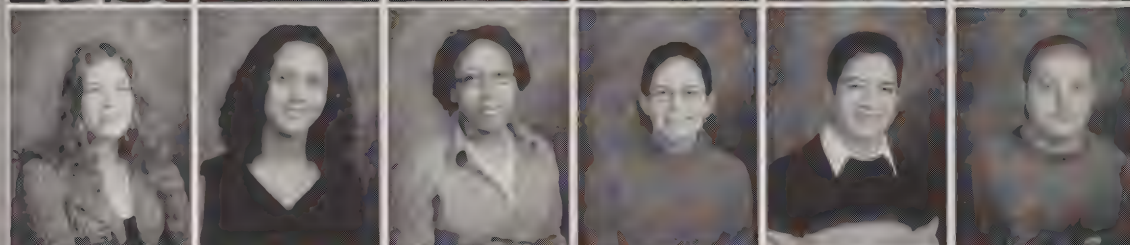
Richardson, James
Roberts, Dustin
Rosenbaum, Whitney
Salyer, Mollie
Samons, Candace
Sanders, Cyntara



Seymore, Derick
Shatter, Brandi
Shankel, Israel
Shelton, Octavia
Skeens, Reanna
Slagle, Kayla



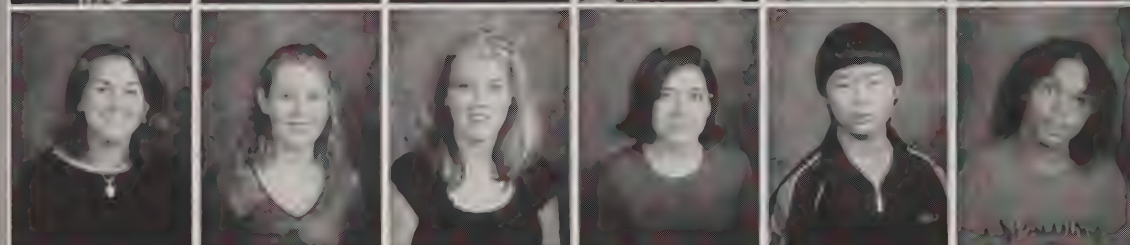
Smith, Amanda
Smith, Keisha
Somerville, Toni
Soublo, Francesca
Sproles, Joubua
Statzor, Sean



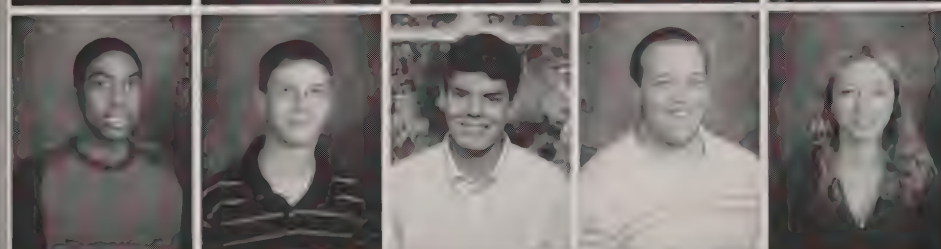
Ste Marie, Justin
Steele, Cory
Stevens, Daniel
Stiltner, Tiffany
Sturgill, Shawna
Tauscher, Michael



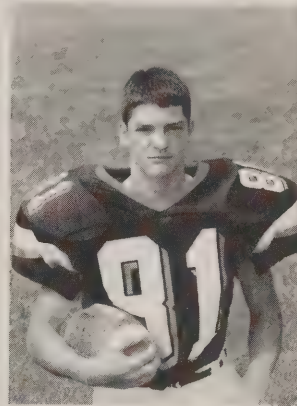
Tidwell, Sarah
Via, Larissa
Watts, Deborah
Weaver, Shelley
Wel, Lin
Wells, Michael



White, Bradlee
Wilson, Jonathan
Wilson, Micah
Worley, Scottie
Wright, Courtney



Just Shoot Me



Adams, Cody
Adams, Marissa
Allen, Jessica
Arnold, Alicia
Artrip, Justin



Bailey, Hyder
Baird, Samantha
Ball, Sasha
Barb, Brnady
Blake, Jonathan



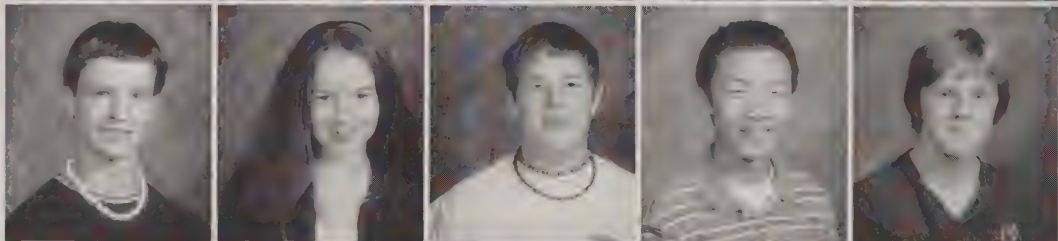
Bernard, Jasmine
Blanton, David
Bobbitt, Sean
Bowers, Katherine
Bracher, Holly



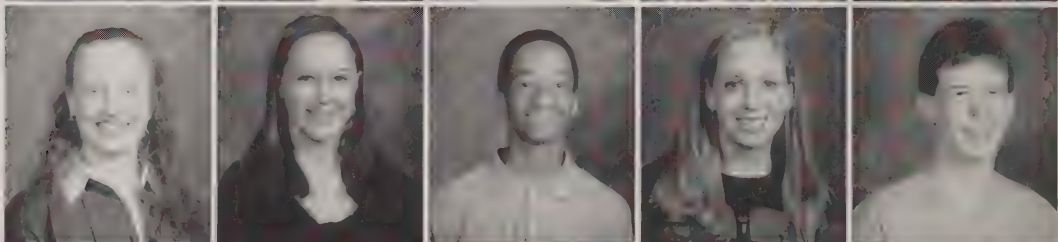
Bracher, Taylor
Bradley, Jack
Brewer, Dennis
Campbell, Matthew
Cannon, Ashley



Castle, Kenneth
Cecil, Amanda
Cheers, Robert
Chen, Gang
Childress, Christopher



Childress, Deidra
Clifton, Kelsey
Cole, Dabias
Cole, Katlyn
Court, Derek



Criswell, Rebecca
Dalton, Samantha
Dannhardt, Amanda
Davidson, Tabitha
Derden, Bethany





Dishman, Calen
Doss, Nathan
Dougherty, Allen
Douglas, Catherine
Ellis, Todd

Emory, Sarah
Epling, Leslie
Evans, Candice
Fleenor, Heather
Fugate, Michael

Garcia, Juan
Gaxida, Ivan
Gilliam, Cassandra
Gilliam, Jessica
Griffith, Amber

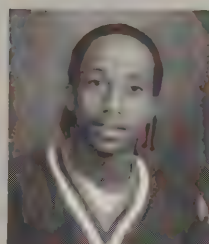
Hagy, Ryan
Hall, Seth
Hamby, Josh
Hammond, Sterlin
Harris, Robbie



Caught in the Act - Hurrying to avoid a tardy to class, sophomore **Maggie Wingard** grabs her books from her locker. Students attempt to have a locker close to all of their classes..

Between Friends - Posing for a picture between quarters, sophomores **Josh Hamby** and **Mary Katherine Wampler** grab a quick hug. Many memories can be formed during one's high school years.

Make-up Pictures



Cooke, Tyrone

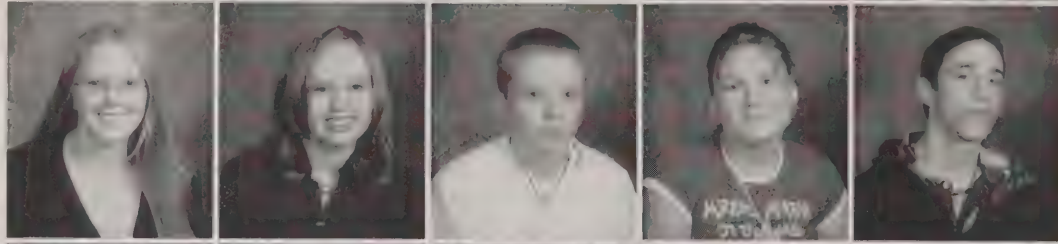


Treadway, Nicole

Hernon, Pamela
Hess, Conrad
Hess, Melissa
Hinson, Courtney
Hobson, Annie



Hoilma, Juanita
Hushour, Jessica
Hutton, Joshua
Johnson, Autumn
Johnston, Evan



Jones, Steven
Jordan, Ryan
Kelsey, Brandon
Lambert, Leann
Lampkins, Jonathan



Legg, James
Leniski, Samuel
Leonard, Melanie
Lewis, Ashley
Limburg, Logan



Looney, Gabrielle
Louis, Jessica
Mann, D.J.
Maxwell-Swarthout, Josh
McClain, Michael



McCready, Amber
McWhite, Amber
Milliff, Kimberly Ann
Mitchell, Caroline
Montgomery, Toni



Moore, Kenneth
Morales, Joanna
Necessary, Tiffany
Oliver, Corey
Otis, Jerry





Pearson, Walter
Phelps, Ashley
Puglisi, Margaret
Reed, Justin
Robinson, Jessica

Robinson, Tracy
Rogers, Christina
Roller, Daron
Rouse, Bryan
Schact, Vita

Scott, Adrian
Sharp, Bret
Shipley, Mary
Shores, Krystal
Skeens, Karissa

Slagle, Joshua
Smith, Lacey
Smith, Leann
Smith, Melissa
Son, Moah

Stines, Travis
Stout, Katrina
Stroup, Michael
Sullins, Adam
Sullivan, Melissa

Sykes, Jessica
Thaxton, Kari
Traylor, Patrick
Trinkle, Ashley
Tucker, Jennifer

Turner, Wesley
Wagner, Jenna
Waldron, Ashton
Wampler, Mary
KatherineWallace, Lindsey

Waugh, Allison
White, Loreal
Widener, Dustin
Williams, Ashley
Williams, Jerry



Wilson, Arick
Wingard, Christopher
Wingard, Maggie
Wisman, Nicholas
Woods, Stephen

Freshmen

Alvis, Aaron
Armitage, Janelle
Arnett, Mark
Ashley, Rachel
Badger, Christopher



Bagnall, Kirk
Baker, Karter
Barrett, Hannah
Baumgardner, April
Baumgardner, Michelle



Begley, Cemone
Belcher, Andre
Bell, Robin
Bentley, Brian
Biggs, Edward



Bouton, Amanda
Branch, Sarah
Bratton, Tyler
Brent, Brandon
Bunche, Kendra





Burks, Shamerine
Camper, Gabrielle
Canter, William
Cantrell, Tara
Cardwell, Jerry

Carroll, Mark
Castle, Brandon
Chapman, Brandon
Chapman, John
Cilley, Amy

Clark, Jessica
Clevinger, Kelsey
Collins, S. Austin
Combs, Autumn
Combs, Jason

Combs, Ronnie
Copeland, Elijah
Copley, James
Cox, Latosha
Cross, Michael

Cruey, Emanuel
Daniels, Britt
Daugherty, Robert
Daugherty, William
Davenport, Julie

Delapp, Antwan
Dickenson, Chandler
Dixon, Megan
Dorton, Cara
Doss, Cory

Doss, Katelyn
Duckett, Brynna
Dye, Victoria
Eller, Kaylea
Esposito, Mark

Everett, Lana
 Fee, Arnold
 Ferguson, Cory
 Fields, Brittany
 Fleming, Ashley

No Photo
 Available

Franks, Lauren
 Fritts, Jordan
 Garcia, Yeraldine
 Gardner, Kimberly
 Gaylor, Joseph

Gobble, Tonya
 Goodell, Michael
 Gorley, Aaron
 Greer, Forrest
 Greiner, Jacquelyn

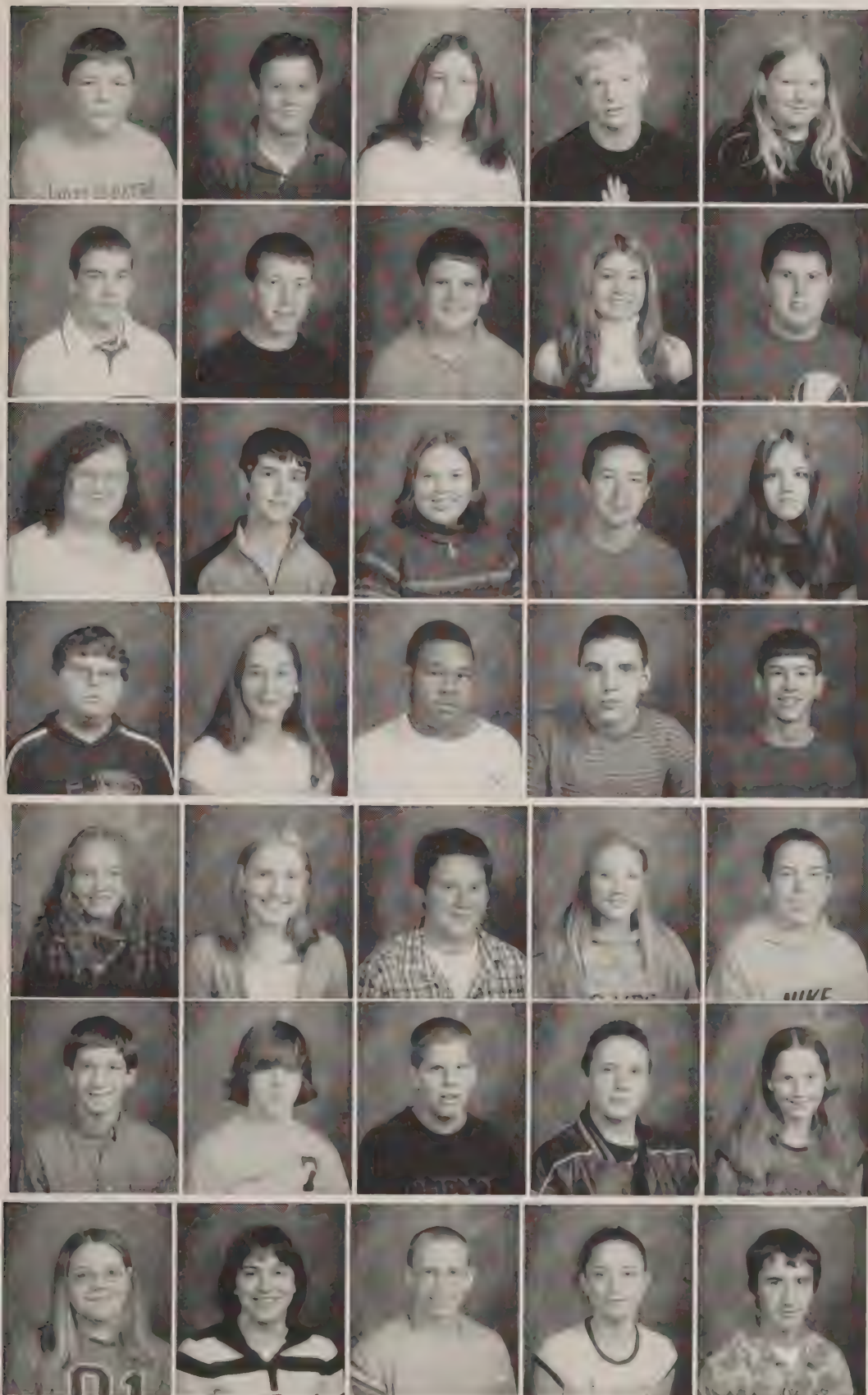
Greiner, John
 Grier, Wilt
 Grimm, Justin
 Hall, Aaron
 Hall, Ashley

Hall, Keyra
 Hall, Stephanie
 Hamilton, Charles
 Hartley, Richard
 Harris, Zachary

Harrison, Matthew
 Hartsock, James
 Hickman, Elizabeth
 Holbrook, Landon
 Holmes, Jacob

Howrad, Enricko
 Howard, Blake
 Hoyle, Devyn
 Huggins, Jordan
 Hurt, Derek





Isaacs, Ronald
Jamerson, Brandon
Jones, Samantha
Jordan, Phillip
Jordan, Tiffany

King, Mark
Kudela, Travis
Lauman, Peter
Leonard, Jessica
Leonard, Richard

Lester, Adrianna
Lewis, Craig
Lewis, Jessica
Looney, Brandon
Malory, Julia

Mann, Scottie
Martinez, Heather
McCoo, Samuel
McCracken, Anthony
McCracken, Blake

McCracken, Tabitha
McGann, Kayla
McMurray, Thomas
Mercer, Jetti
Messer, William

Millard, John
Miltier, Josh
Molnar, Nicholas
Monk, Jonathan
Montgomery, Caitlyn

Montgomery, Beverly
Montgomery, Lauren
Moore, Ben
Moore, Charity
Moore, James

Moore, Tabitha
Mora Rodriguez, Jonathan
Morlaes, Stephanie
Mueller, Anthony
Mumpower, Debra



Muncey, Mandi
Necessary, Keshia
Oakes, Willie
Odum, Christen
Ontaneda, Adriana



Otey, Kayla
Ovcharenko, Aleksadr
Owens, Tiffany
Parker, Christy
Parks, Aaron



Parrott, Carrie
Parker, Misty
Peterson, Lacey
Pickel, Matthew
Pierce, Kortney



Poore, Cameron
Poplin, Timothy
Prather, Sierra
Reed, Rachel
Rine, Amanda



Roark, Angela
Roark, Daniel
Rose, Ana
Rose, Justin
Rosenbalm, Brian



Satterfield, Heather
Scott, Amanda
Scott, Casey
Scragg, Heather
Shaffer, Jeremy





Shankel, Nathan
Sharp, Kaitlyn
Shaver, Kayla
Shazor, Ryan
Shepherd, Brooke



Shutters, Megan
Simpson, Rebecca
Sipple, Shannon
Slagle, Amanda
Slaughter, Thomas



Smith, Davina
Smith, Lindsey
Smith, Jordan
Smith, Preston
Somerville, Tiffanie



Sourbeer, Brooke
Sproles, Amanda
Sproles, Christopher
Stallard, Tanya
Stanley, Kristie



Stergios, James
Stowers, Robert
Stinnette, Amanda
Sweeney, Bevan
Tabb, Tyson



Talley, Jeremy
Thomas, Amy
Thompson, Carla
Tignor, Victoria
Vereen, Terrell



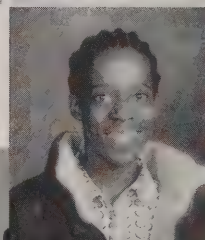
Vestal, Janel
Viers, Brandon
Wagner, Tierra
Waller, Cody
Walling, Sandy

Walsh, Gerald
 Wann, Tyler
 Waugh, Kayleigh
 Weatherly, Jaron

Wei, Xiao
 Wells, Kayla
 White, Alma
 Whitt, Brandon
 Wingate, Spencer

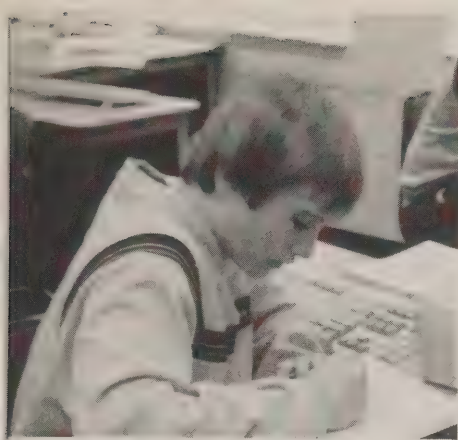
Williams, Heath
 Williams, Lauren
 Wilson, Olivia
 Wolfe, Beth
 Woodby, Cory

Young, Jamar

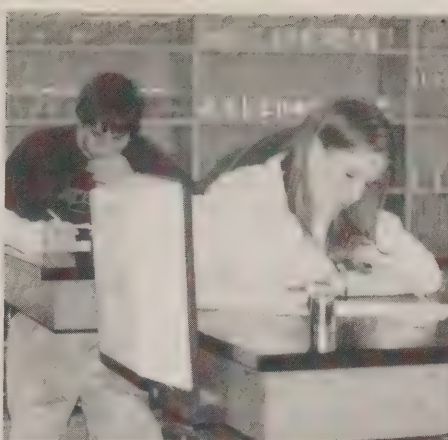


Freshmen

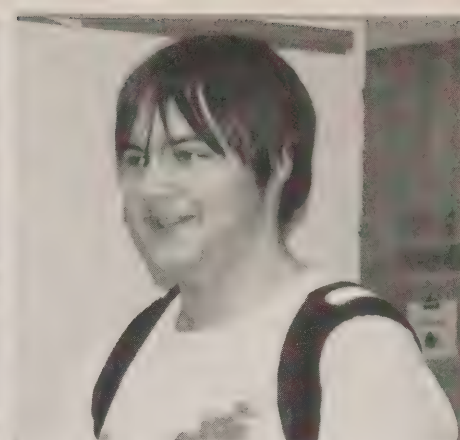




Writing - A student is working on the writing assignments that each class is required to give every six weeks.



Let do Chemistry - Chemistry class is stressful. Here seth some students take a pop quiz on the elements of the Periodic Table.



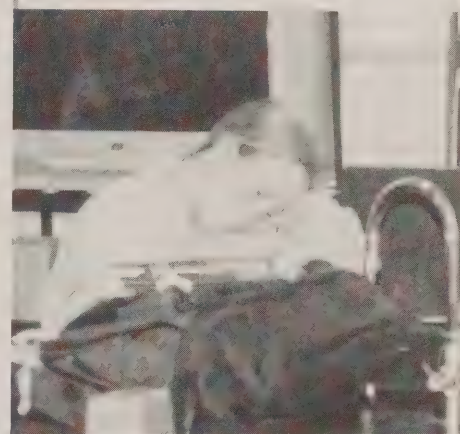
The loner - The only IB canidate in the Jounior class, **Sam Cooper** smiles as he walks down the hall.



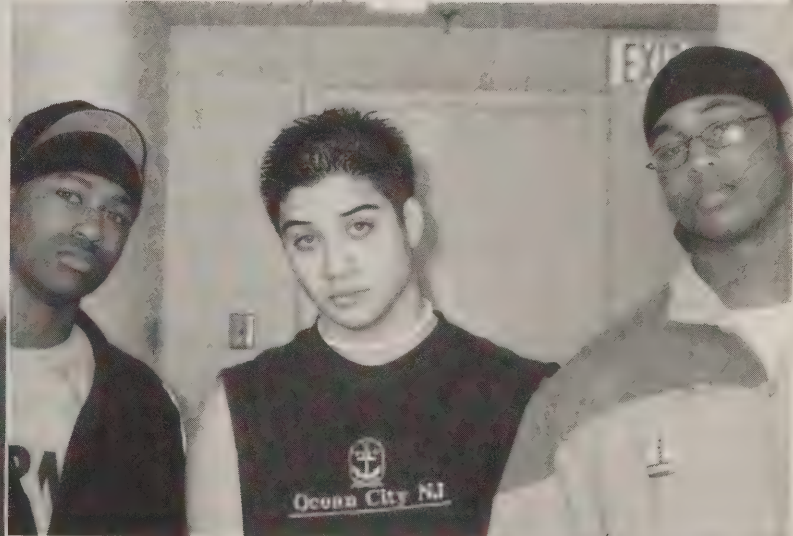
Typing Away - During CIS class **Evan Johnston** works on his typing assignment given by Mrs. Fuller.



Lights, Camera, Action - Playing around in the dressing room before the preformance of West Side Story are **Scottie Worley** and **Mark King**.



Brain Freeze - Craming for a huge test **Caroline Mitchell** studies intently aourednd by piles of books and homework.



Timeless Memories



Night Fever The night before their first cheerleading competition, cheerleaders Morgan Sharp, Sarah McVey, Brittany Sourbeer, and Anna Stringer let loose. These girls will always remember being part of Virginia High's first competition squad.



Hang Time Resting after warm-ups, freshman Tonya Stallard and senior Amy Derr catch their breaths before their events. Cross country is a time consuming sport which requires devotion to the team.



Miss America Subsequent to the judging of candidates, pageant participants Brooke Sourbeer, Mary Katherine Wampler, and Brittany Sourbeer gather for a group smile. Participation in Spring Festival creates long lasting memories.

Honor Roll Taking a break from the induction ceremony for National Honor Society, these senior girls smile for the camera. National Honor Society is a prestigious organization that serves both the school and community.

It's Game Time-At a Bearcat football game these underclassmen cheer for their team. Bearcat pride is essential for the success of the football team.



Glamour Girls-Participating in their last Spring Festival, seniors Jerry Goodpasture, Julie Ward, and Devin Williams catch their breaths before the performance.



Forever Friends-After school, basketball team members Katie Pittman, Courtney White, and Kayla Wells prepare for their game.

Bump Shot-During gym class, these students display their basketball skills. Gym class provides students with a break from rigorous academic classes.



Senior Memories-During IB Biology, this group of seniors takes time from taking notes to snap a picture. IB Biology is a difficult class with a detailed curriculum.



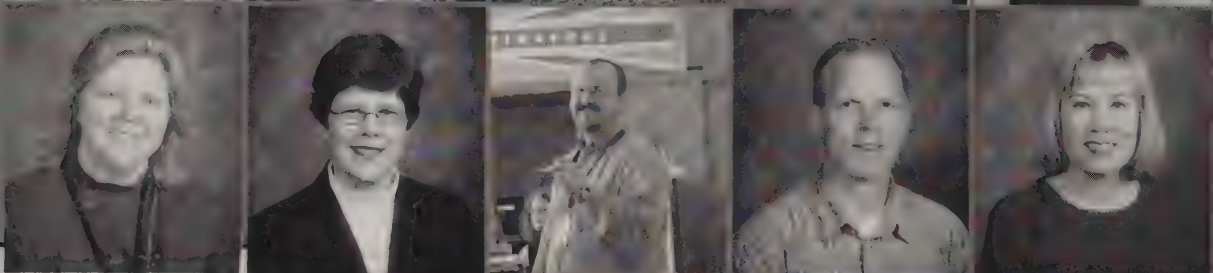
Acuff, Sharon
Adams, John
Alvis, Cindy
Austin, Richard
Black, Jan



Blankenship, Roya
Bolling, Sharon
Bowden, David
Boyle, Molly
Caldwell, Terry

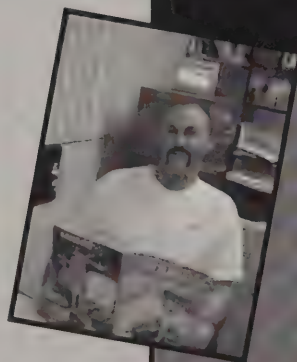


Chumley, Janet
Cochran, Annette
Coffman, Andy
Cole, David
Cowell, Bronwyn



Cressel, Ed

His claim to fame is developing the new fitness and weight training class.



Drozdowski claim to fame having a posi-

Duffield, Dan fame is tack-hensive com-



Fuller, Holly face is bright-student's

Garner, claim to fame knowledge of

Dean, Lisa

Her claim to fame is preparing one for the business world.



Gray, Jeff

His claim to fame is creating positive and exciting activities to begin class.





Holcomb, Susan
Hudson, Tom
Humphreys, Brad
Johansen, Sharrin
Jord, Sue

Kristofek, Linda
Larson, Phyllis
McCartney, Linda
Mann, Heather
Morkowski, Sue

Merrick, Jane
Merrick, Stewart
Mitchell, Frank
Necasey, Teresa

indy - Her
always
ive outlook.

- His claim to
ling compre-
puter designs.

- Her claim to
ening a
school

Eileen - Her
is creating a
new cultures.

Orr, Myra

Her claim to fame
is broadening the
students' mind
with the wonder-
ful world of
chemistry.



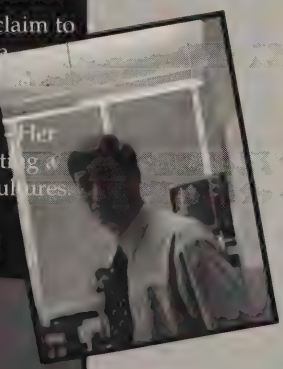
Parks, Bonnie

Her claim to fame is discovering the new
territories that are yet to be discovered.



Osborne, Ray

His claim to fame
is giving a helping
hand to those who
need it.



Palmer, Kristin

Her claim to fame
is enlightening
students' and
opening the doors
to new areas of the
arts.



Phelps, Toni



Post, C



Quesenberry, Kara



Baker, Patsy
Scott, Michael
Senior, Amy
Broussard, Nancy
Tinkler, Alice



Taylor, Lynn
Tooh, Alex
Williams, Doris
White, Mazie
Young, Judy



Black, Jan - Her claim to fame is showering student's with kindness.

Hall, Wendy - Her claim to fame is reaching every students' needs.

Bush, Myrna - Her claim to fame is showing students' that with determination that can always succeed.

Kistner, Sharon - Her claim to fame is giving help to those who need it.

Danko, Ina

Her claim to fame is stressing the importance of a good education and a healthy learning environment.



Carroll, Brenda

Her claim to fame is implenting and enforcing rules that will allow students to foster their educational growth.



Collins, Ronnie

His claim to fame is allowing students to live up to their potential by asking them to live up to their fullest potential.



Salyer, Mona

Her claim to fame is her unselfishness in giving her time to others.





Stewart, Tammy

Her claim to fame is healing the body, mind and soul.



Davenport, Bill

His claim to fame is creating a clean and healthy environment.



Neal, Pam

Her claim to fame is enriching the minds of young people through her love of literature.



Halstead, Dee

Her claim to fame is organizing materials that will aid in a student's future endeavors.



Morris, Julia

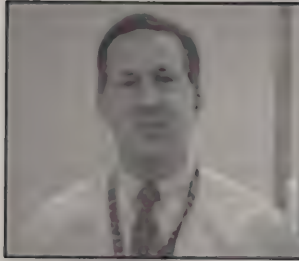


Gregg, Vicki

Her claim to fame is organizing and collecting money and receipts to help fund clubs and organizations.

Her claim to fame is having a welcoming smile and hello to everyone that enters the office.

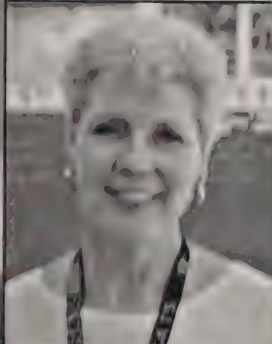
Mr. Duffield



Mr. Gray



Mrs. Tasker



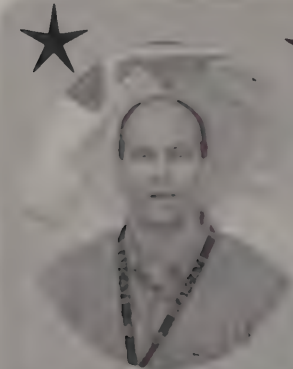
Mrs. Quesenberry



Mrs. White



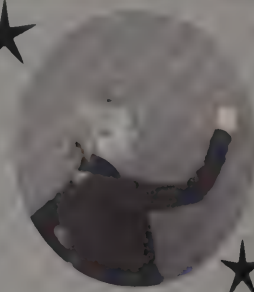
Passions - While watching the students work hard on their english, **Mr. Scott** takes a moment to pose for the camera. English is a very interesting subject to teach and many teachers have a passion for it.



Next - In preparation for the beginning of class, **Mr. Mitchell** reviews his notes. The camera crew asks for a brief picture before class begins.



Step by Step - All work, no play. Here teacher **Mrs. Mann** writes homework assignments on the board. Even though most students do not enjoy doing homework, it is a great way to improve your skills.



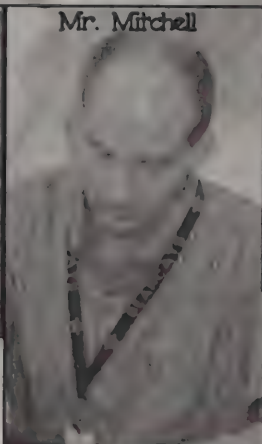
Cops - Please do not arrest! **Mr. Cole** is the guy to tell you about criminal justice. Not only is he a great teacher but he is an awesome cop as well.



Zoom - Rushing down the hall, **Mr. Collins** stops for a quick picture. Being assistant principal is perfect for this guy.



Mr. Gray



Mr. Mitchell

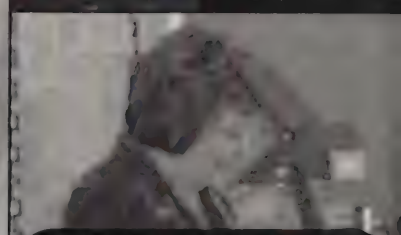


Mrs. Quesenberry

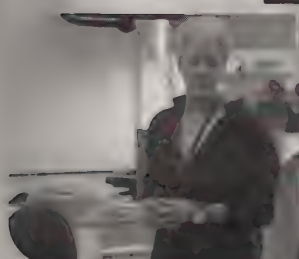


Mr. Duffield

First Business - In her class school work always comes first. **Mrs. Alvis** puts notes on the overhead while speaking to her class.



Smart Guy - As the students take notes, **Mr. Scott** looks over some work. Taking notes may not be fun, but it helps students learn more.



Extra - Learning a new language is very exciting, especially with **Mrs. Tasker** as your teacher.



To be Announced - Reading aloud to her class, **Mrs. Quesenberry** adds life to many characters in the story. This makes reading more interesting.



Modern Marvels - The students work very quietly and **Mr. Scott** looks at them in amazement. Is this a joke or are they really being good students?



Just Shoot Me - Getting her picture taken, **Mrs. Mann** smiles at the camera. School pictures are always fun.

Lets go to Work - Concentrating on his work, Mr. Collins looks down, not knowing that his picture is being taken.



Boston Public

A New Beginning of a Wonderful Future

Real World - As her students work very hard in the library, Mrs. Quesenberry daydreams off into space. Sometimes it is hard to stay focused.



"Mr. Cole is the coolest cop I know. He is of course the only cop who hasn't tried to arrest me yet"

-Daniel Dunnington

"Mrs. Quesenberry is a very generous teacher. I love the way she teaches because she makes the class fun and interesting."

-Christy Parker

"Mr. Duffield is a great teacher. I look forward to his class everyday. He has a unique way of teaching and hes a cool homie."

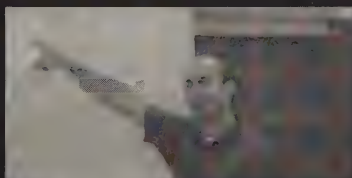
-Clyde Nophlin

What do the students think about the new teachers?



You Gotta see this! - Its story time. Mrs. Senters and Mrs. Salyers tell a stroy while all the students set around and listen. Story telling is a good way to use your imagination.

Inside Mr. Gray



Q: What important skills should students learn in order to survive in today's society?

A: All students should be life long learners and have a thirst for knowledge. I believe you should always want to imporve yourself.

Q: What qualities make a good teacher?

A: A good teacher should always wnat to better themselves. They should always care about teaching and your students and have a passion for it.

Q: What is your philosophy of education?

A: Always challenge the student, provide them with means to make it and they will suceed.

Brittany Sourbeer



Brittany Sourbeer

It seems like yesterday when you started kindergarten, and now you are graduating from high school. You have accomplished so much during these years, and we are so very proud of the beautiful young woman you have become. Congratulations!

We love you,
Mom, Dad, & Brooke



Jiff y Lube



(540) 466-4007

Steve Miller
Manager

3150 Lee Highway
Bristol, VA 24201
(Lee Hwy at Exit 7 off I-81)



BRISTOL SCHOOL OF HAIR DESIGN

Courses: Cosmetology • Nail Technician • Teacher Training •
Natural Hair Stylist • Shampoo

Services: Perms • Cuts • Color • Facials • Nail Services

Ann S. West

Director

(276) 466-4534 (276) 669-2112

805 Commonwealth Ave.

P.O. Box 2021

Bristol, VA 24203-2021

Bristol School of
Hair Design

Econo Lodge



Bristol, VA

912 Commonwealth Ave.
Bristol, VA 24201

276-466-2112 Fax: 466-0045

email: va169@apluslodging.com
www.apluslodging.com

Randy Sluss

General Manager

Allen Management, Inc. Property

Good Luck

Class of

2004

A
l
l
s
t
a
t
e



Allstate.

You're in good hands.



Proud Home & Auto Insurance Sponsor

Jeffrey M. Combs, LUTCF

Exclusive Agent

Jeff Combs Agency



Allstate Insurance Company

109 Bonham Rd. Suite 3

Bristol, VA 24202

Phone 276.669.3100 / 276.546.3224

Fax 276.669.9453

After Hours 276.669.0213

Email jeffreycombs@allstate.com

<http://agent.allstate.com/a027860>



FOUR LEAF
FINANCIAL CORPORATION

RICHARD W. BUCHANAN

President and CEO

191 Bristol East Road, Suite 201 • Bristol, Virginia 24202
Office: 276/466-0404 • Fax: 276/642-7220 • Cell: 423/914-0004

Four Leaf



**COMMONWEALTH
COMMUNITY BANK**

A Branch of Miners and Merchants Bank and Trust Company

Phil Barker

*Assistant Vice President
Branch Manager*

1897 Lee Highway • Bristol, VA 24201
Phone: (276) 466-1000 • Fax: (276) 466-0209

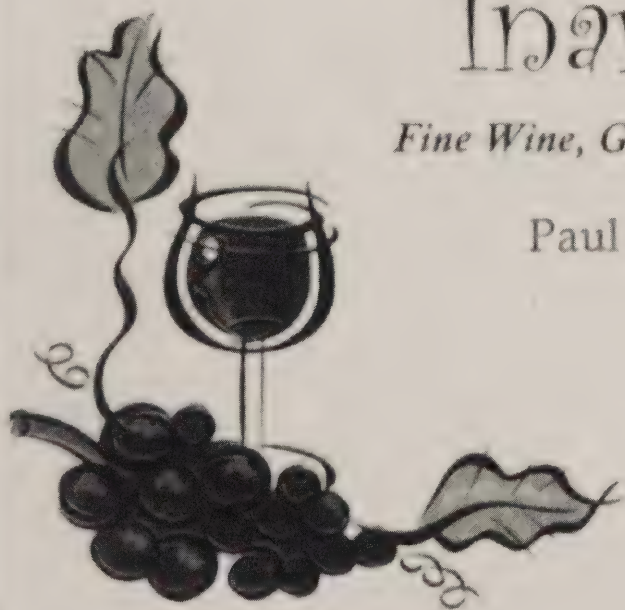
**Commonwealth
Community Bank**

Inari Wines

Inari Wines

Fine Wine, Gourmet Food, Cheese & Gifts

Paul & Aulikki Brandt



40 Piedmont Avenue
Bristol, VA 24201
(276) 821-WINE (9463)
Info@InariWines.com
www.InariWines.com

Dedication

A&E Biography

Mrs. Neal



In the library's computer lab, Mrs. Neal stops and smiles for the camera.

For years Mrs. Neal has been showing students the joys of reading. As most people have found out, Mrs. Neale has a great personality and is a very interesting person. She was kind enough to take time out of her busy schedule to sit down for a one on one interview.

How many years have you been a librarian at VHS?

I have been a librarian for 30 glorious years.

How has this year been for you?

Its been hectic, but good. I enjoy the students.

Do you prefer the middle school or the high school?

I love the high school students, but I enjoy the activities I did with the middle school students more.

What are your hobbies and interest other than reading reading?

Soap operas! I love soap operas. I watch general hospital, collect dolls, and go to my son's swim meets

Do you consider yourself an introvert or an extrovert?

Introvert, but my job makes me an extrovert.

Have you ever been criticized for your views?

Oh yes. I see my self as a liberal in a conservative school system in a conservative town in a conservative state.

"MRS NEAL IS PERHAPS THE MOST CREATIVE AND INTOXICATING CHARACTER I KNOW. SHE HAS INSPIRED ME IN SO MANY WAYS. SHE HAS TAUGHT ME TO LOVE LIFE AND GRAB EACH DAY AND MAKE THE MOST OF IT. I HOPE THAT I CAN ASPIRE TO BE THE TYPE OF EDUCATOR THAT SHE IS: COMPASSIONATE, HARD-WORKING AND DEDICATED."

--Ms. Palmer

MRS. NEAL

Throughout the day.



The Nanny- Never fear!!!!

Mrs. Neal is near. This phrase is often heard in the main office when they are unable to find a substitute.



Step by Step- Searching through the shelves, Mrs. Neal helps senior Anna Smith find a requested book.

A helping hand- Always one to help, Mrs. Neal assist Sophomore Jamar Hellion. When it comes to literary knowledge, Mrs. Neal is the go to person.



Life in the Word- Often times students seek out Mrs. Neal's expertise in acquiring specific research. Many classes require to do an in-depth research.



1-800 Missing - Many times Mrs. Neal escapes the pressures of a librarians life by camouflaging amongst the books.



A Perfect Partner - Scanning an encyclopedia, Mrs. Neal looks up some information for a student.

The Good 'Ol Days



"Mrs. Neal is awesome! I enjoy going to the library just to see Mrs. Neal. She is funny, nice, and creative. She also has an interesting collection of things in the library."

—Larissa Via, junior



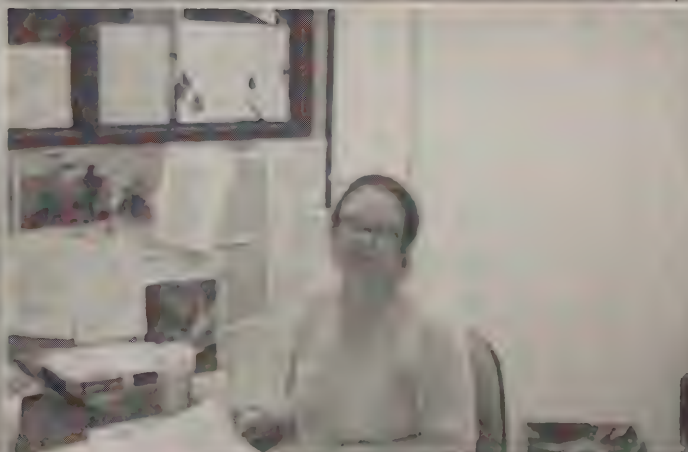
"Mrs Neal is a very nice person. She is very helpful and always helps me out when I have a question about something or when I need to find a specific book."

—Derick Cunningham, junior

Here, Mrs Neal helps her student helpers, Justin Hall and Anna Monroe, check out a book for Chris Wilson.



Looking up from her work, Mrs. Neal smiles for the camera. Mrs. Neal is always busy.



To Kill a Mocking Bird

"I love this book because it had so much to say about the times in which it was written."

Little Women

"I like this book because I read it when I was a little girl, and it was a book about little girls. It became one of my favorite books"

Valley of the Dolls

"This book changed my life. It was the first adult themed book ever read. I was in the 9th grade when I read it and it opened up a new genre of literature to me."



1 Cram-Checking her paper for mistakes, sophomore **Morgan Smith** tries to make it the best it can be. Being in IB classes requires a student to write many papers.

2 Boy Meets World-Trying to concentrate on his work, senior **TJ Slagle** is distracted by other students in the classroom. Students must work hard all day everyday to achieve good grades in school.

3 Killer Instinct-Thinking hard on his problem, freshman **Craig Lewis** concentrates to figure it out. The work students do in class is just as important as homework.



Futurama-While working on computers, senior **Joey Roark** and sophomore **Christina Rogers** gain skills they'll use for the rest of their lives. In jobs today computer skills are extremely important.



True Hollywood Story



G.P.A.-4.55
Proposed College
Attending-UVA
Favorite IB Course-
20th Century Topics



G.P.A.-4.56
Proposed College
Attending-Yale or UVA
Favorite IB Course-20th
Century Topics



G.P.A.-4.6
Proposed College
Attending-Washington
University
Favorite IB Course-20th
Century Topics

Personality Profile-Mrs. Propst

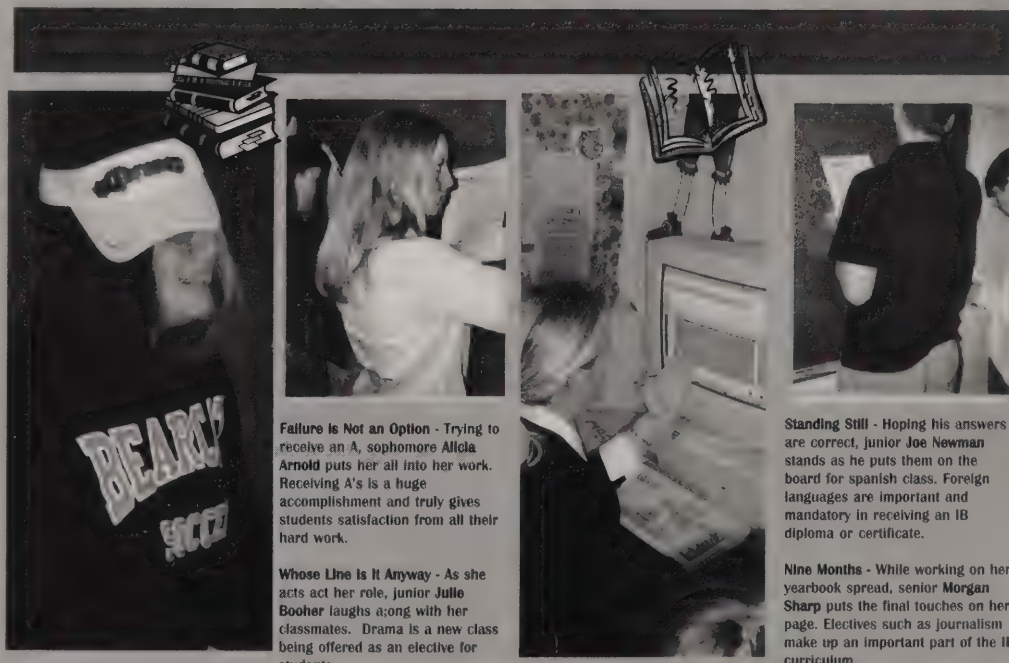
Why do you think there are not many full IB students? IB is a rigorous, time-consuming curriculum. Few students are willing to dedicate the time that is necessary.

How is it worth taking the really hard IB classes in the long run? A student who likes a challenge and wants the best preparation for college should go for it for his own education and academic growth.

How many hours must a student be willing to give if they take an IB course? That depends on the course and the grade the student wants to make. Any IB course requires much work outside of class.

Do you treat your IB students the same as your non-IB students? I am probably harder on my IB students than on others because I expect them to challenge themselves.

Why do colleges look at IB students so highly? Not all of them do, but schools that accept IB credit know that a student with an IB diploma is willing to work.

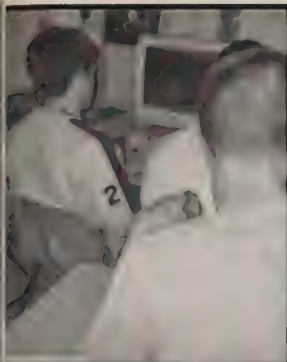


Failure is Not an Option - Trying to receive an A, sophomore **Alicia Arnold** puts her all into her work. Receiving A's is a huge accomplishment and truly gives students satisfaction from all their hard work.

Whose Line is It Anyway - As she acts her role, junior **Julie Booher** laughs along with her classmates. Drama is a new class being offered as an elective for students.

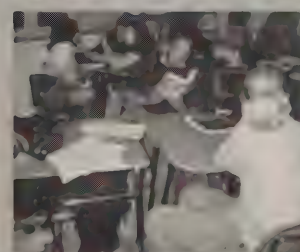
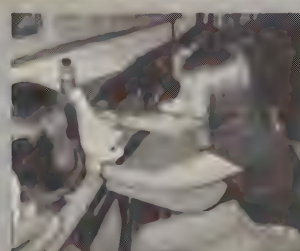
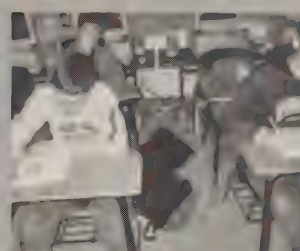
Standing Still - Hoping his answers are correct, junior **Joe Newman** stands as he puts them on the board for spanish class. Foreign languages are important and mandatory in receiving an IB diploma or certificate.

Nine Months - While working on her yearbook spread, senior **Morgan Sharp** puts the final touches on her page. Electives such as journalism make up an important part of the IB curriculum.



Top Seventeen Schools Who Offer AP Courses

1. Choate Rosemary Hall
2. Taft
3. Episcopal High
4. Miss Hall's
5. Northfield Mount Herman
6. Pomfret School
7. Berkshire School
8. Hockaday School
9. Hotchkiss
10. St. George's
11. Hill School
12. Phillips Exeter
13. St. Andrew's
14. St. Mark's
15. Cate School
16. Kent School
17. Middlesex School



Designed By: Mary Mathews Wampler

1

"We know that you are the best of the best, and we are proud to be part of your journey."

2

"We are proud to be part of your journey, and we are proud to be part of your journey."

3

"We are proud to be part of your journey, and we are proud to be part of your journey."

4

"We are proud to be part of your journey, and we are proud to be part of your journey."

5

"We are proud to be part of your journey, and we are proud to be part of your journey."

6

"We are proud to be part of your journey, and we are proud to be part of your journey."

7

"We are proud to be part of your journey, and we are proud to be part of your journey."

8

"We are proud to be part of your journey, and we are proud to be part of your journey."

9

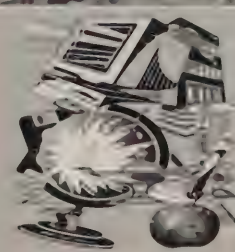
"We are proud to be part of your journey, and we are proud to be part of your journey."

10

"We are proud to be part of your journey, and we are proud to be part of your journey."

Top Ten Reasons You Know You've Been in
If you're long.....

Submitted By: <http://www.geocities.com/southbeach>

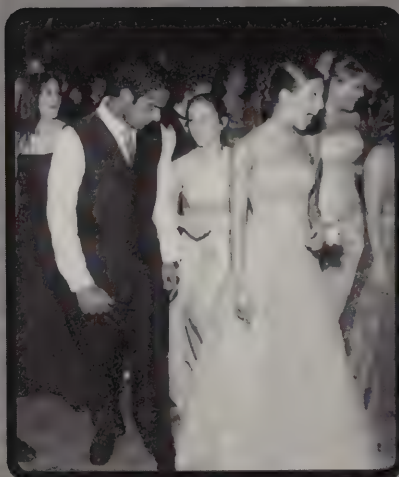


(Come 'Away) With Me



All_American Guy - In a gentlemen fashion this escorts helps his date Lindsey Branch into his vehicle. Prom gives students an opportunity to have a romantic evening out with their significant other.

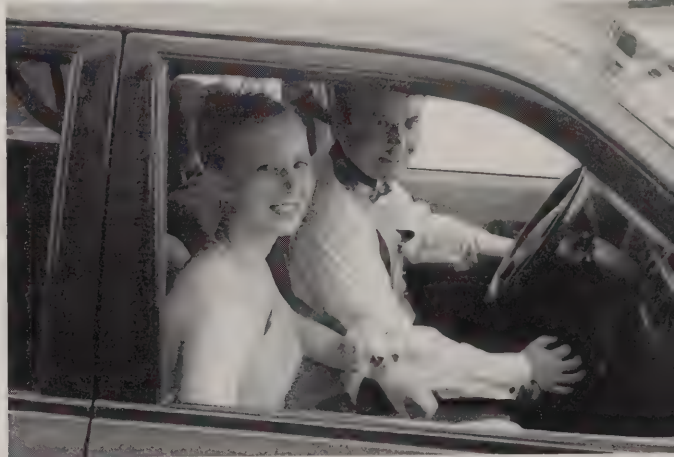
Boogie Nights - During a traditional line dance, these students slide to the music of the disc jockey. Dancing is always a highlight of the festivities.



Double the Fun - With a close friend Megan Evans poses for another friend. Many pictures are taken to remember the event forever.



Three's Company - Taking a break from a night of dancing and fun these students take advantage of the beautiful table settings and scenery that the prom committee has created. The prom committee works long, hard hours to present a memorable prom each year.



Taxi Driver - Preparing to park, Kelly Maples and Jonathan Derden look at the window to see who has arrived. The grounds of the school are flourished by many participants as the parade to the doors that lead to the event.



Each year the prom provides students with the opportunity to dress up and enjoy a night out with their peers. The night usually begins with freestyle, picture taking, and a mixers with friends and dates. As they enter the gym they are welcomed by an array of decorations that add a special theme each year. The year it was entitled "Leave Away With Me". The night is then filled with more laughter and love being shared. The memories of high school are transformed into one memorable evening.



Close Encounters - Snatching a shake from a buddy, junior **Scottie Worley** makes his rounds through the crowd.

Could It Be? In a lavish outfit made from duck tape, senior **Neil Hebbert** shows his fashion sense.

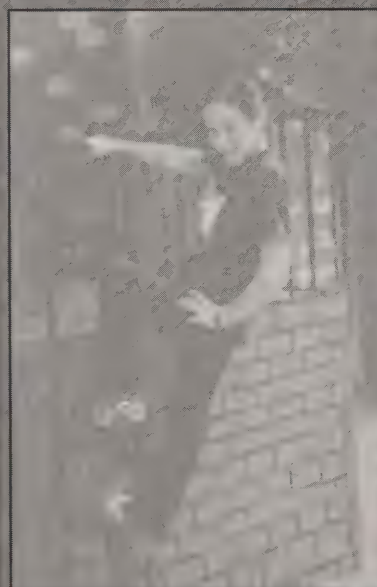
A Height of Measure - The famous Eiffel Tower looms over the festivities of the night. Many props are constructed to create a scenic prom overlook.



It's Good to Be



ANOTHER GREAT YEAR HAS COME AND GONE AT VIRGINIA HIGH, AND OUR SENIORS ARE READY TO HEAD OFF TO COLLEGE. THIS YEAR HAS BEEN GREAT, BECAUSE OUR ATHLETICS AS WELL AS OUR ACADEMICS HAVE DONE EXTREMELY WELL. VIRGINIA HIGH HAS A NEW DRAMA DEPARTMENT, A NEW TROPHY CASE AND A NEW SUPPLY STORE. THE HALL, LOCKERS AND THE LIBRARY HAVE GOTTEN FRESH COATS OF PAINT, AND THE SCHOOL GOT A NEW ASSISTANT PRINCIPAL, MR. COLLINS. THIS SCHOOL YEAR HAS BEEN ONE OF CHANGE AND GROWTH FOR OUR SCHOOL, AND WE ALL WANT TO WISH OUR SENIORS GOOD LUCK AS THEY VENTURE OFF TO NEW PLACES START NEW AND CHANGING LIVES.



King of the Hill - As she climbs the balcony on the West Side Story set, senior Jerry Goodpasture swings around for a quick perfect photo



7th Heaven - Friends Morgan Combs, Courtney Wright, Ellen Tidwell, and Mollie Salyer put on a big smile as they help each other get ready to go out.



at VHS

Sister-Sister - all dressed up and no place to go is the problem that Jerry Goodpasture, Julie Ward and Mollie Salyer have as they wait around back stage of the Lamp Pappy Auditorium.



Gilmore Girls - Look at how much fun Ellen Tidwell, Karissa Skeens, and Morgan Combes have dressing up before the play.

Charmed - Showing off his devilish charm, Scottie Worley demonstrates how exactly to capture the attention of that special woman.



Rugrats - Trying to hold still for a split second to get a picture taken is just too much to ask for this group of crazy girls.

The Incredible Hulk - Ready to rumble the guy, Cory Doss, Tommy Childress, Scottie Worley, Willie Oaks, Joss Dotson and Mark King get pumped up and aggressive.



Home Again - These little Bob Villas, Sarah Emory Brink, Marenings, Josh Hamby, Branlan Pruen and Mrs. Palmer got together to build all the things they really and Spring Festival.

It's Good to Be

Another great year has come and gone at Virginia High, and our seniors are ready to head off to college. This year has been great, because our athletics as well as our academics have done extremely well. Virginia High has a new drama department, a new trophy cases and a new supply store. The hall, lockers and the library have all gotten fresh coats of paint, and the school got a new assistant principal, Mr. Collins. This school year has been one of change and growth for our school, and we all want to wish our seniors good luck as they venture off to new places start new lives.



7th heaven - Friends Morgan Combs, Courtney Wirght, Ellen Tidwell, and Mollie Salyer put on a big smile as they help each other get ready to go out.

at VHS

ister-Sister - all dressed up and no place to go is the problem at Jerry Goodpasture, Julie Ward and Mollie Salyer have as they wait around back stage of the camp Pappy Auditorium.



Gilmore Girls - Look at how much fun Ellen Tidwell, Karissa Skeens, and Morgan Combes have dressing up before the play.



Rugrats - Trying to hold still for a split second to get a picture taken is just too much to ask for this group of crazy girls.



Home Again - Once little Bob Villan, Sarah Lemay, Brittia Maransing, Josh Hamby, Brandon Pruitt and Mrs. Palmer got together to build set for the year's play and Spring Festival.





2



1

1 Cram-Checking her paper for mistakes, sophomore Morgan Smith tries to make it the best it can be. Being in IB classes requires a student to write many papers.

2 Boy Meets World-Trying to concentrate on his work, senior TJ Slagle is distracted by other students in the classroom. Students must work hard all day everyday to achieve good grades in school.

3 Killer Instinct-Thinking hard on his problem, freshman Craig Lewis concentrates to figure it out. The work students do in class is just as important as homework.



3



Futurama-While working on computers, senior Joey Roark and sophomore Christina Rogers gain skills they'll use for the rest of their lives. In jobs today computer skills are extremely important.

E!

True Hollywood Story



G.P.A.-4.55
Proposed College
Attending-UVA
Favorite IB Course-
20th Century Topics



G.P.A.-4.56
Proposed College
Attending-Yale or UVA
Favorite IB Course-20th
Century Topics



G.P.A.-4.6
Proposed College
Attending-Washington
University
Favorite IB Course-20th
Century Topics

Personality Profile - Miss Propsi

Why do you think there are not many full IB students? IB is a rigorous, time-consuming curriculum. Few students are willing to dedicate the time that is necessary.

How is it worth taking the really hard IB classes in the long run? A student who likes a challenge and wants the best preparation for college should go for it for his own education and academic growth.

How many hours must a student be willing to give if they take an IB course? That depends on the course and the grade the student wants to make. Any IB course requires much work outside of class.

Do you treat your IB students the same as your non-IB students? I am probably harder on my IB students than on others because I expect them to challenge themselves.

Why do colleges look at IB students so highly? Not all of them do, but schools that accept IB credit know that a student with an IB diploma is willing to work.



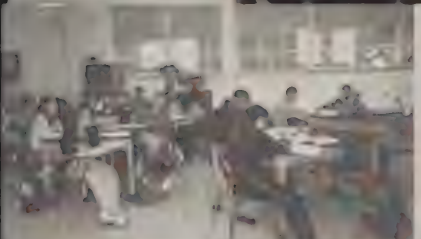
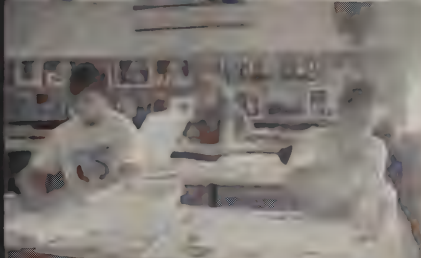
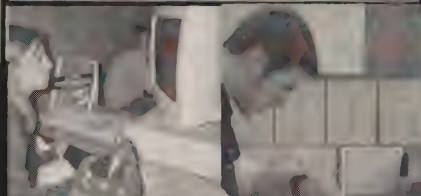
Failure is Not an Option - Trying to receive an A, sophomore Alicia Arnold puts her all into her work. Receiving A's is a huge accomplishment and truly gives students satisfaction from all their hard work.

Whose Line is it Anyway - As she acts out her role, junior Julie Booher laughs along with her classmates. Drama is a new class being offered as an elective for students.



Standing Still - Hoping his answers are correct, junior Joe Newman stands as he puts them on the board for spanish class. Foreign languages are important and mandatory in receiving an IB diploma or certificate.

Nine Months - While working on her yearbook spread, senior Morgan Sharp puts the final touches on her page. Electives such as Journalism make up an important part of the IB curriculum.



Top Seventeen Schools Who Offer AP Courses

1. Choate Rosemary Hall
2. Taft
3. Episcopal High
4. Miss Hall's
5. Northfield Mount Herman
6. Pomfret School
7. Berkshire School
8. Hockaday School
9. Hotchkiss
10. St. George's
11. Hill School
12. Phillips Exeter
13. St. Andrew's
14. St. Mark's
15. Cate School
16. Kent School
17. Middlesex School



1

2

3

4

5

6

7

8

9

10

The Ten Reasons You
Love You've Been in
10th Grade Long.....

Submitted By: <http://www.geocities.com/southbeach>

Paramount



THE PARAMOUNT CENTER FOR THE ARTS

Harry Scanlan
Executive Director

518 State Street
Bristol, TN-VA 37620
www.theparamountcenter.com

Phone (423) 274-8920
Fax (423) 274-8937
scanh@earthlink.net

Gillenwater



Gillenwater Chiropractic and Acupuncture Center

DR. T. H. GILLENWATER, D.C., FIAMA

2110 Euclid Avenue
Bristol, Virginia 24201
276-669-8683

SPECIALIZING IN SPINE AND NERVE REHABILITATION

James P. Callanan

721 Commonwealth Ave.
Bristol, VA 24201

James P. Callanan, O.D.
Doctor of Optometry



Telephone: (540) 466-3420
Fax: (540) 466-3387

L. Sean Mullins

Member
American Association of
Orthodontists



TELEPHONE
(423) 764-4174
(423) 764-4175 FAX

L. SEAN MULLINS, D.D.S.
SPECIALIST IN ORTHODONTICS

OFFICE HOURS
BY APPOINTMENT

350 BLOUNTVILLE HWY., SUITE 206
BRISTOL, TN 37620

Williams and Co.



High Technology Precision • Distinctive Craftsmanship

- About Our Services
- Meet Our Clients
- Where To Find Us
- Our Facilities

PO Box 189, 101 Vance Street, Bristol, VA 24201

~~540~~ 466-3342 • 800-446-9370 FAX (~~540~~) 466-8501

~~276~~

Established 1937 ~~276~~

website: <http://www.williamsusa.com>

email: info@williamsusa.com

Harry Williams , President
John Mort, Shop Supervisor

Craig Kistner , Purchasing Agent
Steve Fletcher, Customer Service

Dawn Wright, Office Manager

John V. Compton, III

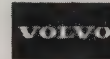
Compton's
Cleaners & Laundry
"At Your Service"
JOHN V. COMPTON, III
Family Owned Since 1957

Goodpasture Motors

GOODPASTURE MOTOR COMPANY, INC.

3415 Lee Highway, Bristol, Virginia-Tennessee 24202
Sales/Service: (276) 669-0311 • Parts: (276) 669-3191
Fax: (276) 669-0393
Email: fgoodpasture@goodpasturemotor.com

FRANK GOODPASTURE III
PRESIDENT



Cranberry Lane

Three Locations to Serve You

Home Accent's Direct 623 State Street
2270 Two Rivers Blvd. Bristol, Virginia 24201
Sevierville, Tennessee 37867 276-669-9899

Shipping & Billing Address: 616 Alabama Street Bristol, Tennessee 37620
423-764-0836 FAX 423-764-0619 CELL 423-612-4053
SHIRL MIKEAL, Owner

Cranberry Lane

Blakley-Mitchell



JIM MCFADDIN



BLAKLEY-MITCHELL COMPANY
EXCLUSIVE
MEN AND YOUNG MEN'S STORE
517 State Street
BRISTOL, VIRGINIA 24201
540-669-0116 • FAX 540-669-0117



333 Bluff City Highway
Bristol, Tenn.

"Best Breakfast In Town"

**GOOD FOR 3 CIRCLE BURGERS
ANYTIME**

Open
7:30 a.m.-8 p.m.
Closed Sunday

Blue Circle

Arrington Schelin & Herrell

ARRINGTON SCHELIN & HERRELL, PC

The People's Law Firm

ACCIDENTS AND DISABILITY

PERSONAL INJURY

SOCIAL SECURITY DISABILITY

VA AND TN WORKERS' COMPENSATION

Offices Located In

Bristol * Kingsport * Johnson City * Lebanon * Norton * Grundy

Free Consultation

1-800-336-4062 or 276-669-9111

Authorized by James E. Arrington, Jr., 1315 Euclid Avenue, Bristol, VA

Associated Construction Services

**ASSOCIATED
CONSTRUCTION
SERVICES, INC**
GENERAL CONTRACTOR

WILLIAM H. THOMPSON
PRESIDENT

100 FIFTH STREET
SUITE TWO WEST
P O BOX 1787
BRISTOL, TN 37621

(423) 968-7822
(423) 968-5930 FAX

MOUNTAIN SPORTS, Ltd.

1021 Commonwealth Avenue
Bristol, VA. 24201

Phone: (276) 466-8988
Fax: (276) 466-8083
www.mountainsportsLtd.com
E-Mail: mtnsports@naxs.net

BOB CHIVERS

Mountain Sports **FleetPride**

FleetPride
Heavy Duty Experts

3528 Lee Highway
Bristol, Virginia 24201

Tel 276.669.7833
Toll Free 800.562.4881
Fax 276.669.9535

Jimmy Scott
Branch Manager

www.fleetpride.com

Bristol Auto Glass
14341 Lee Hwy.
Bristol, Virginia 24202

Phone: (276) 466-6615
1-888-466-6615

Fax: (276) 466-6105
Free Estimates

Pam Davenport, CSR

Bristol Auto Glass

Aluminum • Commercial • Fiberglass • Bed Liners • Other Accessories

Trav-A-Lite

Aluminum Truck Caps

Brian Leonard
Vice President

21498 Trav-A-Lite Drive
P. O. Box 114
Bristol, VA 24203

1-800-793-8929
276-669-2681
276-669-2045

Trav-A-Lite

FOOD CITY



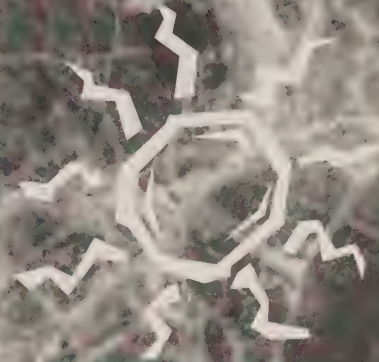
The Food Experts.

Closing

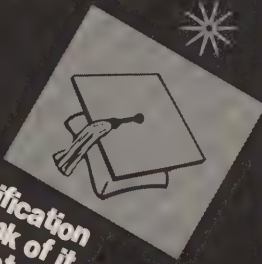
Senior Song:
Eve 6-
Here's to the Night



"All my time is frozen motion.
Can't I stay an hour or two or
more? Don't let me let you go.
Here's a toast to all those who
hear me all too well. Here's to
the nights we felt alive. Here's to
the tears you knew you'd cry.
Here's to goodbye - tomorrow's
gonna come too soon"



"You are educated. Your certification
is in your degree. You may think of it
as the ticket to the good life. Let me
ask you to think of an alternative.
Think of it as your ticket to change the
world."
-Tom Brokaw



"It is clear the future holds
great opportunities. It also
holds pitfalls. The trick will
be to avoid the pitfalls,
seize the opportunities,
and get back home by six
o'clock. ~Woody Allen

I'm really looking forward to my senior year. It is sad that it will
be the last year I will spend with my friends but I am a firm
believer that good times must end so never times truly begin and I
definitely have a lot to look forward to!

Ellen Howell

What aspect of being a
senior are you most looking
forward to?

I'm looking forward to my senior year because this last moves me one
step closer to leaving high school and going forward with my life. Sure
I'll probably wish I had done a lot of things differently but overall I'm
not too bad to go on.

Melina Sullivan

First
Impressions

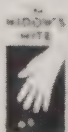
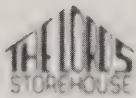
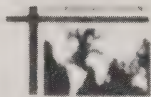
First Impression
Merle Norman & The Spa

276-669-1053 276-669-7040

Fax 276-466-8462

**313 Gate City Highway
Bristol, Virginia 24201**

King Benevolent Fund



Erica Baldrige



King Benevolent Fund, Inc.

1117 Commonwealth Ave. • Bristol, VA 24201

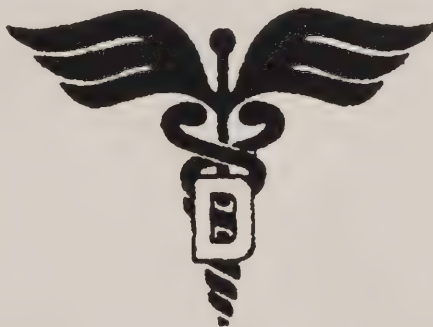
Phone: 276-466-3014/800-321-9234 Fax: 276-466-0541

Welcome

JAMES M. SEAVER, D.D.S.

TYLER L. PITTMAN, D.D.S., P.C.

General and Preventive Dentistry for the Entire Family



1740 Euclid Avenue • Bristol, Virginia 24201



Team Picture- Taking a moment for a picture, the track team gears up for their meet. Enjoying the time together, the team instills a sense of community into an otherwise everyday activity.



Leading the Team- Verifying that everything is in order, **Coach Byington** is a valuable resource for the track team. Many sports teams have dedicated mentors who lead them to victory.



Set It Off- Throwing with all of her might, Freshman **Brooke Shepard** gives her audience a show to remember. Many athletes help the school by entertaining spectators.



Down Time- Preparing for the meet, Freshman **Brittany Fields** takes a moment to relax. Entering the meet calm and refreshed often helps the athlete win.



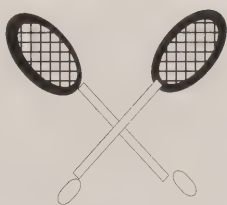
Speed- Burning up the track, the runners display the dedication and resilience typical to a track member. Numerous athletes display these characteristics with their unending will to succeed.

Presenting... Tennis!

The Virginia High tennis program promotes energy, comraderie, and athletic achievement. The players benefit from the pride of victory, while the audience never lacks a source of entertainment. We thank the tennis teams for a wonderful season!

HOME

40



VISITORS

LOVE



Working Together- Coming together, each individual has an integral role in making the tennis team successful. Many players contribute to the elements that make the season memorable.

SPECIAL HONOR
FIRST SEAT (GIRLS)
ELLEN TIDWELL



Teamwork- Posing for the camera, the boys' tennis team displays not only their creativity, but also solidity and friendship. School sports and activities often encourage this type of bond.

SPECIAL HONOR
FIRST SEAT (BOYS)
RYAN CALLANAN



SOFTBALL TOTAL



2004 Varsity Schedule

Opponent	Location	Time	Results
Sullivan East	Home	6:00	
Tenn. High	Home	5:00	
Marion	Home	6:00	
Tazewell	Away	5:00	
Lee	Away	5:00	
Abingdon	Away	6:00	
Marion	Away	6:00	
Tazewell	Home	6:00	
Lee	Home	6:00	
Abingdon	Home	6:00	

Back (Left to right)- Eric Senter, Ronnie Davis, and Barry Read
Middle (Left to right)- Katie Pittman, Tonya Stallard, Heather Martinez, Amanda Smith, Courtney White, Megan Shuttles, and Angel Foster

Front (Left to right)- Melissa Smith, Lindsey Branch, Jenna Wagner, Megan Branson, and Heather Scragg



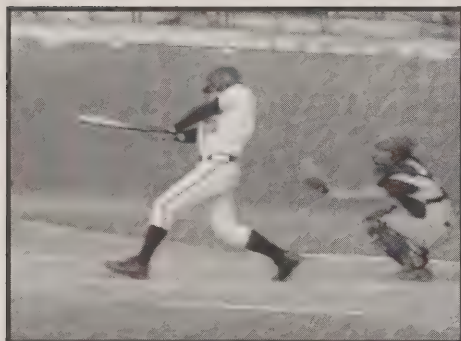
Water Limits- After catching the ball, freshman Megan Cutters tags the base for the final out. Eye coordination is a key point to determining where the ball will land.

Great Women- Freshman Tonya Stallard steals a base to bring in the winning run. Speed is an extreme factor when playing softball.

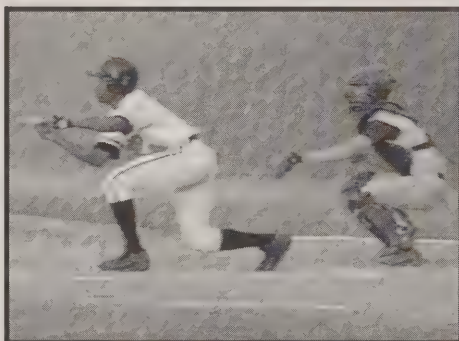
Hammy- As the ball leaves the glove, senior Lindsey Branch is in for a close call. Softball requires both skills and determination.

Lets Go To Work- As they prepare to take the field the girls' softball team gathers around for a quick talk. Communication with teammates is extremely important in sports.

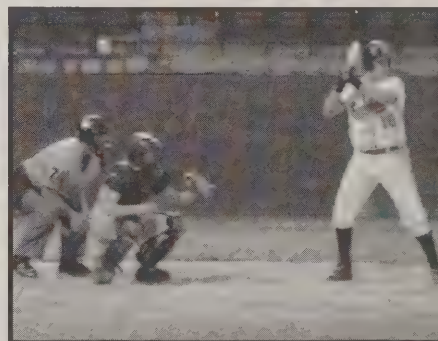
2004 Virginia High Bearcats Team Roster: Josh Trent (1), Justin Grimm (2), Daniel Stevens (3), Clyde Nophlin (4), Heath Williams (5), T.J. Slagle (6), Doodle Hicks (7), Kregg Mabe (8), Hunter Greer (9), Trent McVey (10), Kevin Morrison (11), Logan Limburg (14), Trey Francisco (15), Zak Messer (17), Steven Woods (18), Matt Grimm (19), Adam Sullins (21), Ryan Jordan (23), Willie Oaks (24), Preston Smith (27)



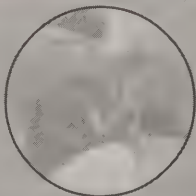
Swiing! - Ripping a power shot, **Kevin Morrison** lets one fly to left field. A powerful and accurate swing is crucial to hitting the ball well.



Going in Close - Here **Clyde Nophlin** switches up the game with a bunt. Keeping your opponent on their toes is key.



Batter Up! - Stepping up to the plate, **Matt Grimm** prepares himself for the next pitch. When batting, anticipation is essential.

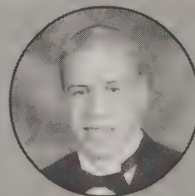


"I think we are a very focused team who knows how to get the job done. I've enjoyed this year very much and I'm proud of our team."

- **Doodle Hicks**

"Being part of the baseball team has been one of my favorite memories. I have learned self-discipline and most importantly the rewards of teamwork."

- **T.J. Slagle**



"We had a strong season with some great moments. I hope we can do even better next year and I definitely look forward to it."

- **Daniel Stevens**

"I love baseball; I put my heart into it and that's what I want to do with my life. The whole process is also very mental."

- **Willie Oaks**





Full Count - Ready to unleash a fastball, **Doodle Hicks** takes his stance. Not only is it good form, but intimidating, too!

BASEBALL

This was a really good year for baseball. I think the main thing about this season is that we got better. As the season went on, we just kept improving and I'm really proud of that. We laid the groundwork for next year and I look forward to going for the District Title. We had a good team and a great group of seniors - several of them have a lot of talent and bright futures. I wish them all good luck in their future careers. Overall, I'm really pleased with this team and this season. And the greatest thing about the game isn't just the competition - it's the life lessons these kids learn from playing it. I really think everyone has learned a lot this year and that's one of the most important things.

- **Mark Daniels**
Head Coach

2004 Season Scoreboard

Date	Location	Opponent	Score
March 26	Home	Marion	5-0 W
April 15	Away	Tennessee High	3-4 L
April 16	Away	Lee High	9-4 W
April 29	Home	Sullivan South	12-8 W
April 30	Home	Abingdon	1-3 L
May 4	Away	Tazwell	5-4 W
May 5	Away	Sullivan East	3-7 L
May 7	Home	Lee High	9-1 W
May 11	Home	John Battle	7-3 W
May 14	Away	Marion	14-0 W
May 17	Home	Tazwell	9-1 W
May 21	Away	Abingdon	3-5 L



Team Meeting - Gathering at the mound, the team prepares for the next inning. Being able to work together as a team is vital to the game.



Help Me Out, Coach - Here **Adam Sullins** listens to his **Coach Lee**. Coaches help both during practice and real games.



Ready to Run - Taking a leadoff, **Doodle Hicks** watches the pitch carefully. Anticipation helps to give players an advantage in the game.



Going, Going, Gone - Sending a ball flying, **Doodle Hicks** takes a quick look before heading to first base. Players must learn to manage both ends of the game to succeed.

Take Me Out to the Ballgame - Humming everyone's favorite tune, **Justin Grimm** ponders his glove. Players learn to occupy themselves while out in the field.



Safe! - Sliding back to base, **Clyde Nophlin** barely makes it in time. Fast reflexes and good judgement are needed to do well in the game.

(SLAM)





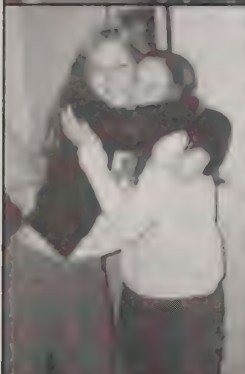
AUTOGRAPHS

Leslie Brooke Sullins

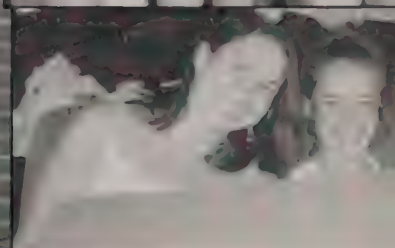


You are the best daughter that a parent could ever be blessed with. To say that you have made us proud is to say the very least. Our love for you is stronger than you will ever realize. It will be with you wherever you go! You are a beautiful young woman and we've asked God's continued blessings over you!

**We Love You,
Mom, Dad, & Amber**



Good Luck Senior Girls!





Danna,

*Plant a dream and watch it grow. Take the
stage and steal the show. Shall your summer enjoy
the ride. Take life's detours all in stride. Take a
love for all you do and know that others see it too.*

May your dreams come true

Love,

Mom, Karen

Adelle, and Wally



Spring Festival

Carico, Matt Fore, and Courtney Wright. Some of the well known skits acted out by the drama classes were Mary Katherine Gallagher, Hans and Franz, James Brown Celebrity Hot Tub, Spartan Cheerleaders, Church Lady, and Celebrity Comedy. The talent acts also followed the Spring Festival

Mrs. Neal. This year required cooperation between all the parties involved, the talent acts, the drama skits, the walkers and the crew. Perhaps this interaction between all different types of students to create a production of this size is what has made Spring Festival a long living tradition in Virginia High history. This year the winner of Mr. & Mrs. Virginia High were Mollie Salzman and Trent McVey. The 1st runners-up were Whitney Rosenbaum and Josh Salzman. The 2nd runners-up were Mary Katherine Wanjiger and Brandon Paine.

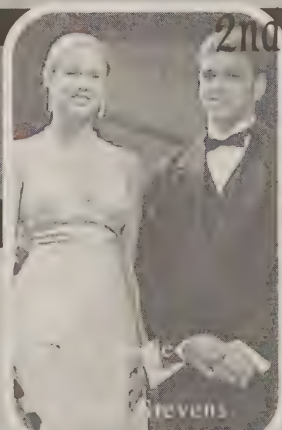


Trent McVey

Mr. & Mrs. Virginia High

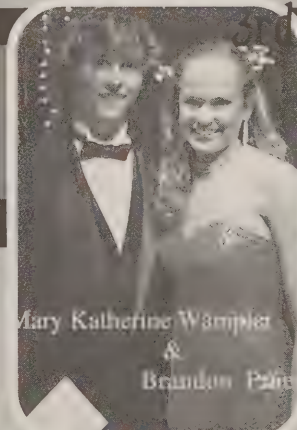


Whitney Rosenbaum
&
Josh Salzman



2nd

Wanjiger



Mary Katherine Wanjiger
&
Brandon Paine



4th

Time Square



Central Park

Live from NY if ... Tommy Chaffers, Eric Leonard, Landan McMurray, and Jasper Combs play "Smells Like Teen Spirit" by Nirvana

5th Street



Empire State

Dops I did it again - The Domanzo Brothers, Josh Sproles and TJ Single try out for the position of -Brittany Spear's back-up dancers.

Pennsylvania Ave.

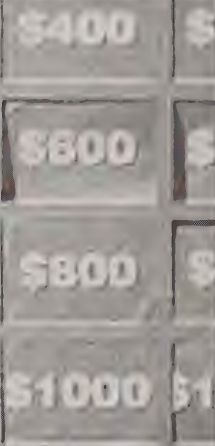
Rockefeller Center



Wall Street

Statue of Liberty

I'll Take \$-words for six billion playing a copy machine Alex Trebek & Leslie Epling in the hilarious drama class \$-it Celebrity Jeopardy



B
r
o
a
d
w
a
y

Live From New York it's...

Saturday Night Live



FOR REFERENCE

Do Not Take From This Room

BRISTOL PUBLIC LIBRARY



3 0650 1006 4700 3

(faint, illegible text)